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FOLK-DANCE MUSIC

A COLLECTION OF

SEVENTY-SIX CHARACTERISTIC DANCES OF THE PEOPLE OF VARIOUS NATIONS

ADAPTED FOR USE IN SCHOOLS AND PLAYGROUNDS FOR PHYSICAL EDUCATION AND PLAY

SELECTED AND COMPILED BY

ELIZABETH BURCHENAL

Inspector of Athletics of the Girls' Branch of the Public Schools Athletic League, New York City

AND

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Formerly Director of Physical Training Board of Education, New York City

Ed. 656

G. SCHIRMER, INC., NEW YORK

PREFACE

FOLK-DANCE music has hitherto been scattered and difficult of access. It is the purpose of this volume to bring together the available material. It is primarily intended to provide music for the dances that are now being taught to the teachers and scholars of the New York City public schools, and only such music has been selected as has survived the test of actual use.

Folk-dances have been an integral part of the play and education of every nation and time save our own. They contain so much that is basal to race development, fundamental rhythms and melodies, imitations and descriptions of daily life, etc., that it is essentially fitting and proper that they be expected to subserve a large class of functions in our advancing educational endeavor. They are, in short, a universal physical language which is understood and loved by the polyglot soul of our heterogeneous city population.

For physical training purposes they supply large quantities of rhythmical and joyful phylonic movement, and form a natural means of development of the play spirit which is too often forced into dreary singing games. Their circulatory stimulation is so marked and the movements used are so much more directly utilitarian and cultural than the stilted forms of the so-called educational movements, that they are especially valuable as hygienic and educational gymnastics. They develop grace by giving significance to many natural movements, and prevent bad posture by the proper functioning of bodily parts instead of by the mechanical strain of our usual corrective exercises.

For actual correlation with other school work, folk-dances illuminate history and geography with an immediate interest, while occupations become live and real when enacted in such play-dances as the Danish Shoemakers' and Swedish Weaving Dances. For the playground, and as a substitute for some of the athletic events which are not desirable for girls, nothing more enjoyable or better fitted to the purpose has been found. The fact that it has been possible for large numbers to take part in these dances in a comparatively small space, has made them particularly useful and appropriate.

This work is not only for the girls, for several vigorous dances, such as the Halling and the Ox Dance, are particularly adapted for boys and young men, while the Irish Lilt, Hornpipe, Highland Fling, and many others, are suitable for both sexes.

These dances have been taken mainly from several Norwegian, Swedish, and Danish collections. Some are old Anglo-Saxon dance-melodies, others are interpretations of characteristic national forms, and others are folk-songs with which a folk-dance has been gradually associated.

Acknowledgment is made to the many who have helped in forming this collection, especially to Emma Howells Burchenal, who has arranged several of these melodies in dance form; to Ellen Hope Wilson, and the physical training and class teachers of New York City, to whose earnest and efficient work the great success of folk-dancing in the public schools is due.

ELIZABETH BURCHENAL.

C. WARD CRAMPTON.

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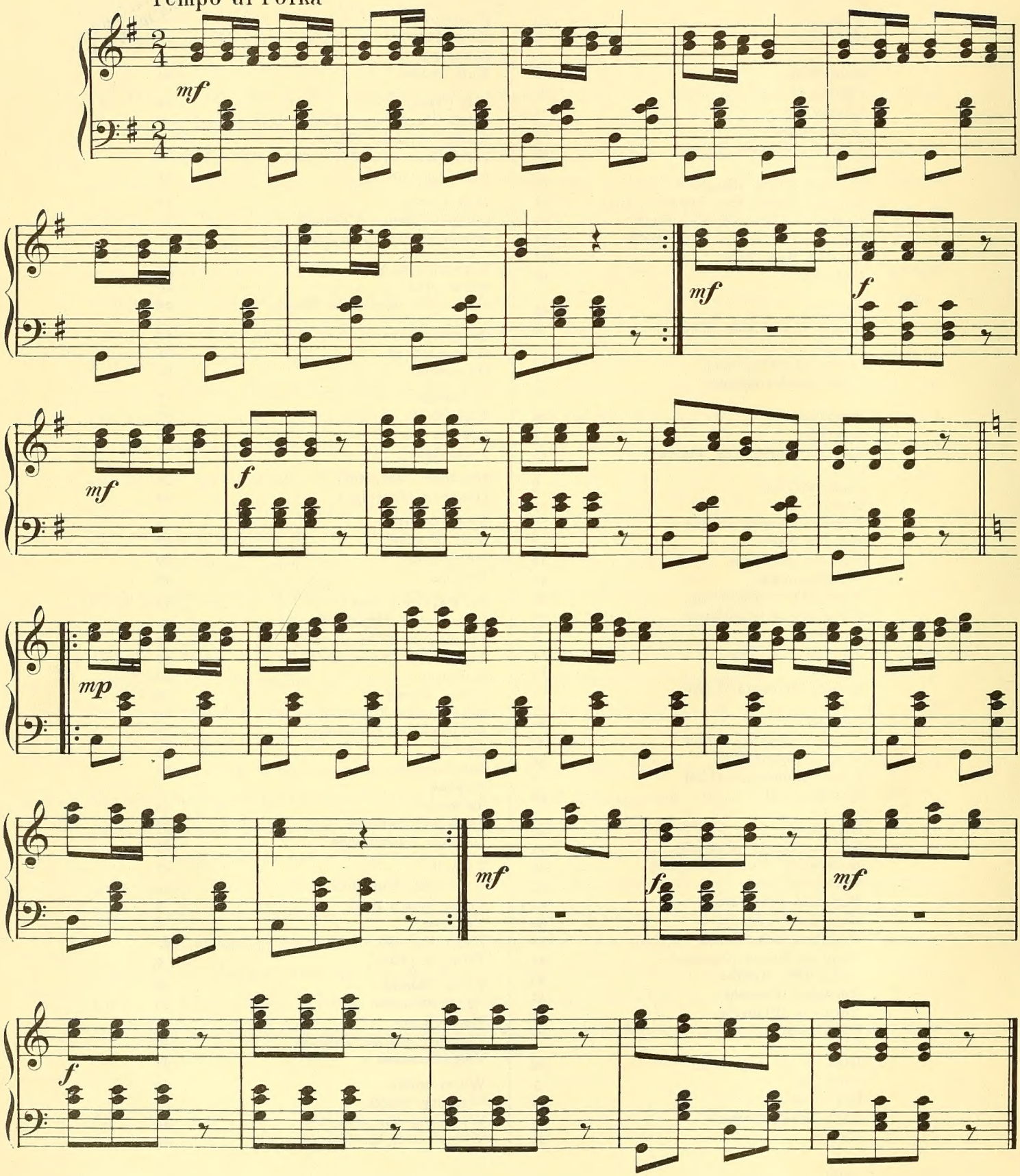
Bohemian

1. Strašák

B. G.

Tempo di Polka



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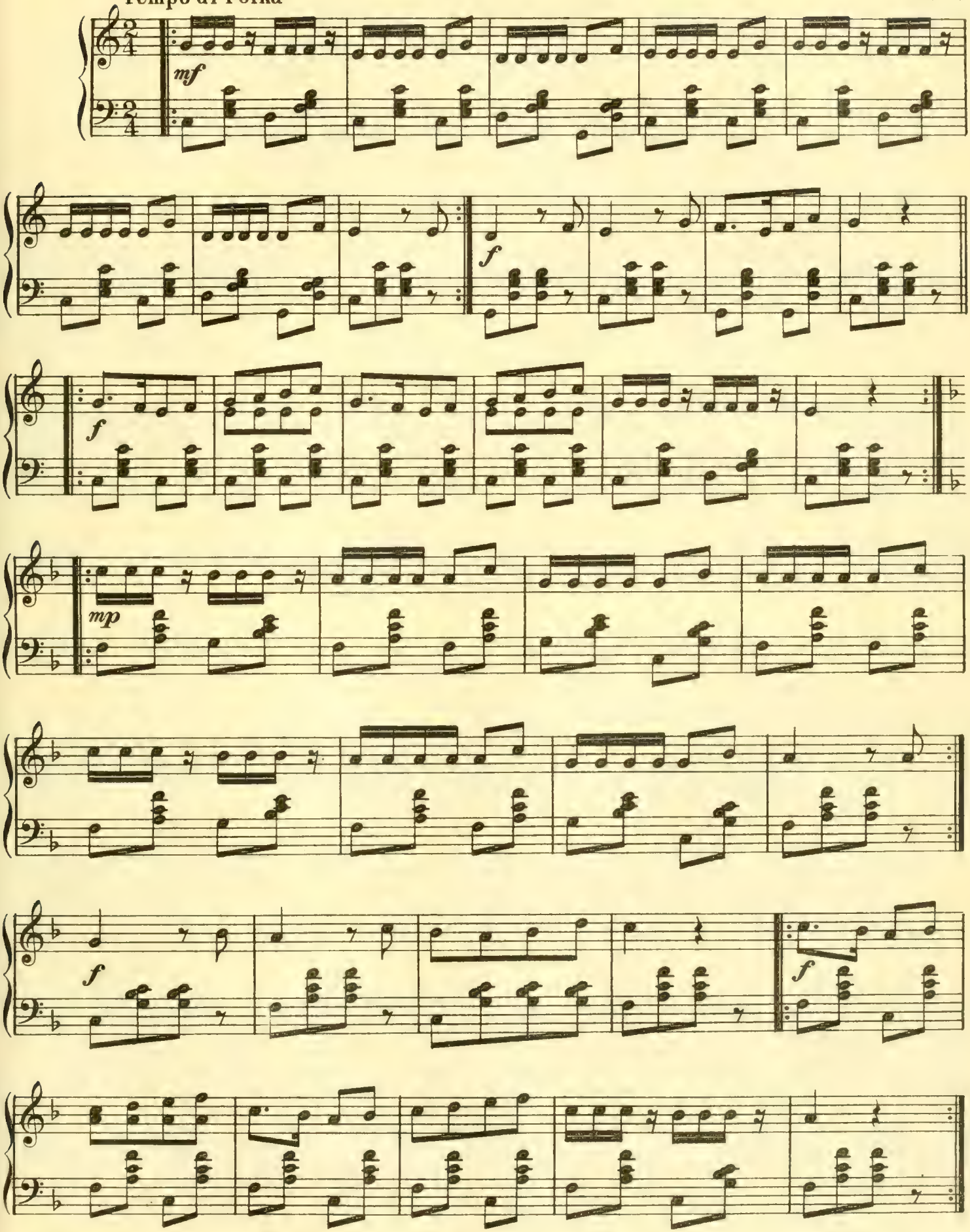
2. Komarno

Tempo di Polka

B. G.



Danish

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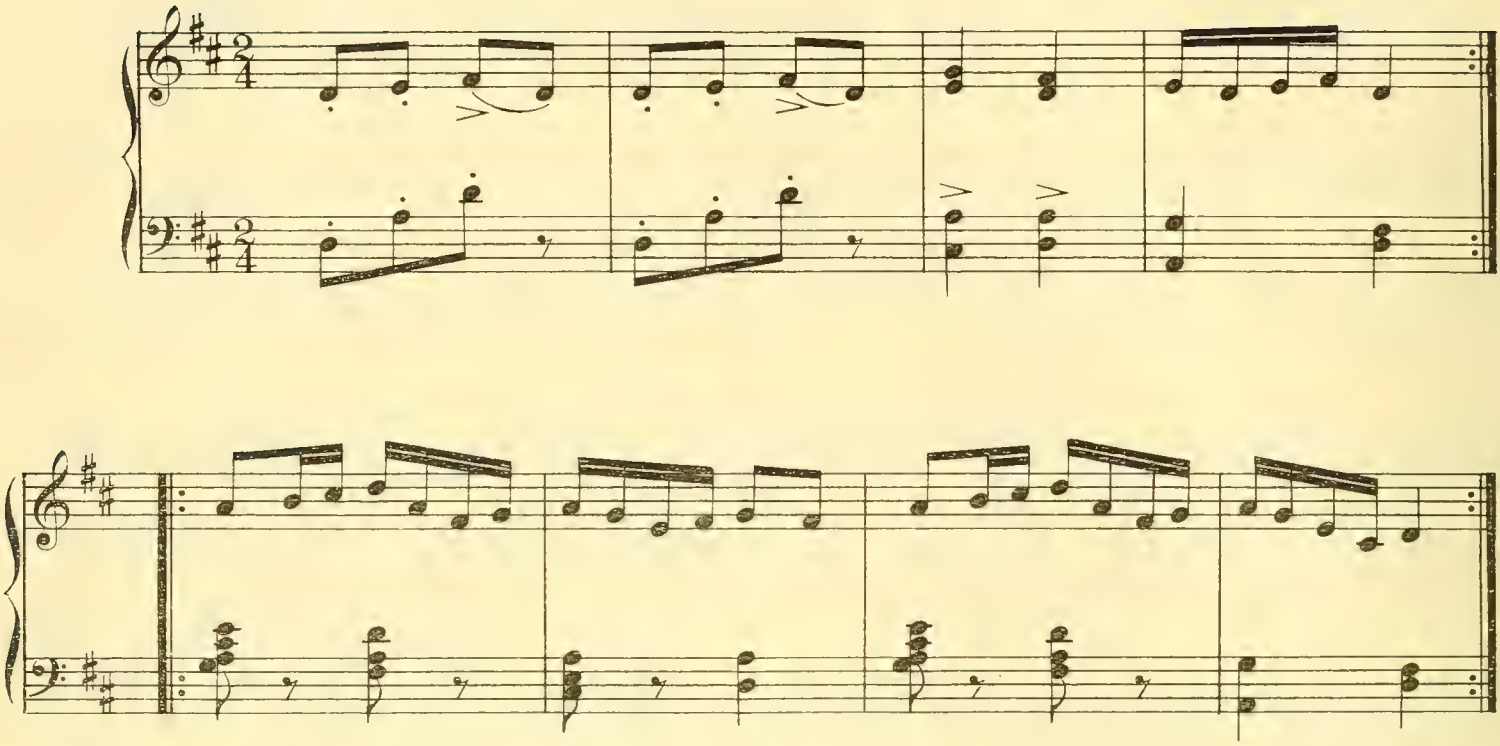
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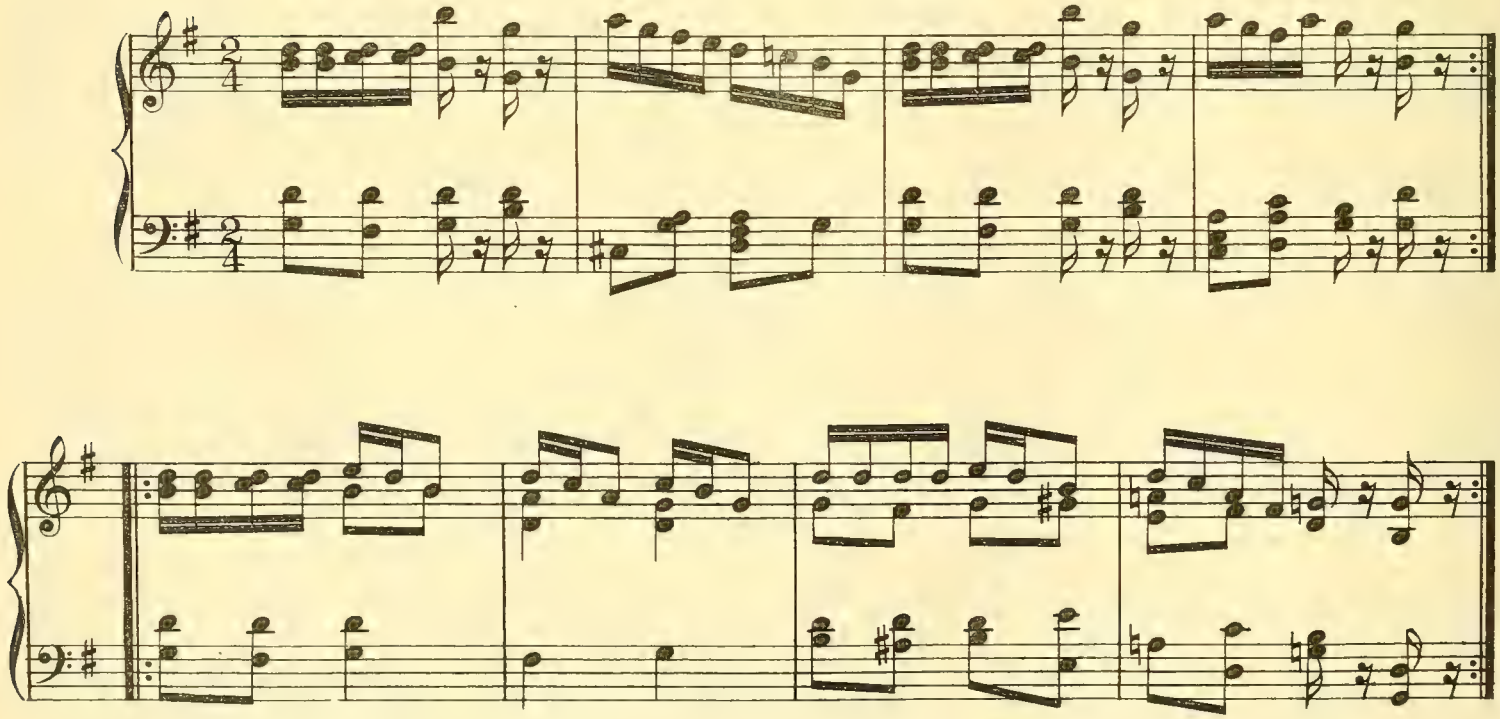
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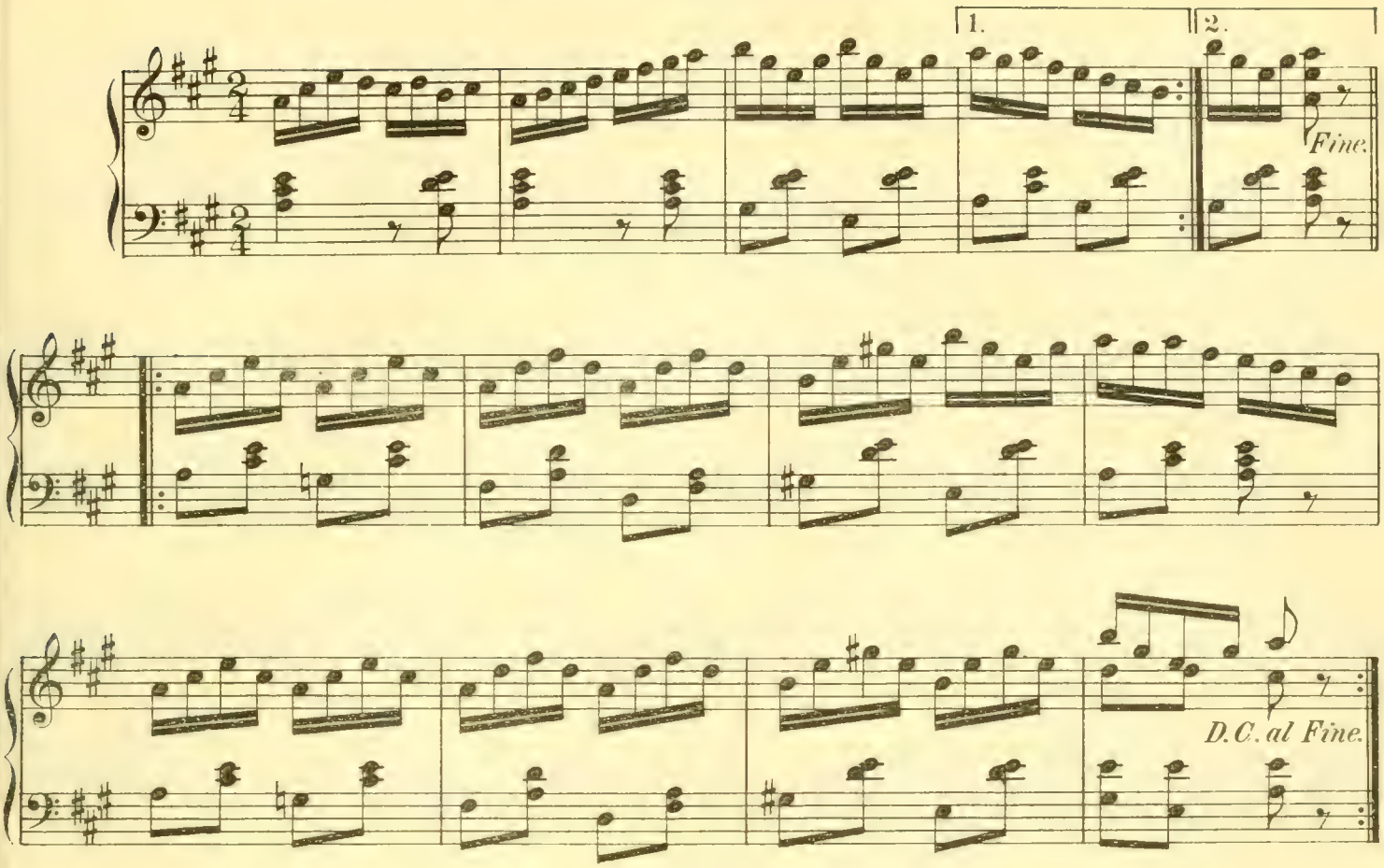
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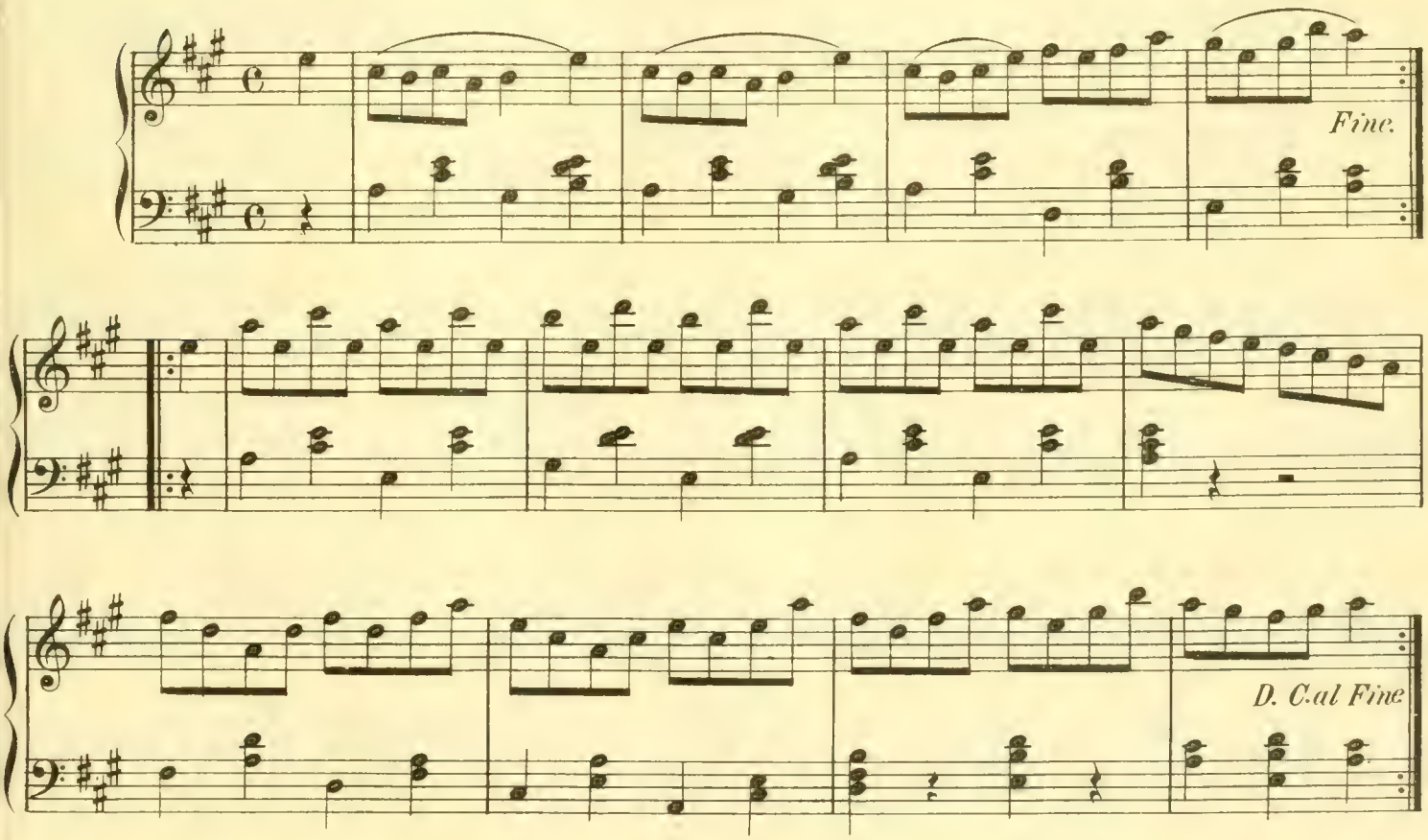

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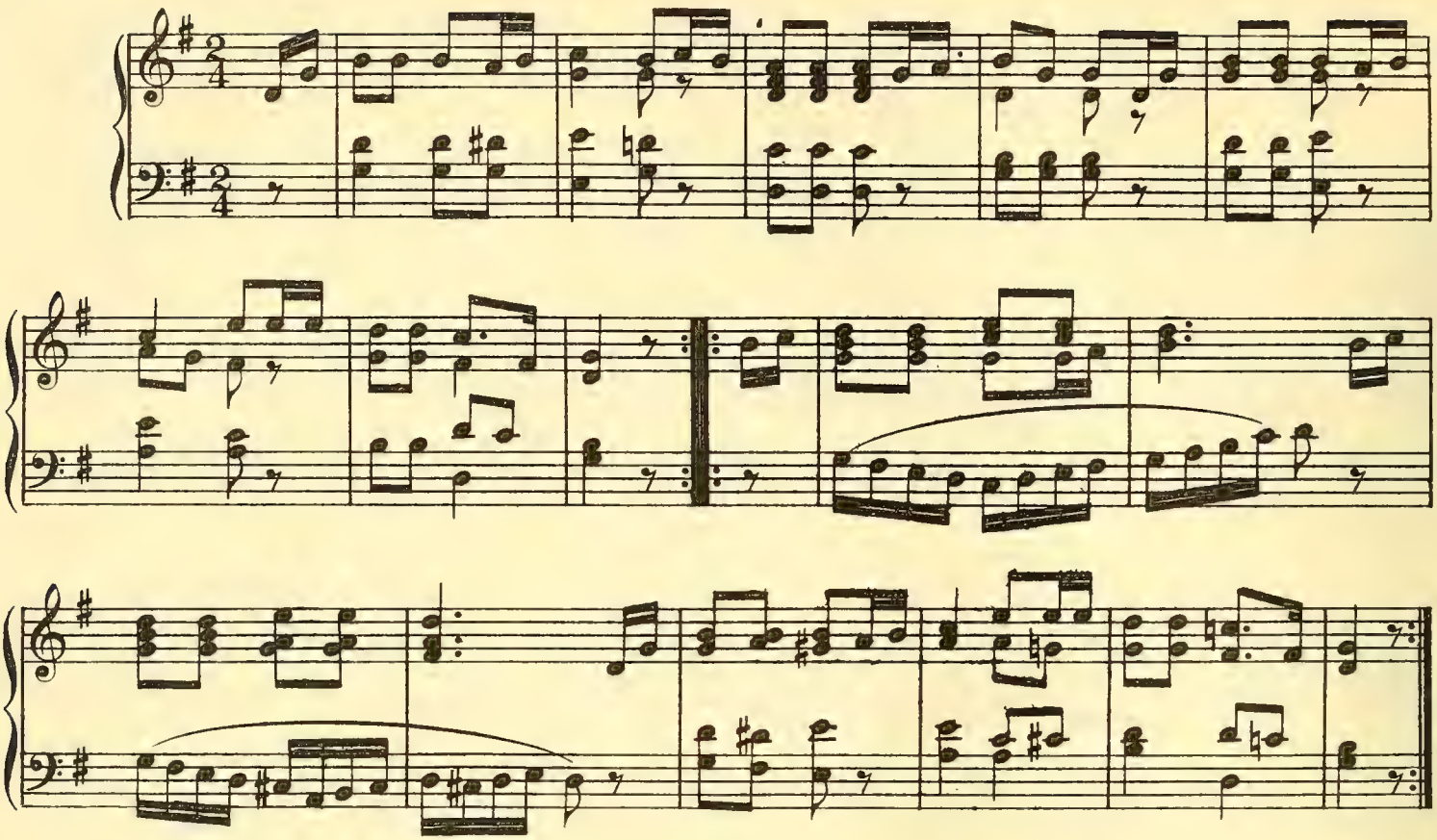
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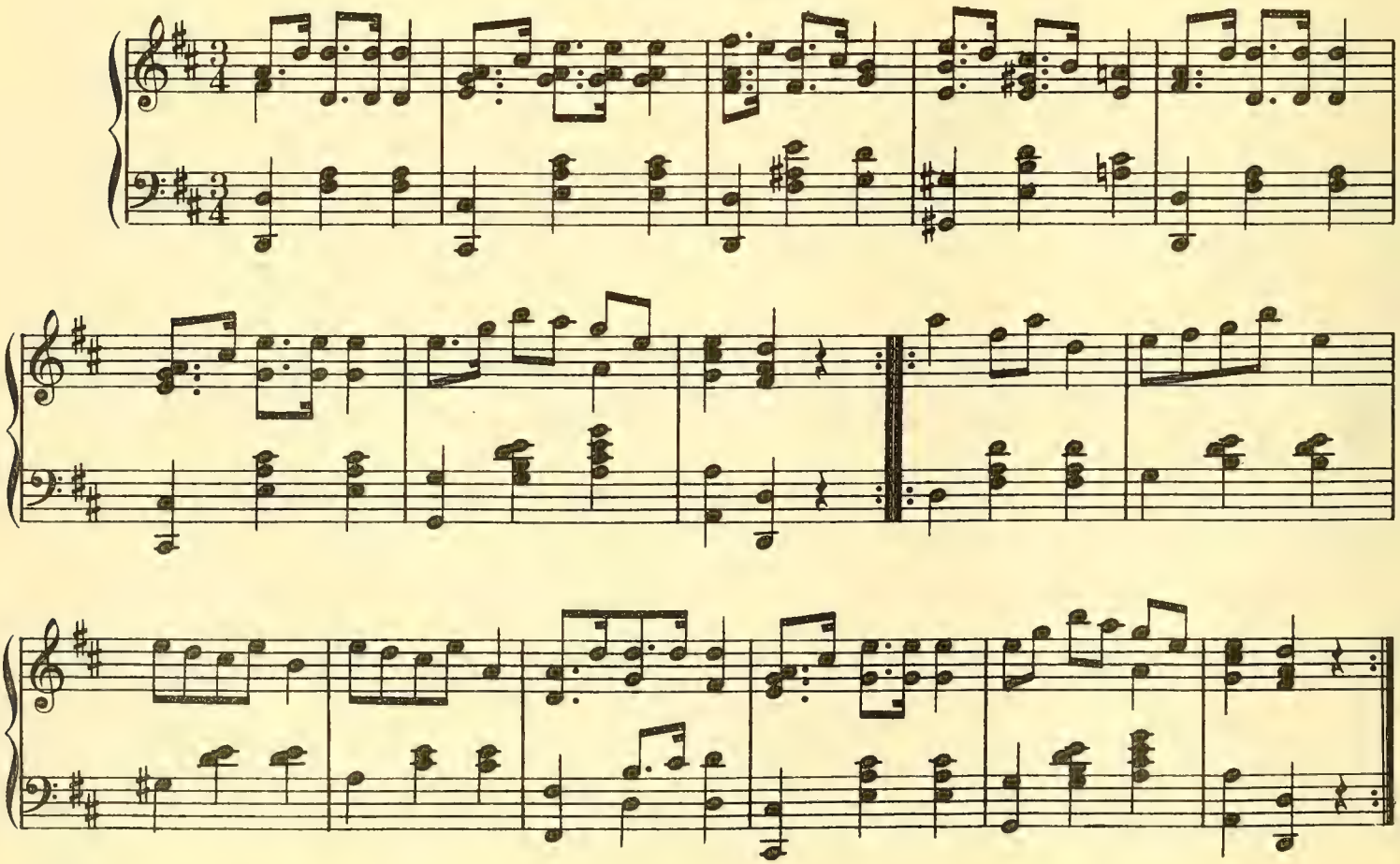

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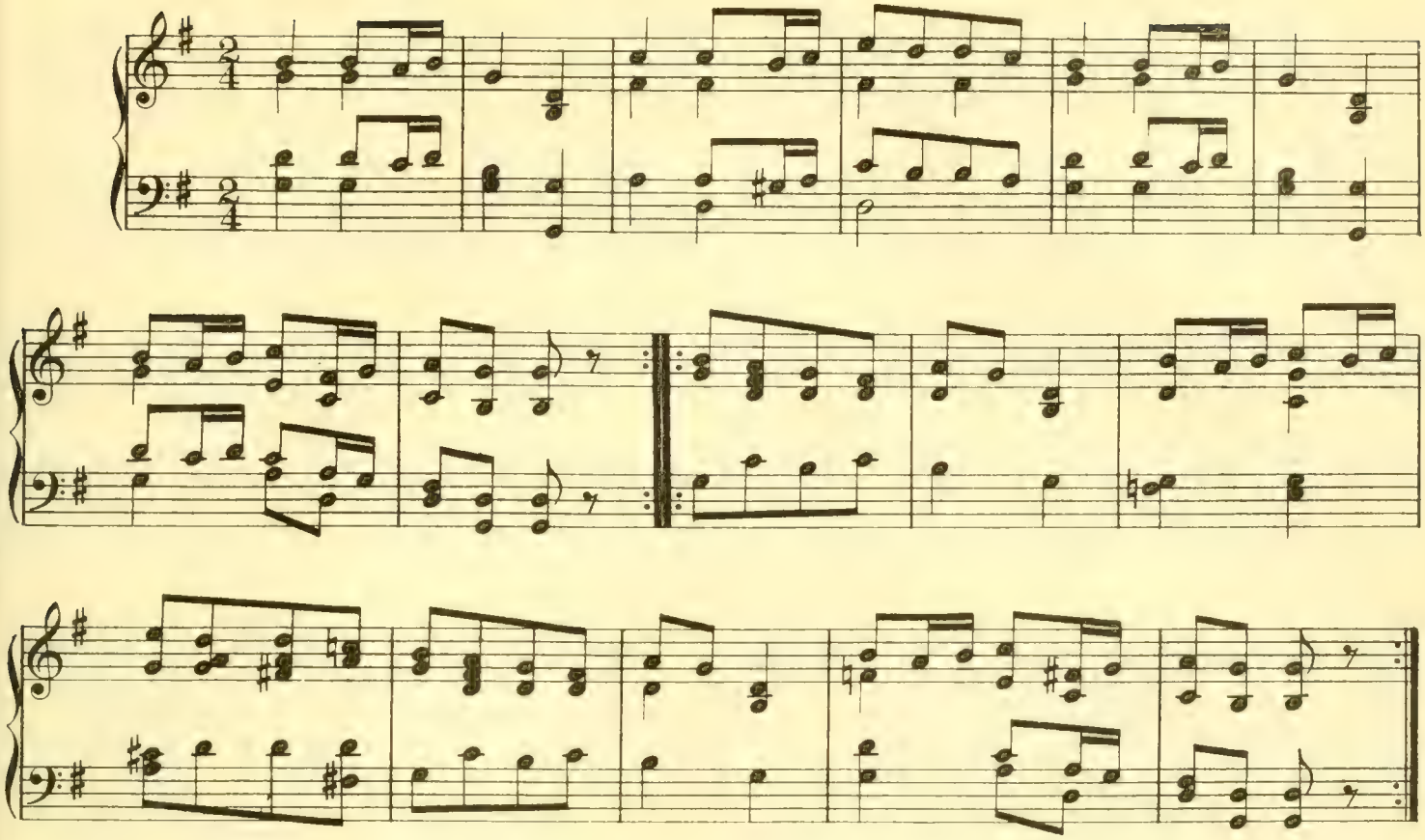
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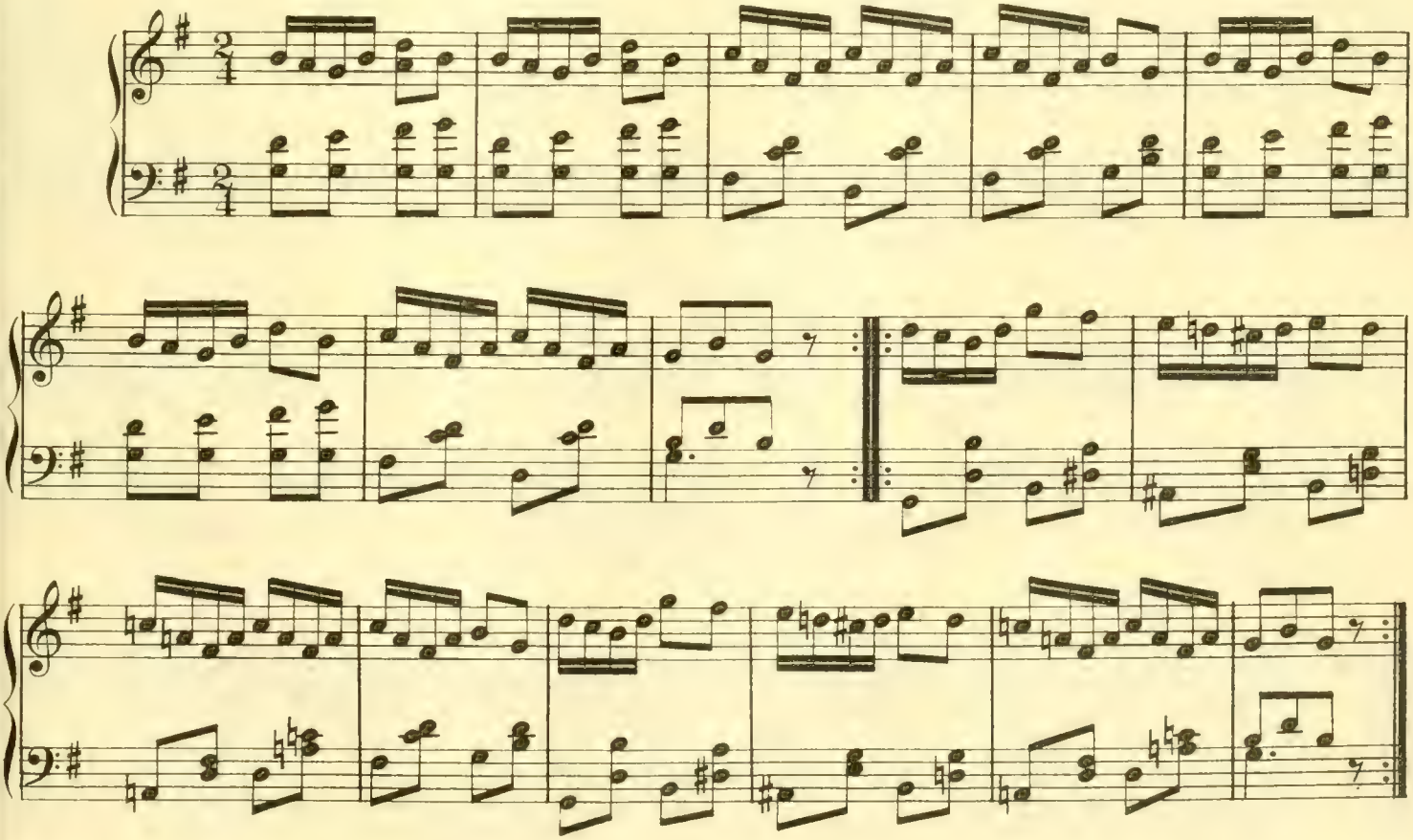
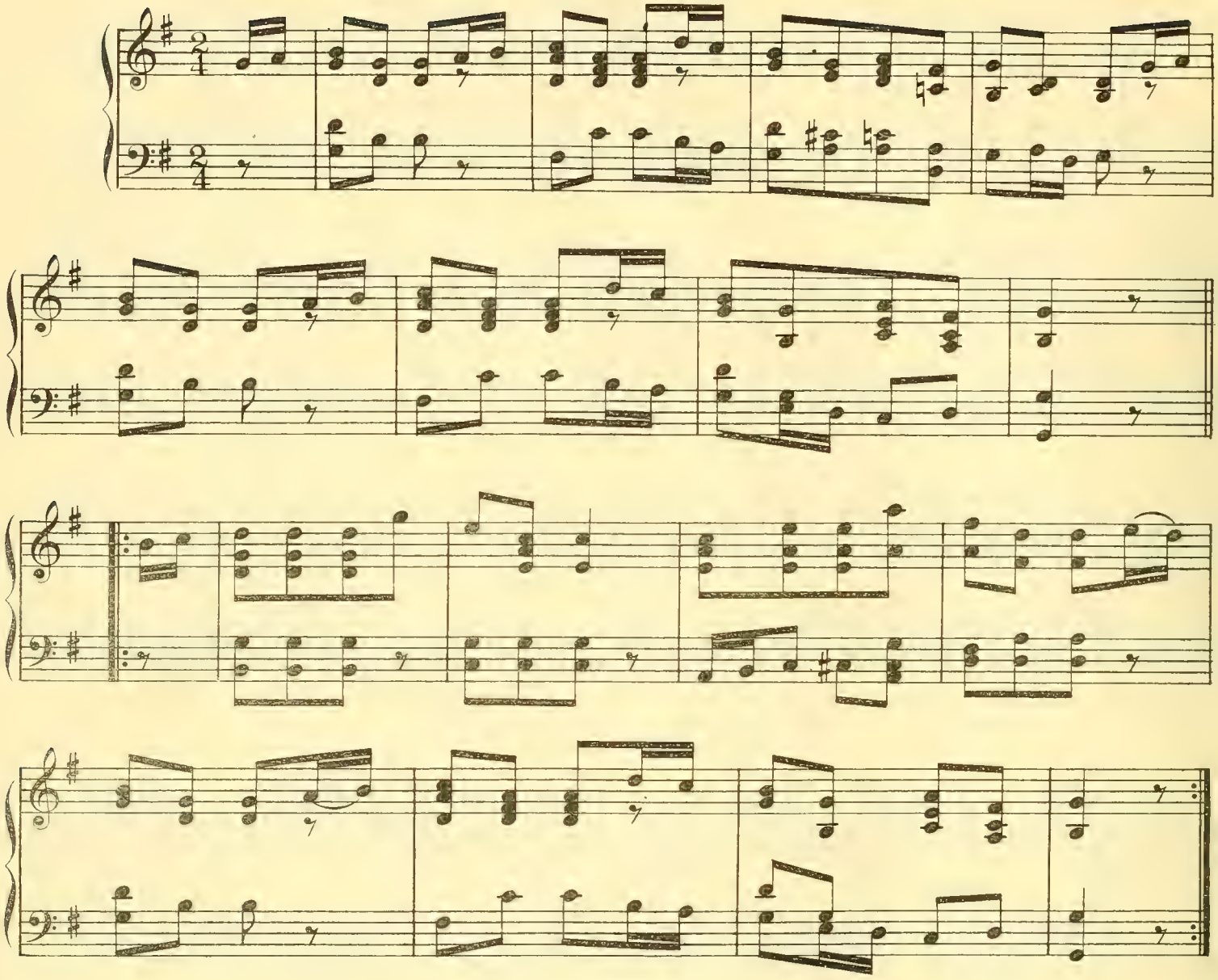
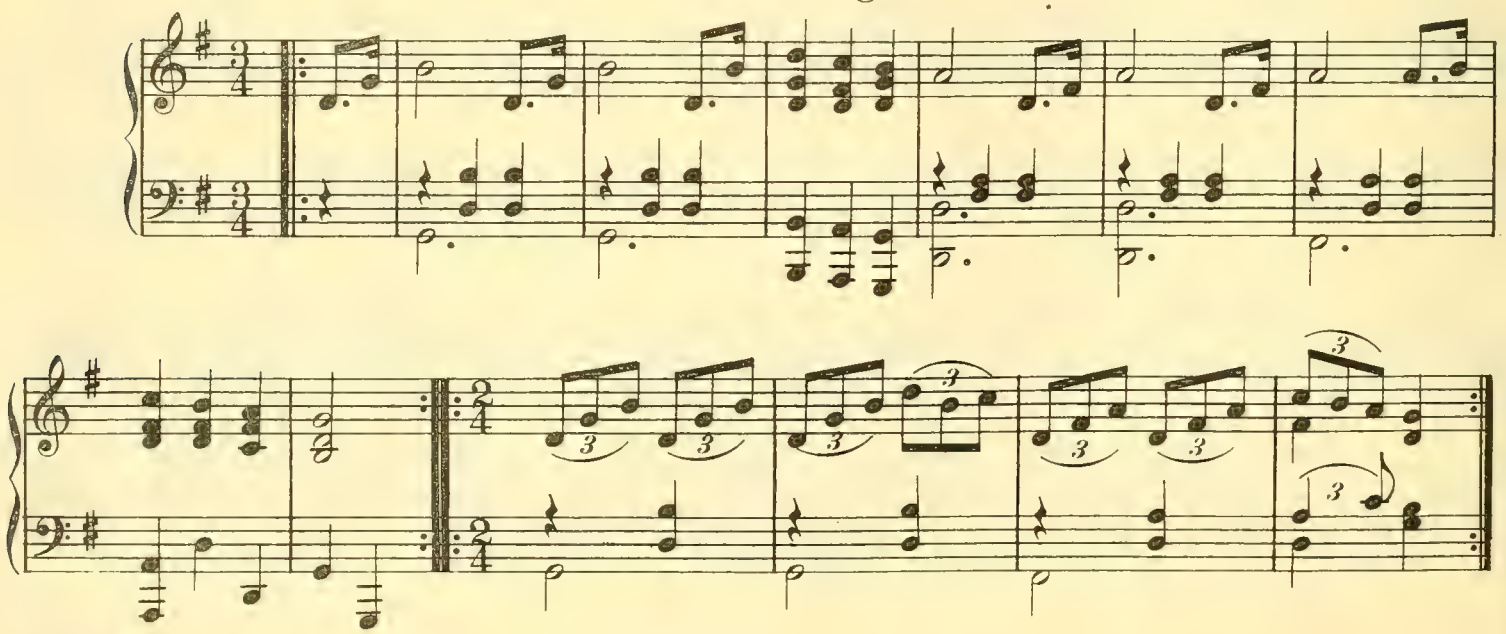


9. Feder Mikkel



10. To Ting



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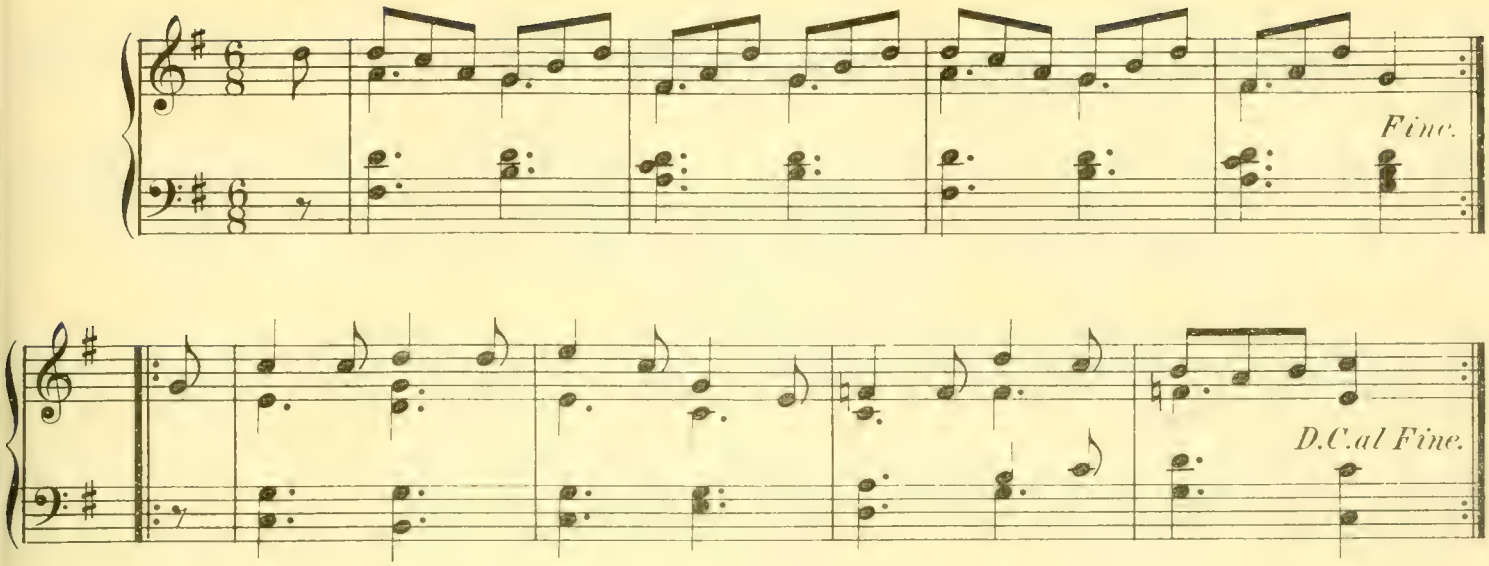
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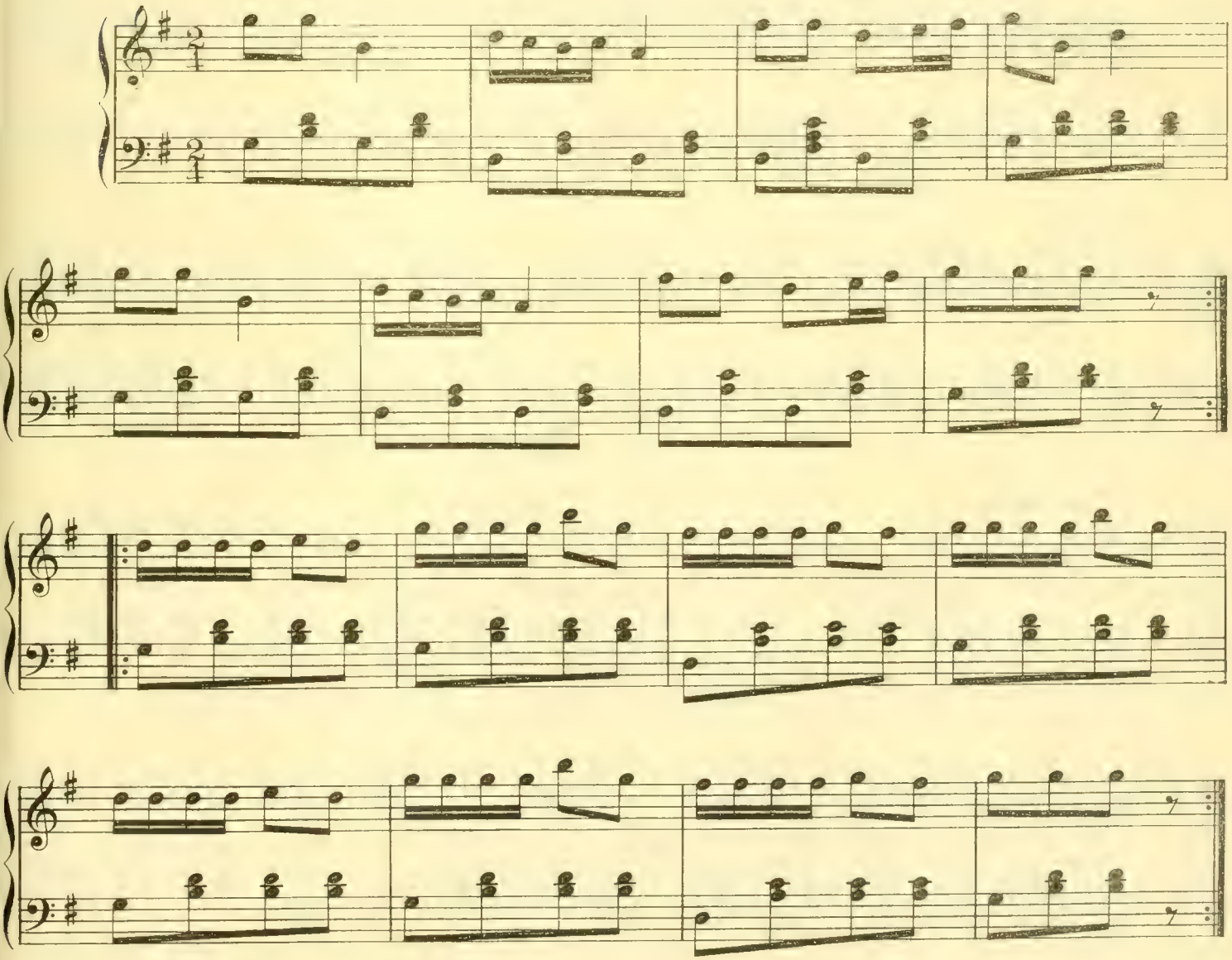

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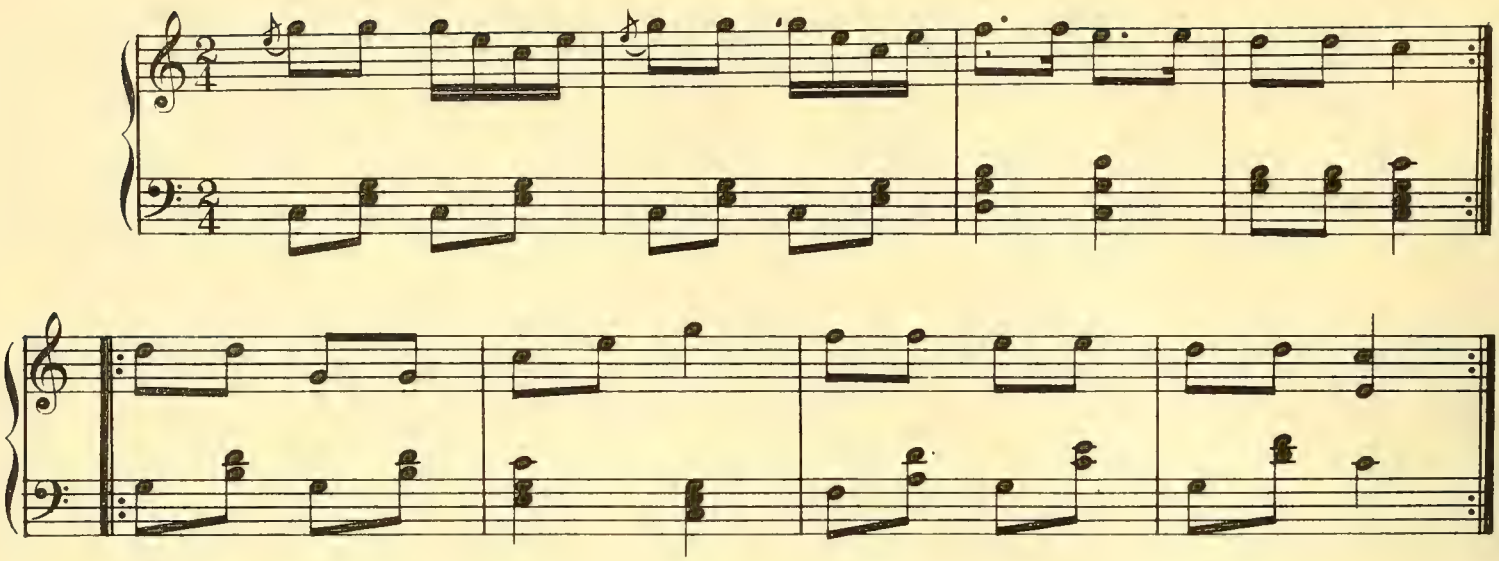
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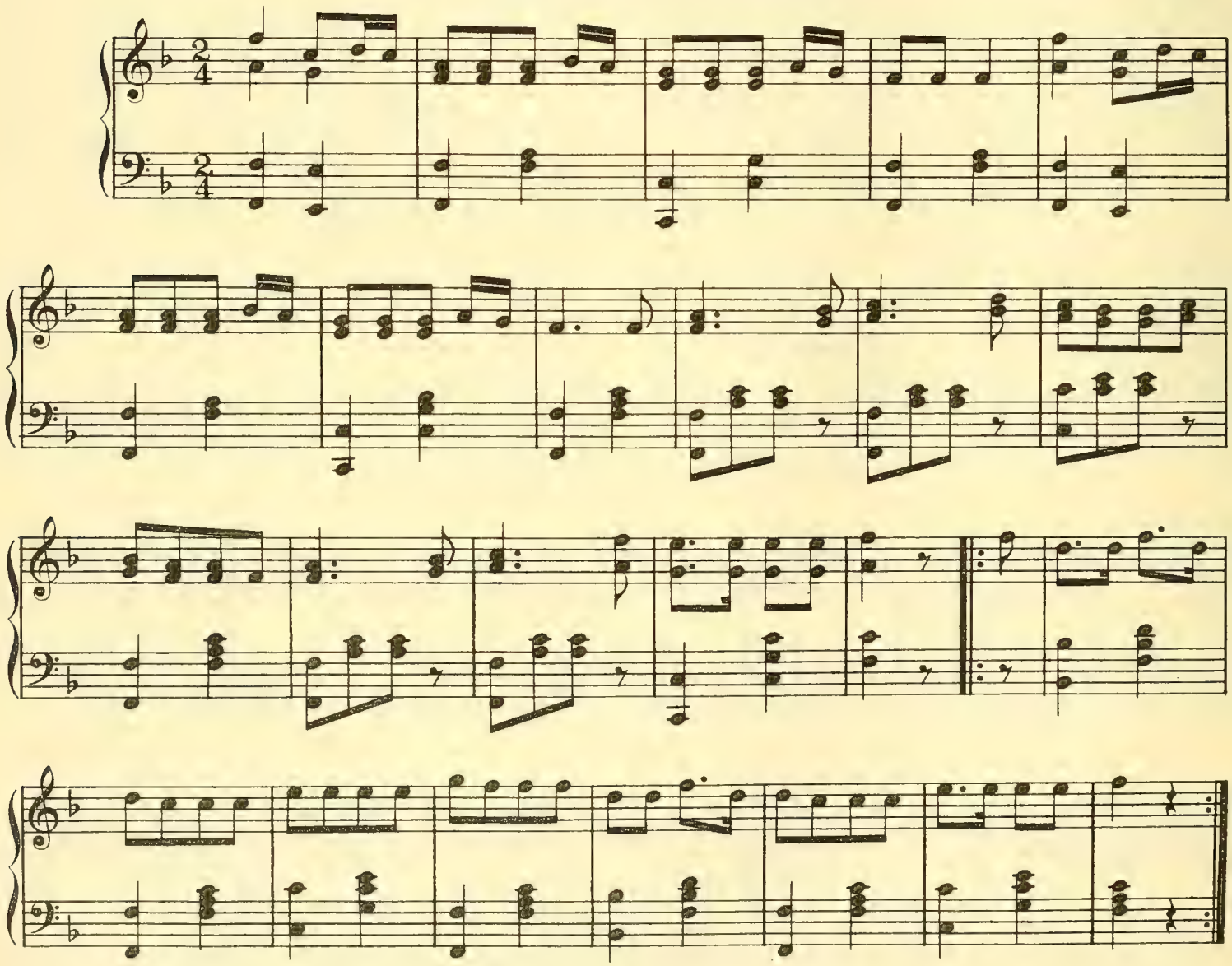
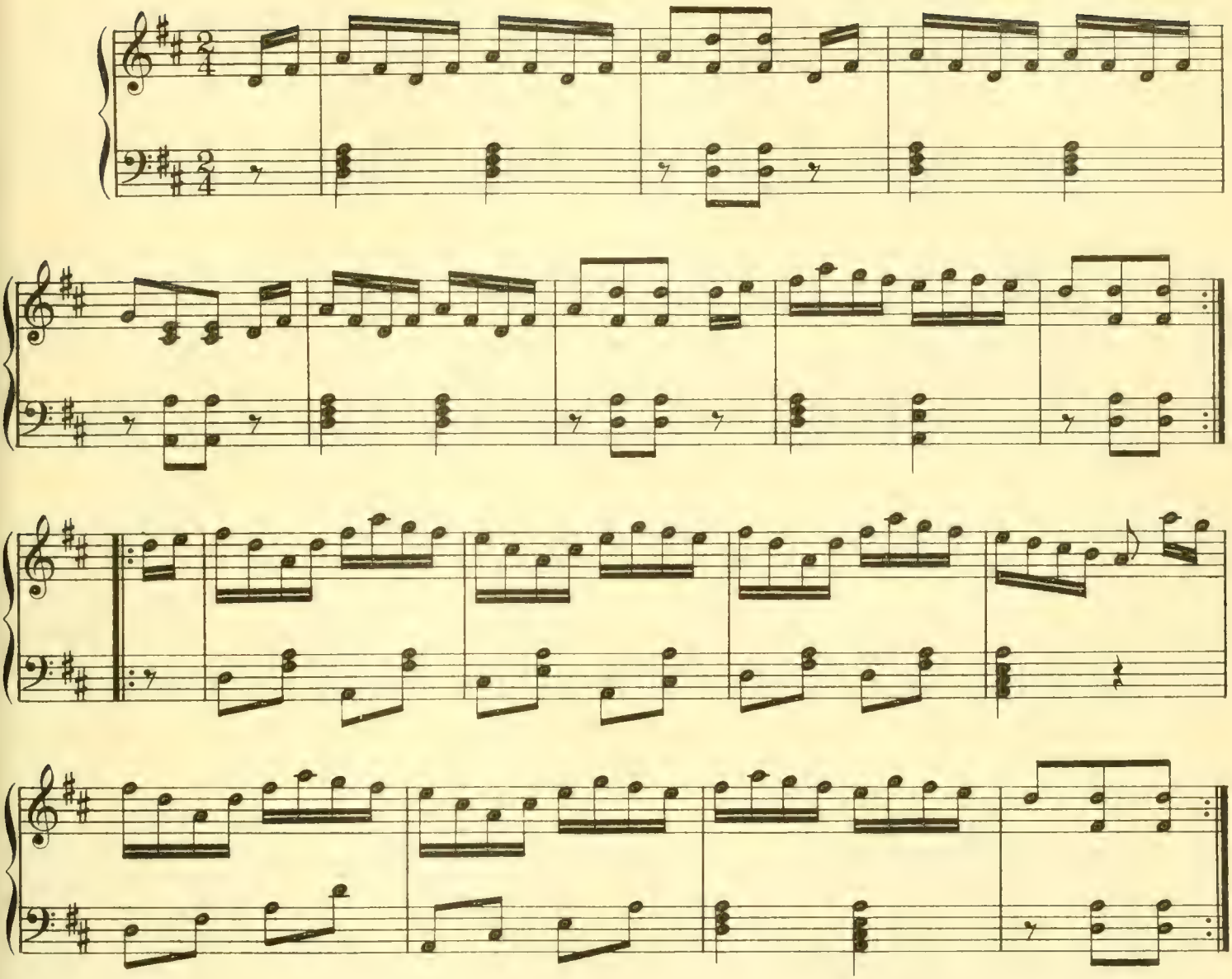
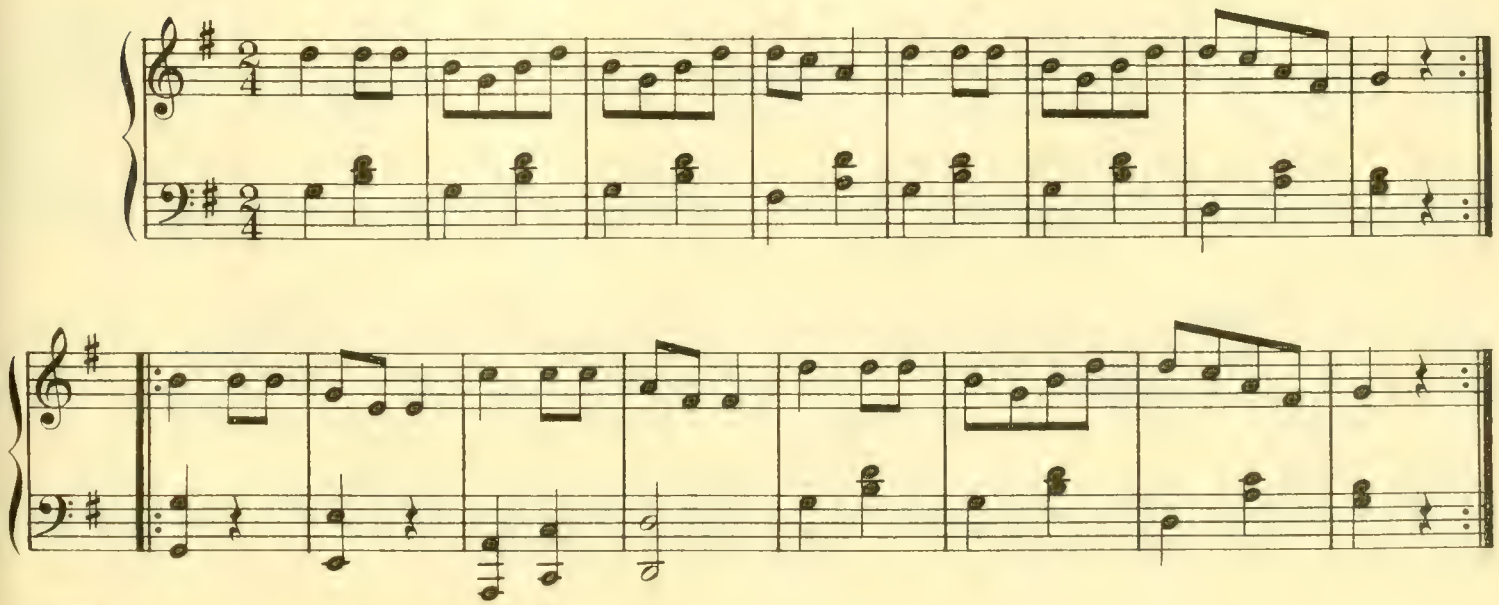


15. Hornpipe



16. The Crested Hen



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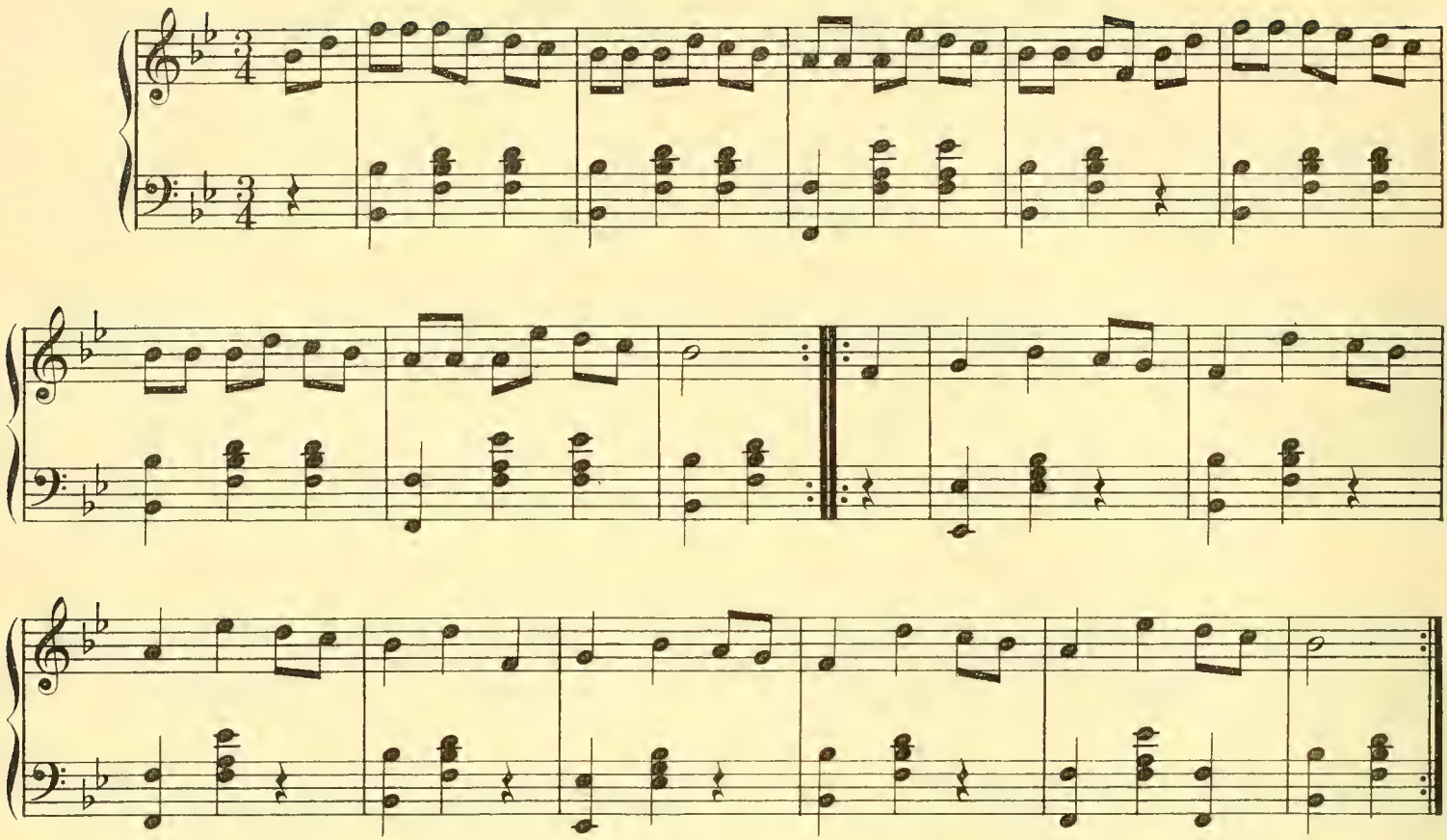
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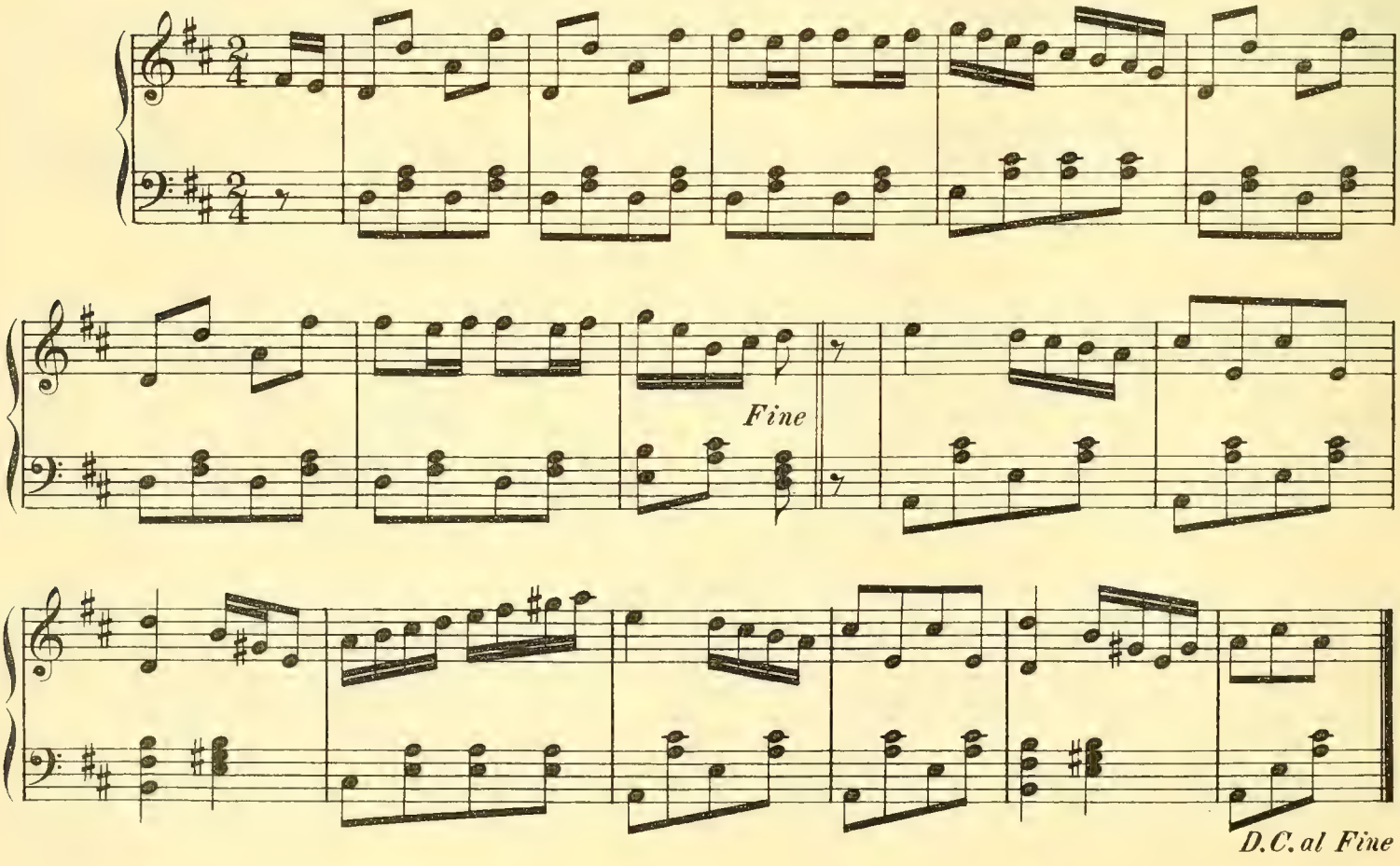
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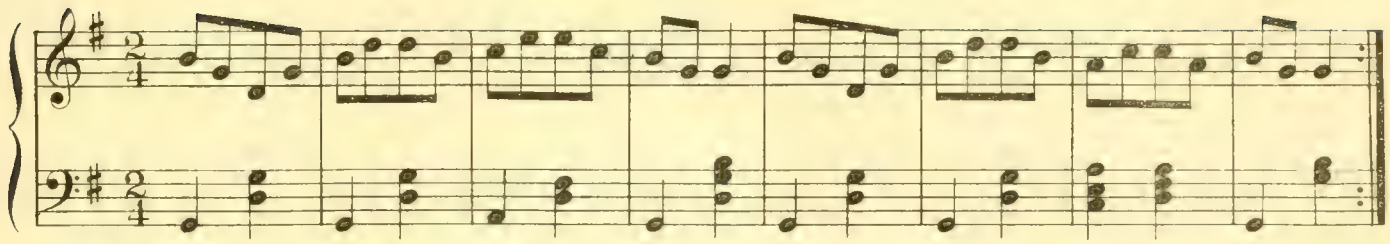
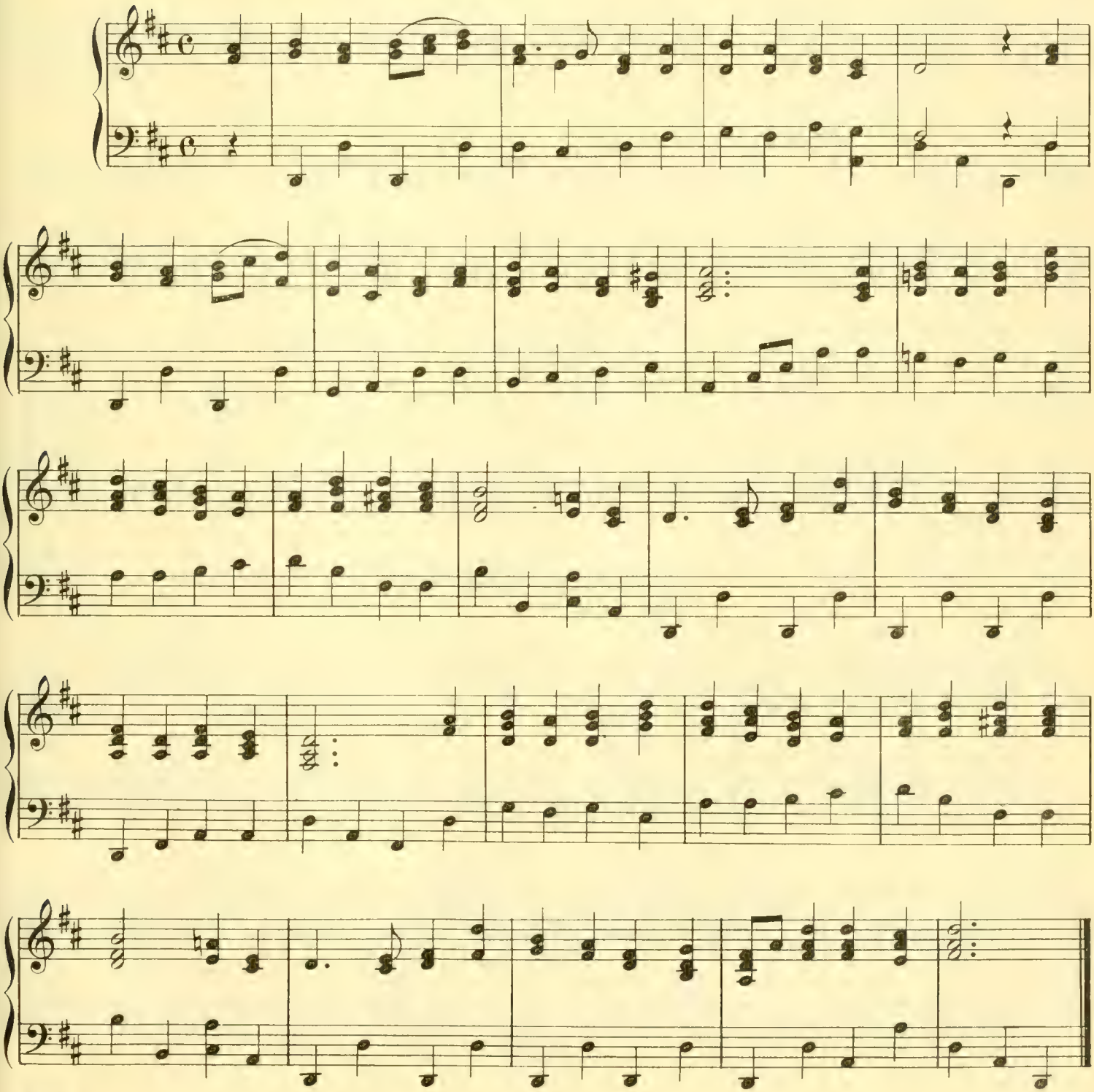
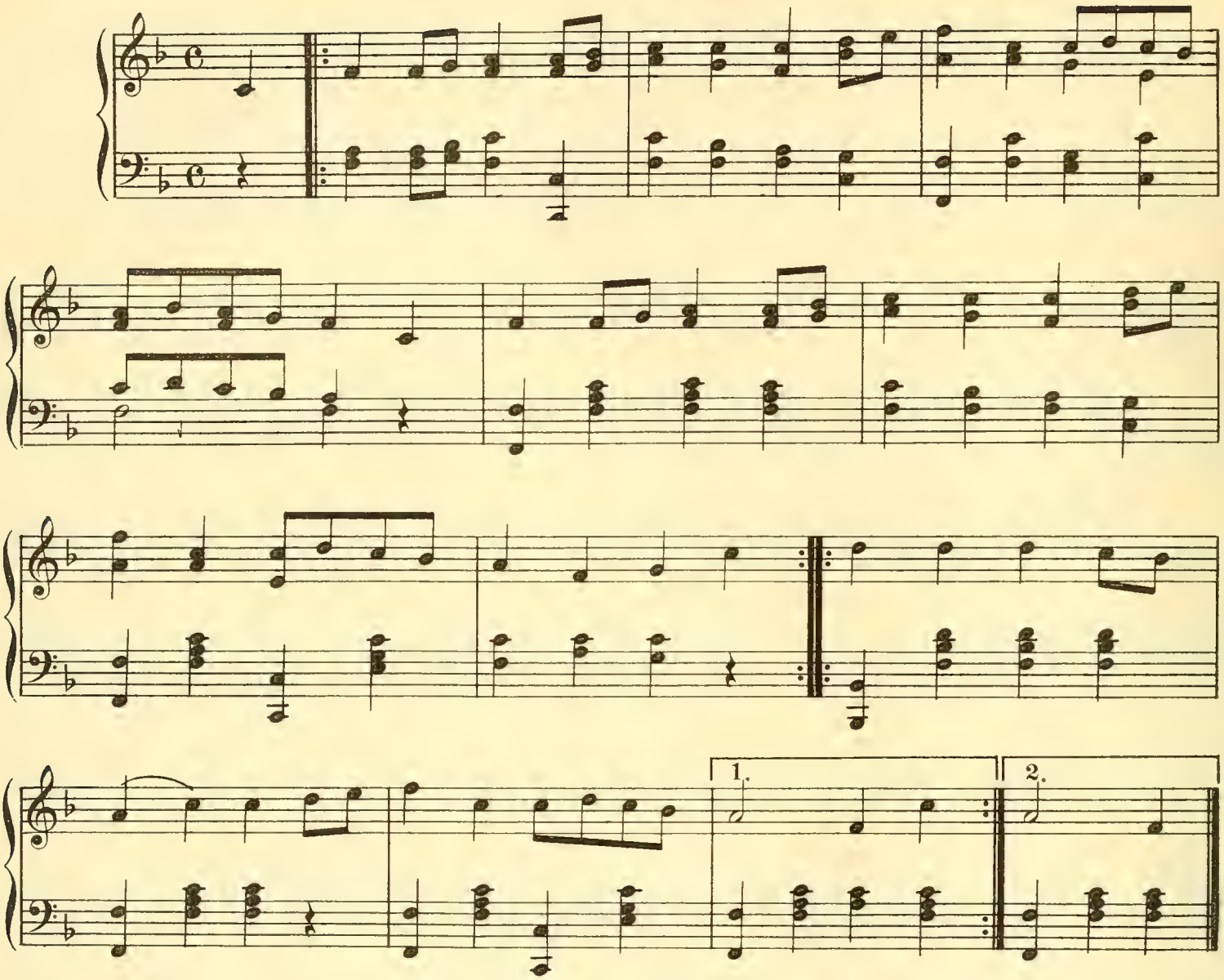
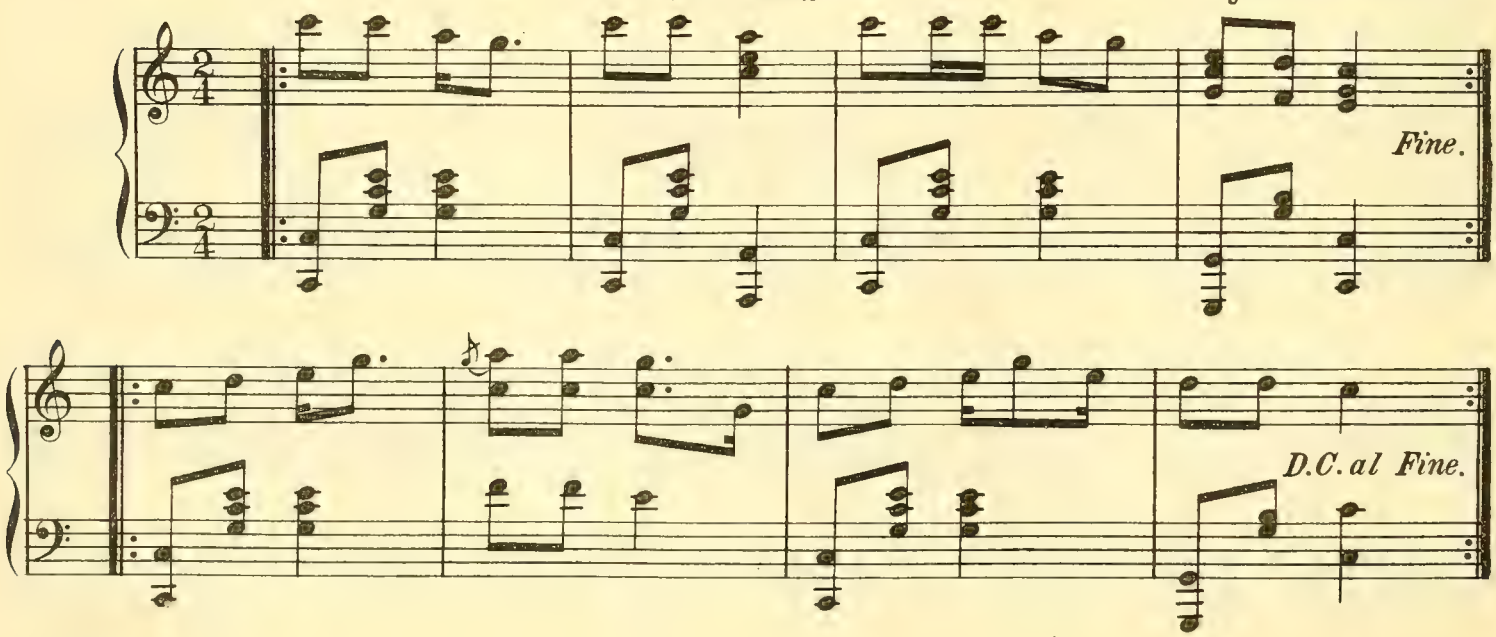

English

1. Harvesters' Dance



2. Cornish Maypole Dance

3. Chorus Jig

"Buzzard"

Arr. by E. H. Burchenal

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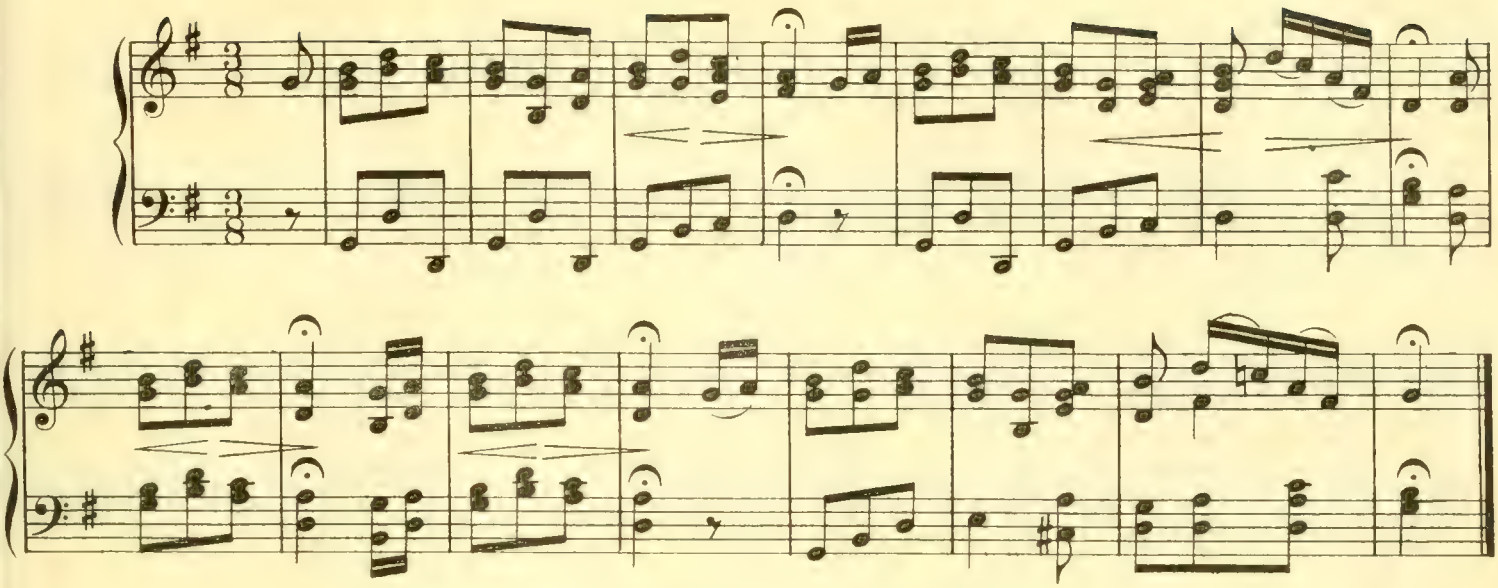
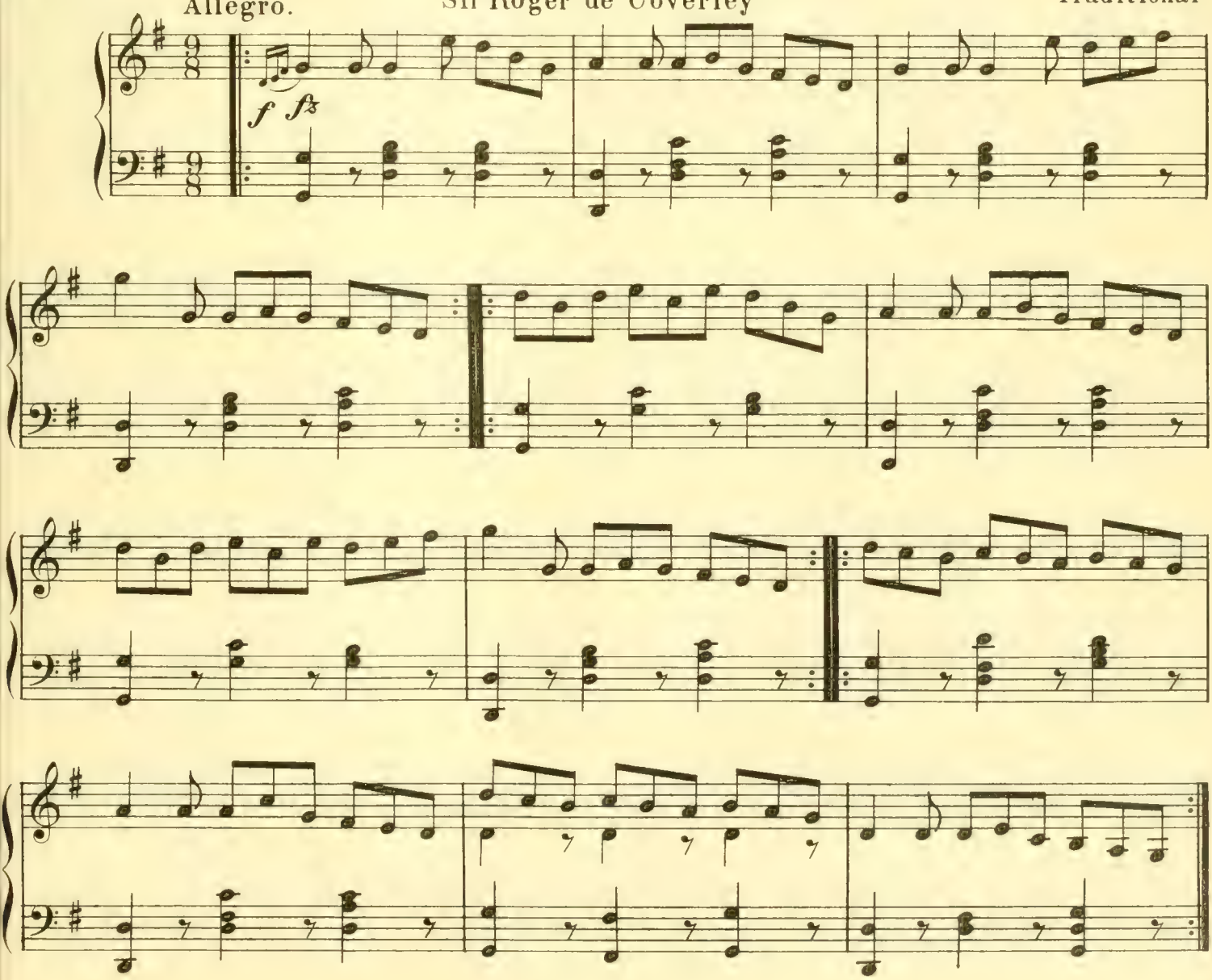

5. English Country Dance

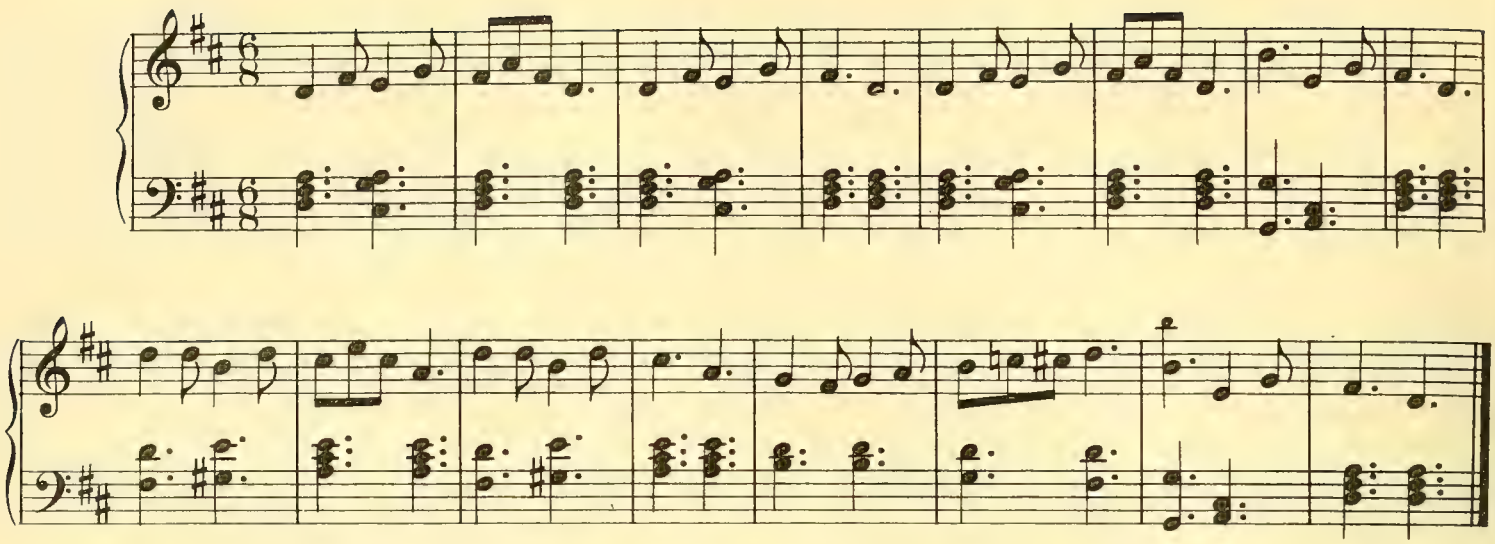
"Sir Roger de Coverley"

Traditional

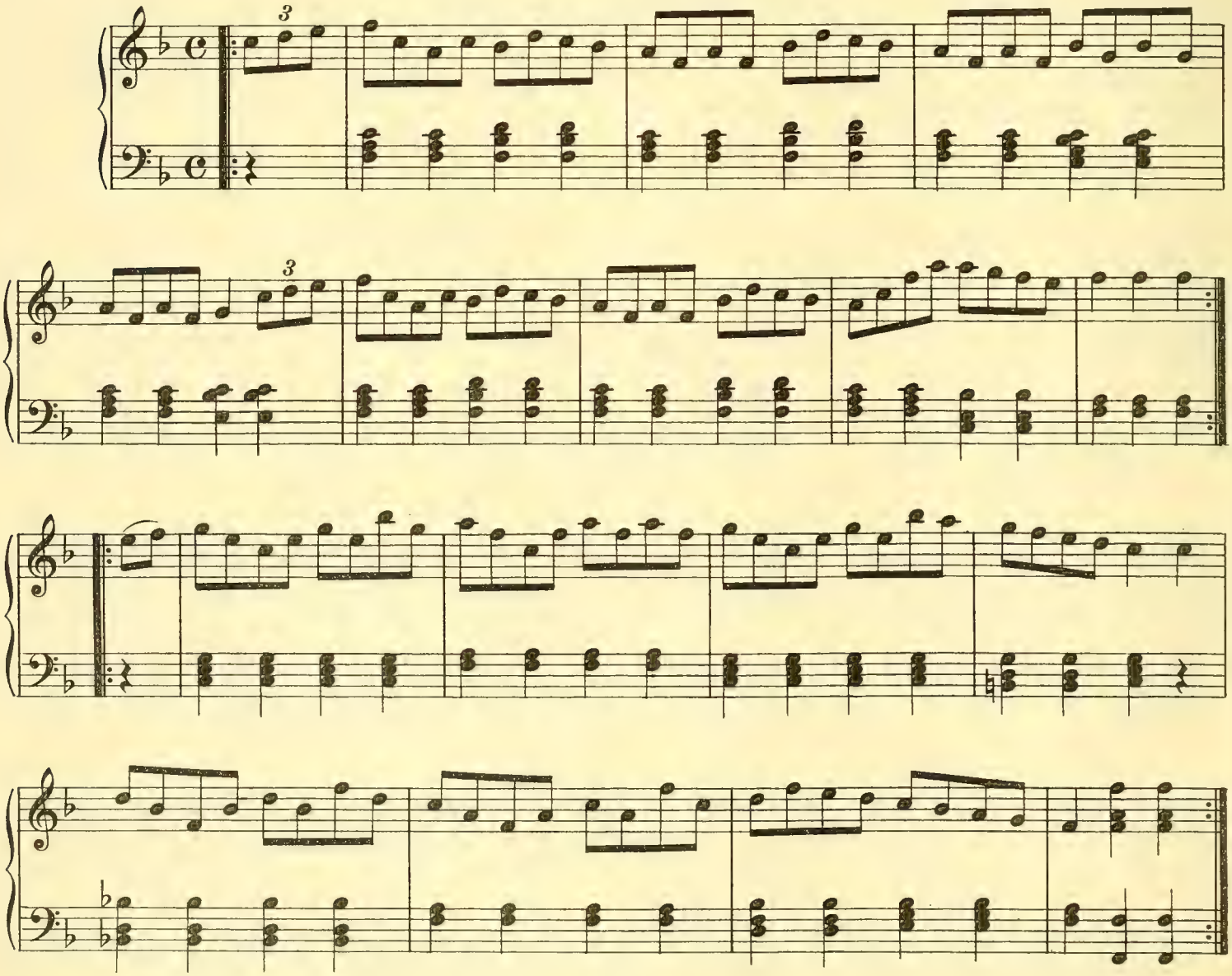
Allegro.



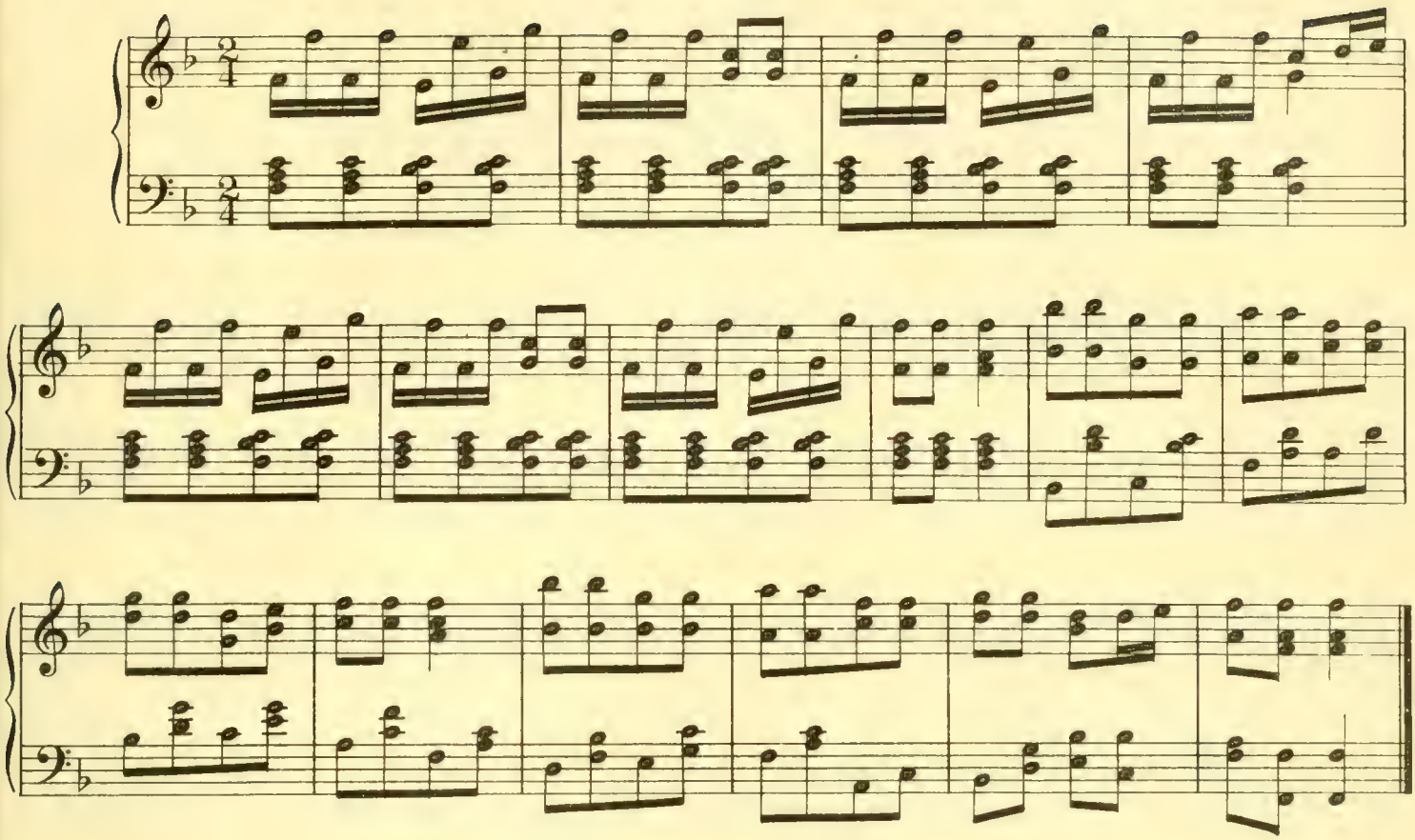
6. Country Dance

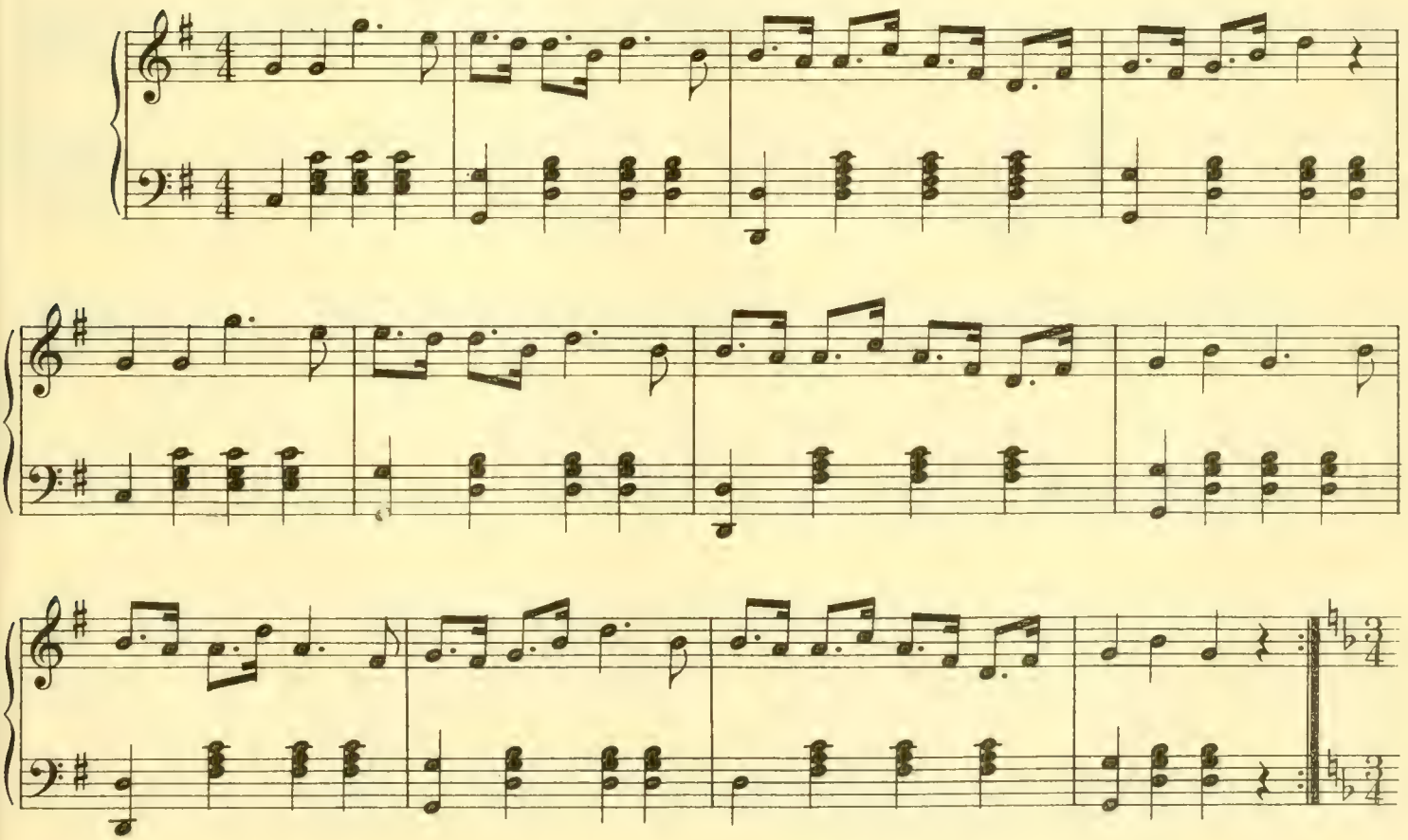


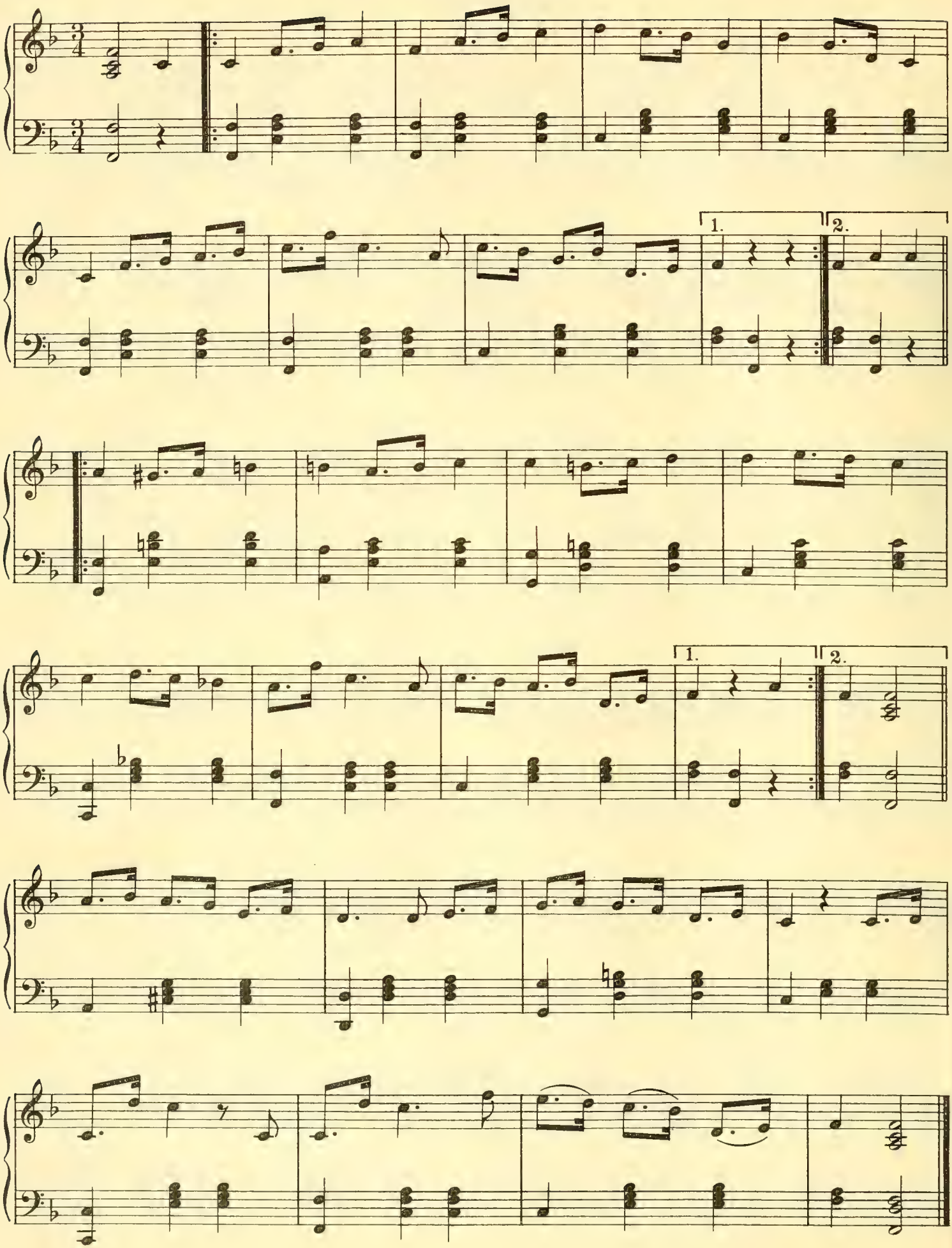
7. Fisher's Hornpipe



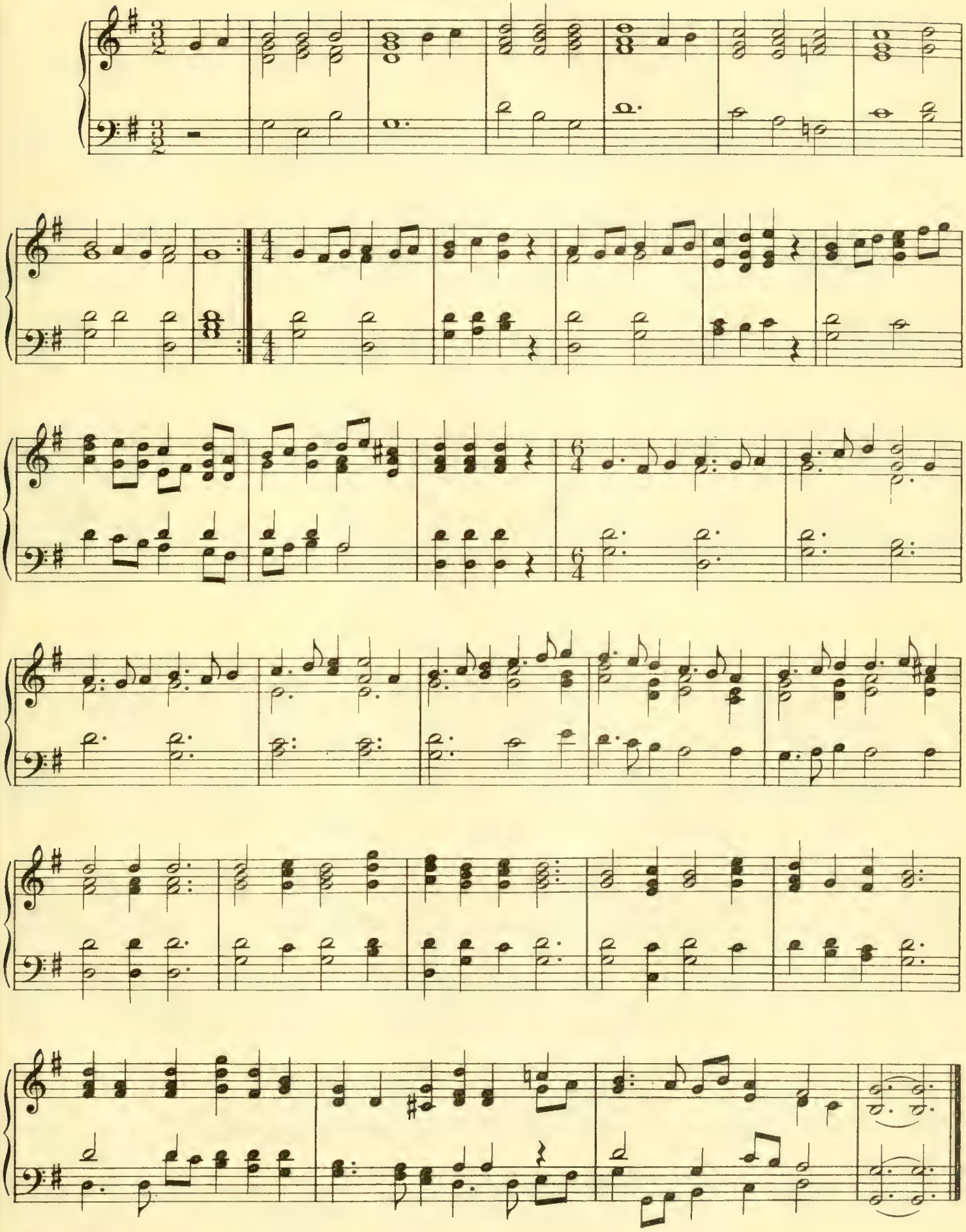
Finnish

1. Reel

2. Harvest Dance



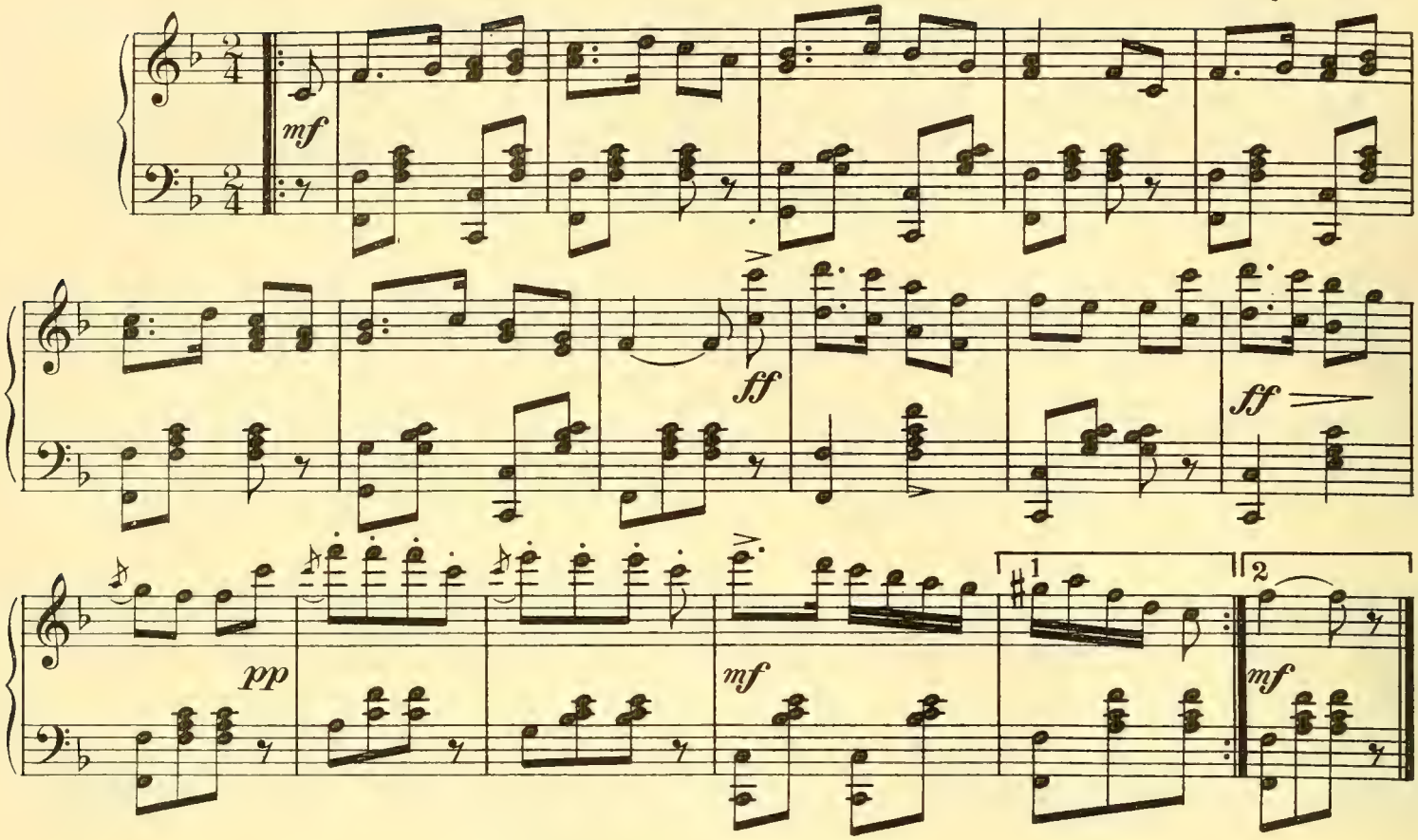

1.
2.
1.
2.

French
Vineyard Dance



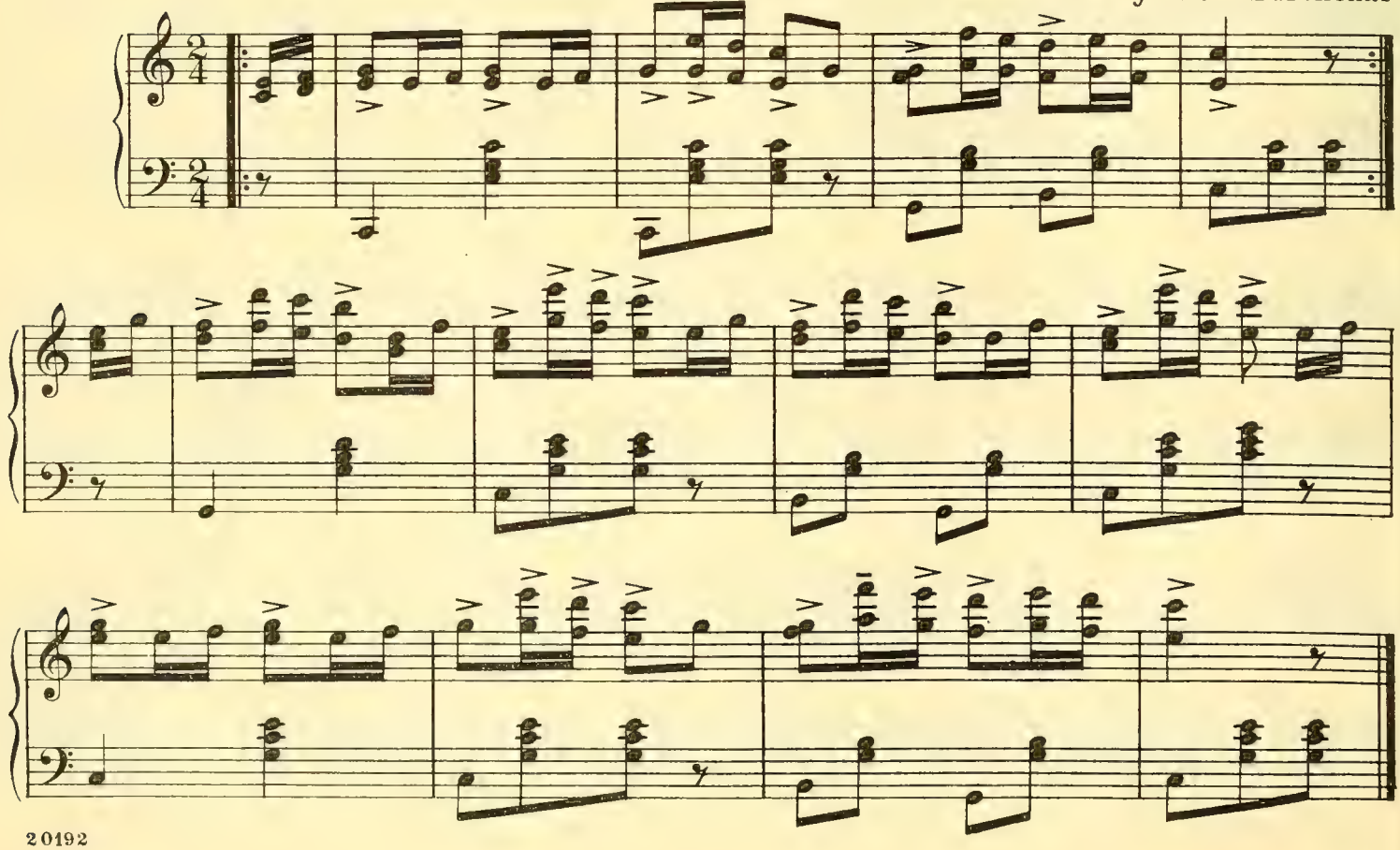
German

1. Kinderpolka

Arr. by E. Paul

2. Country Dance I

„Lust'ger Schweizerbu'"

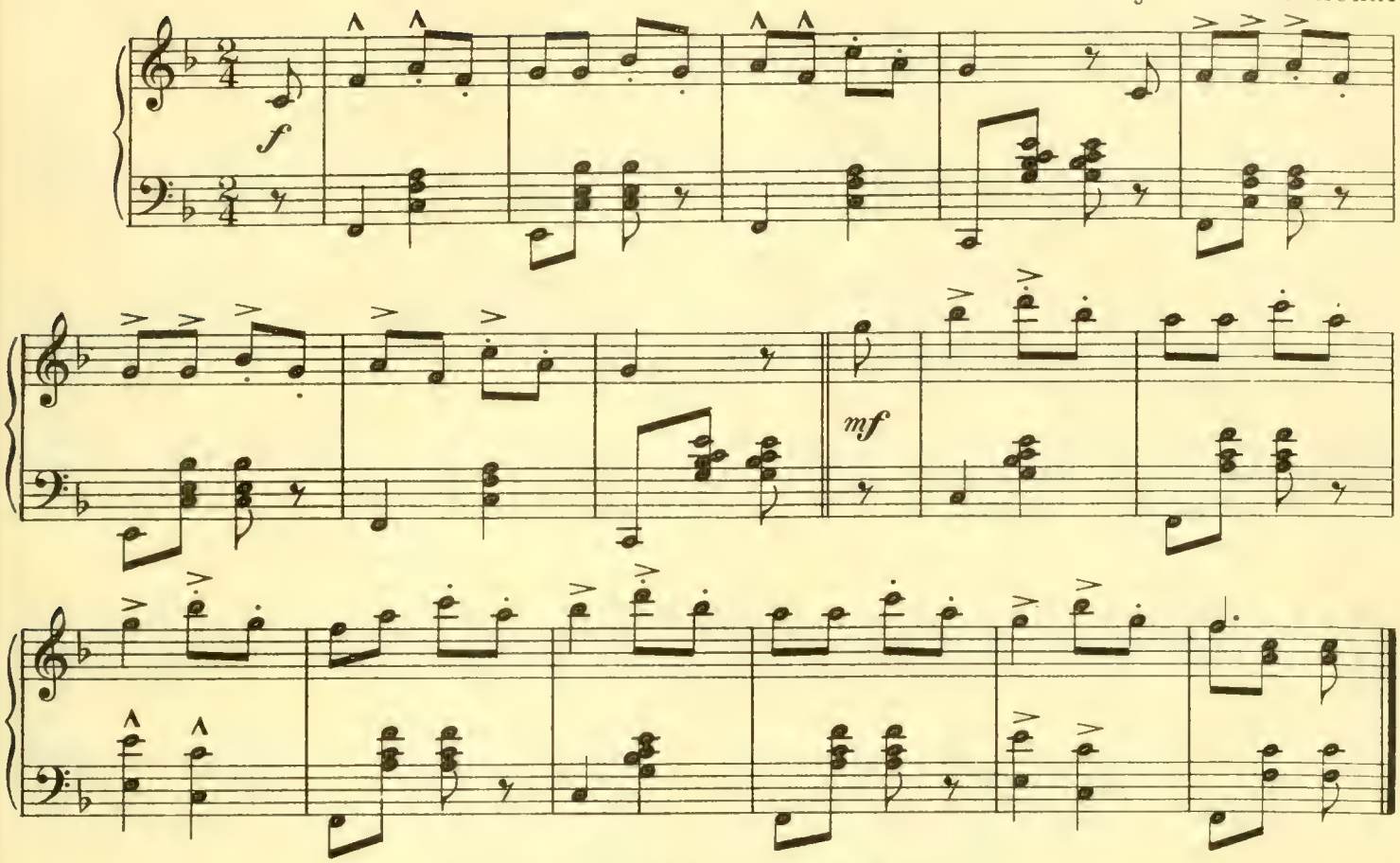
Arr. by E. H. Burchenal



3. Country Dance II

„O Strassburg“

Arr. by E. H. Burchenal



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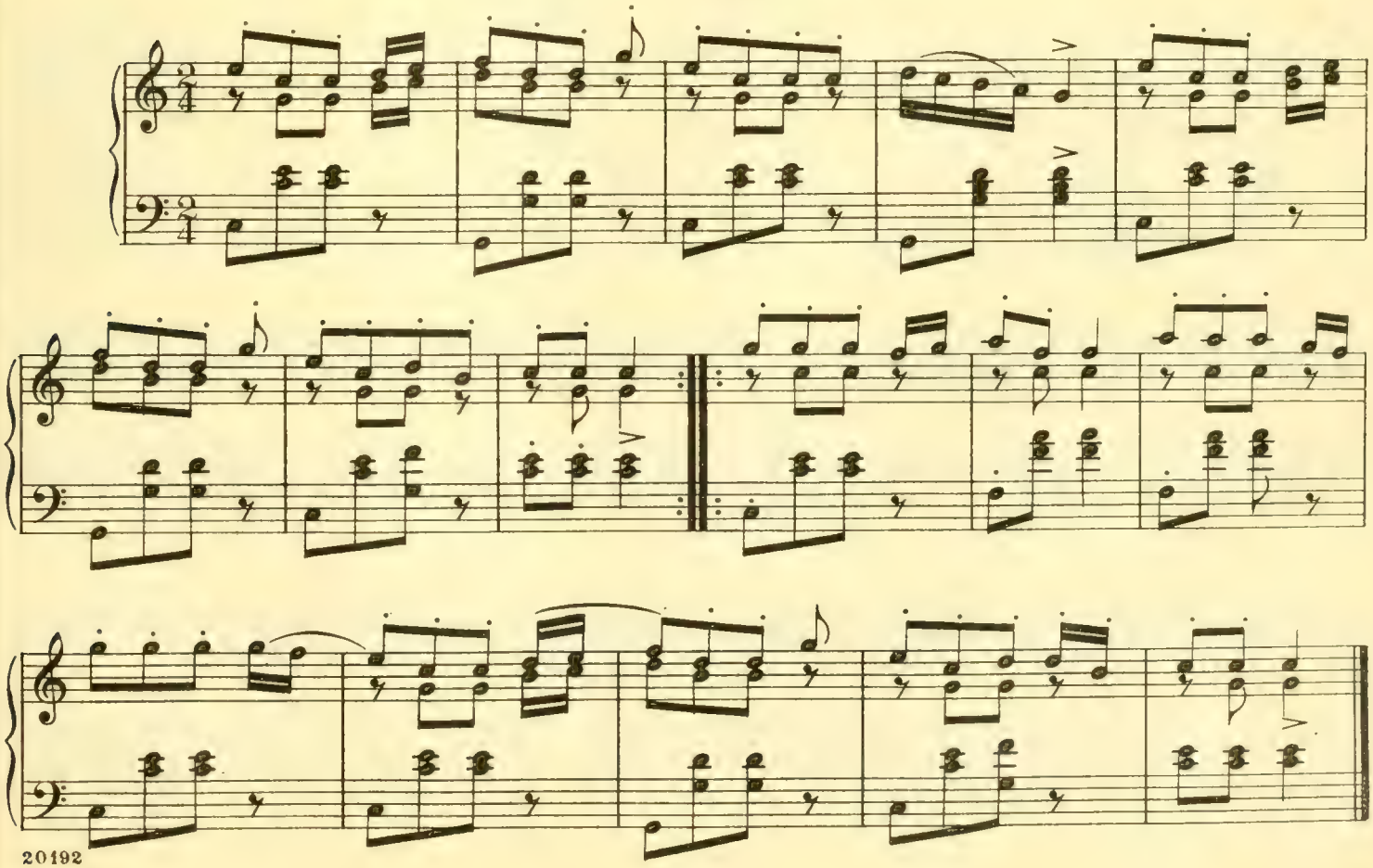
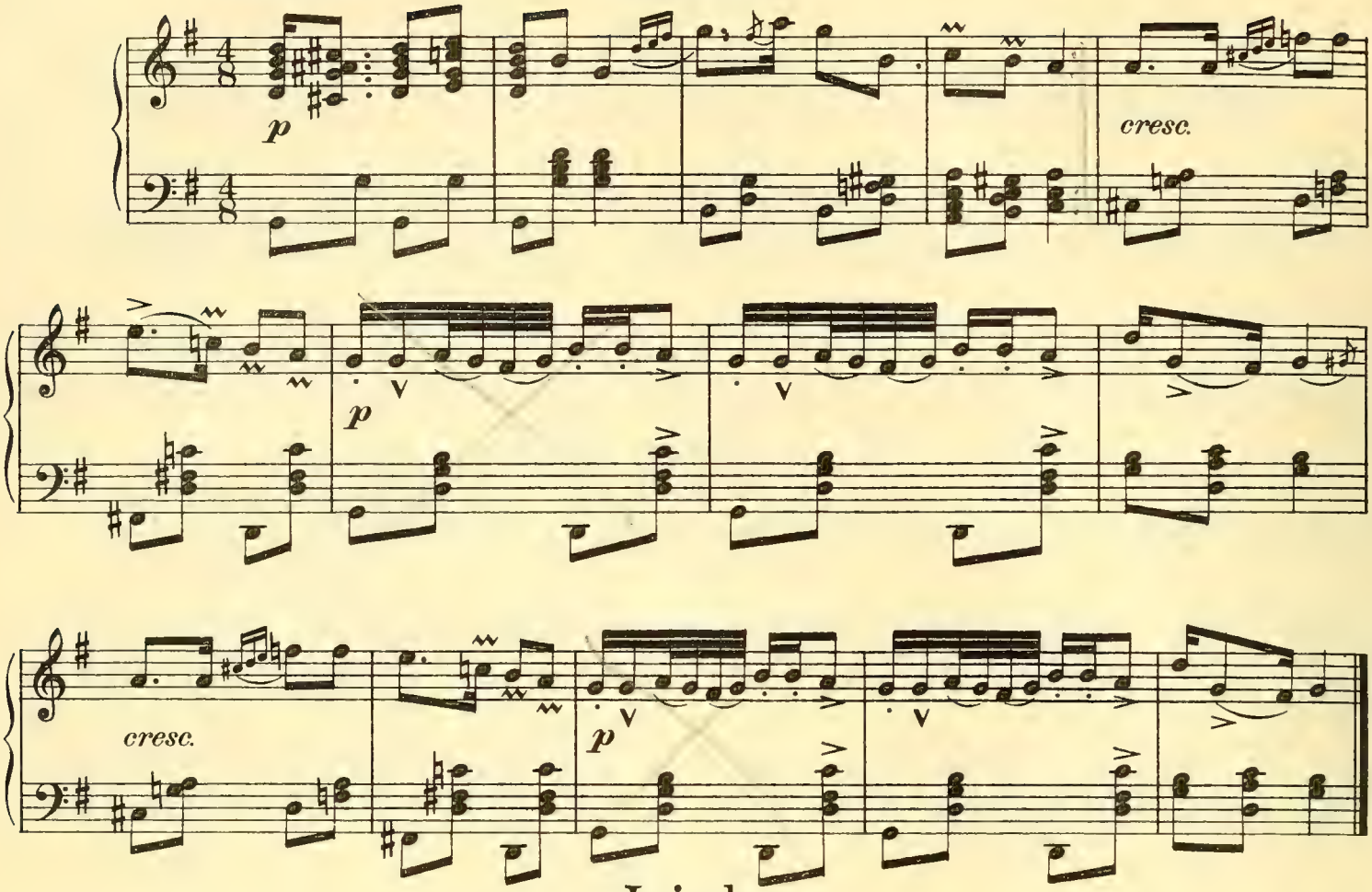

Hungarian

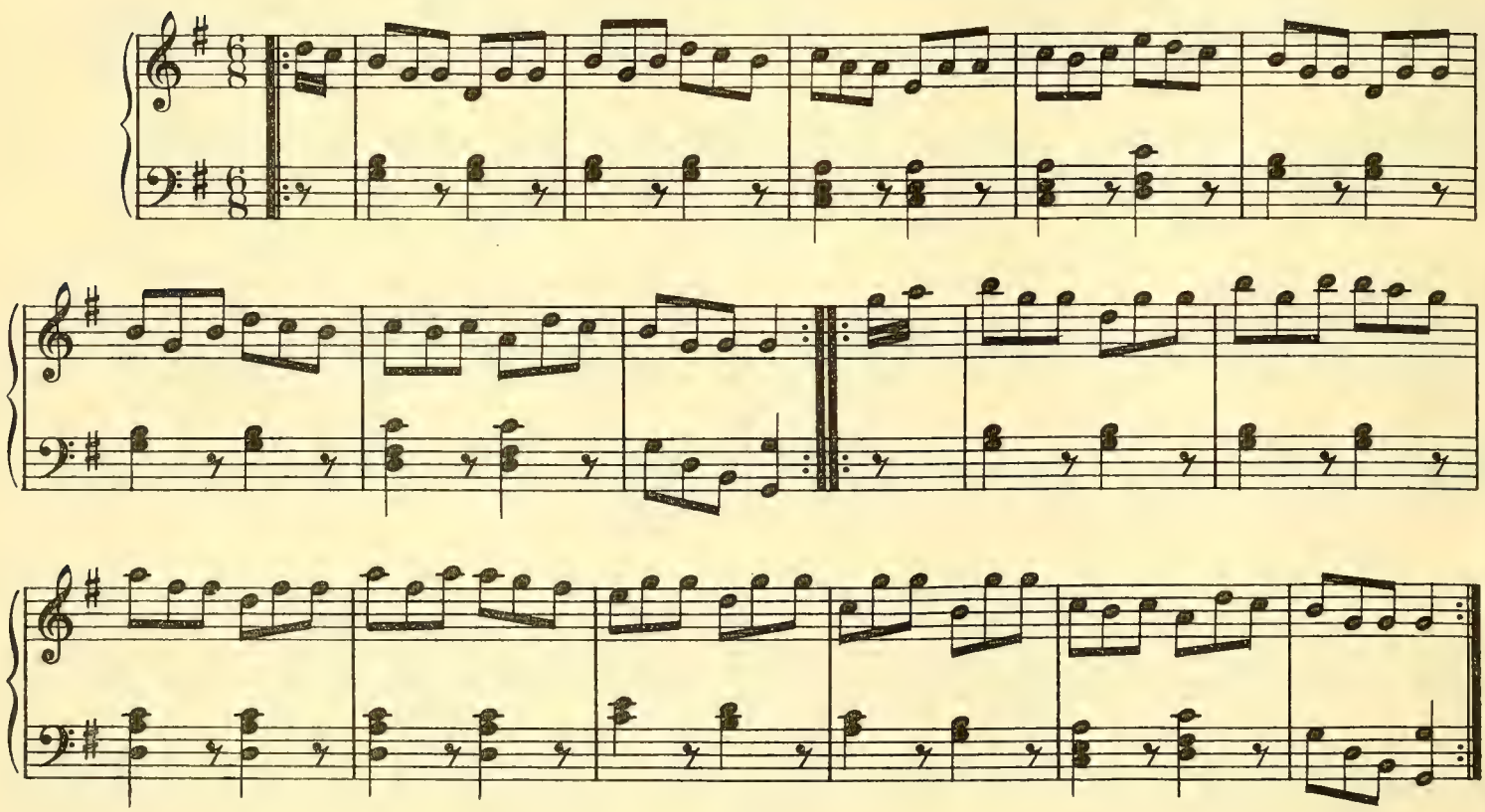
Csárdás

Andantino



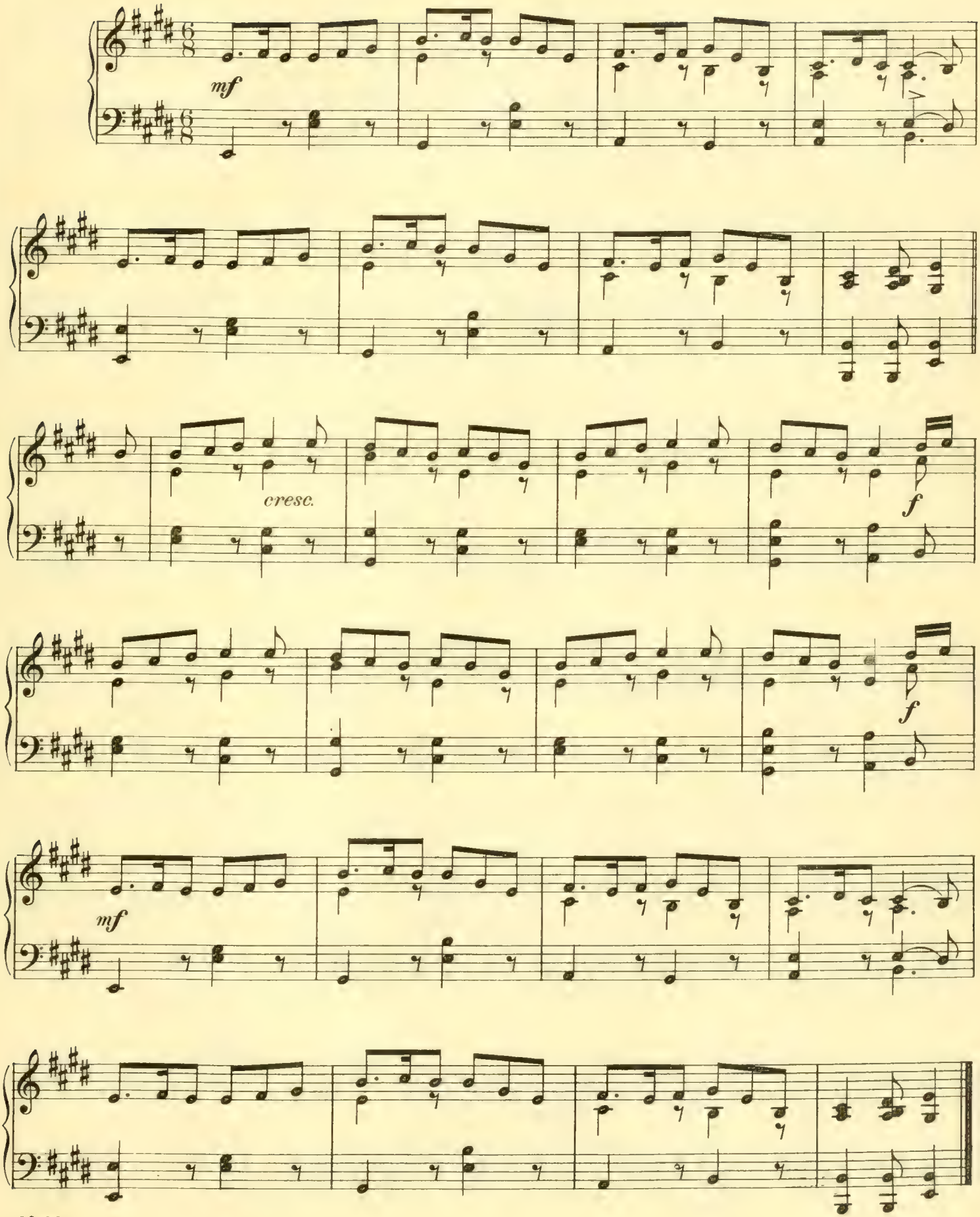
Irish

1. Lilt: "The Irish Washerwoman"



2. Jig

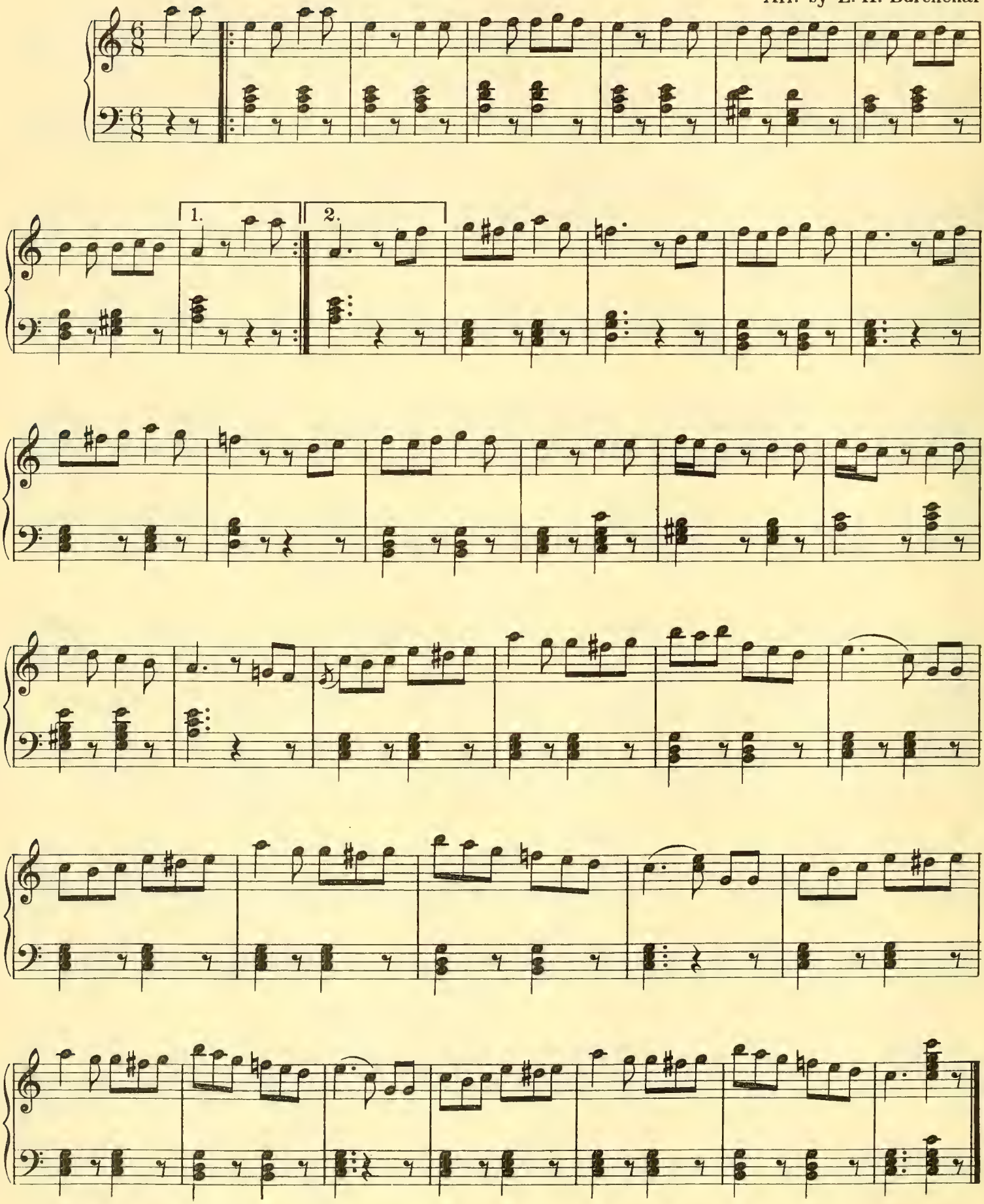
"St. Patrick's Day"



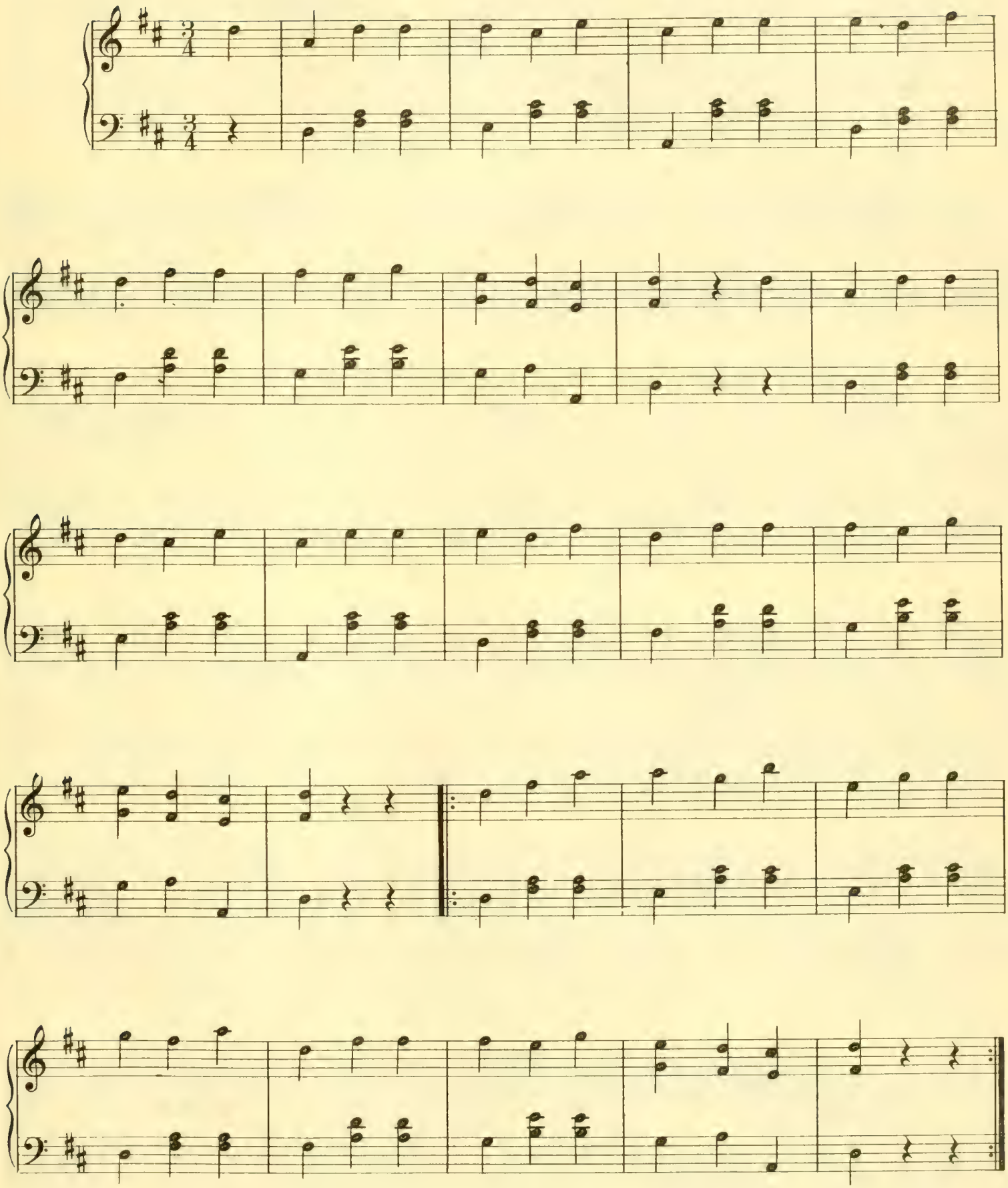
Italian

Tarantella Meridionale

Arr. by E. H. Burchenal



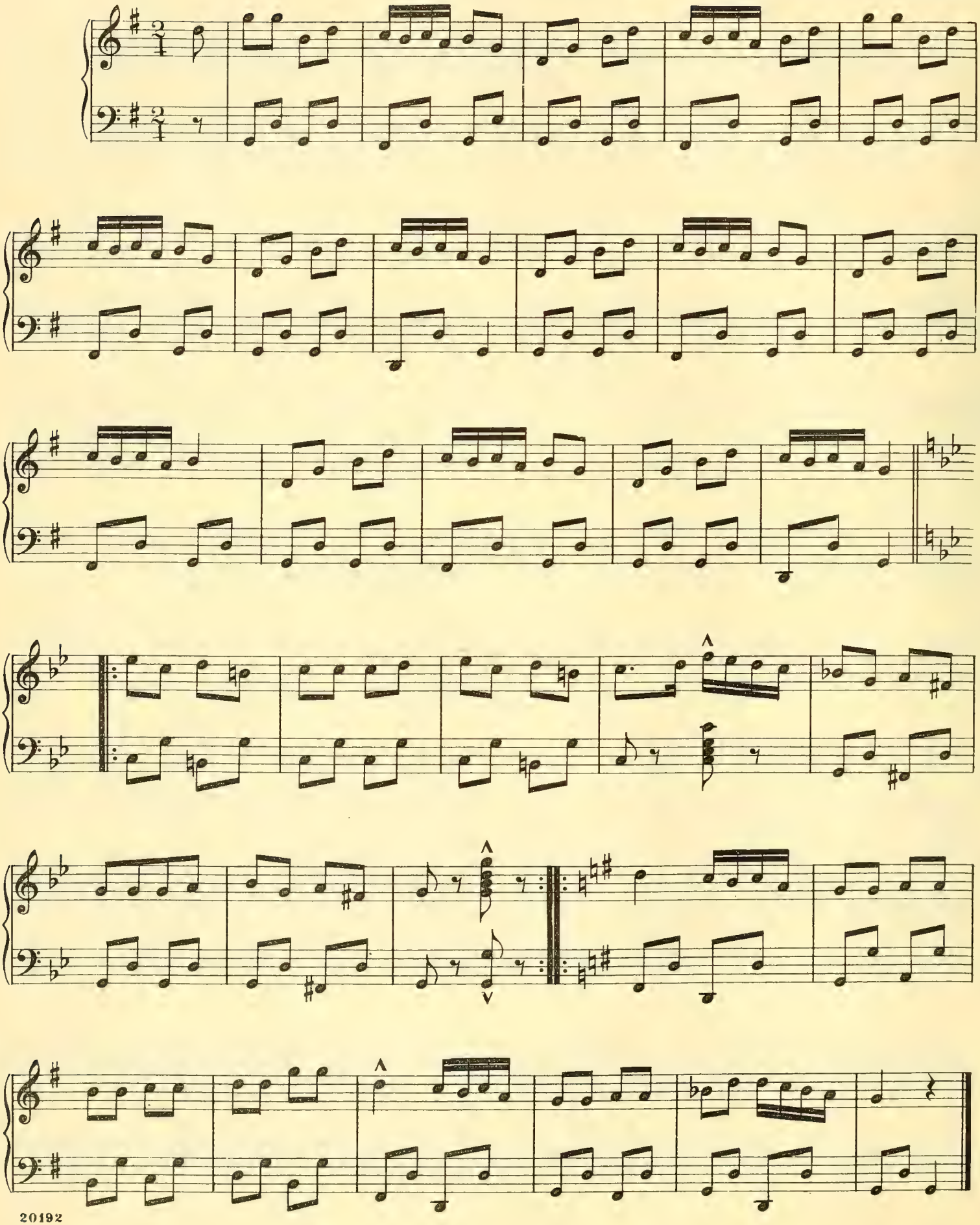
Norwegian
Mountain March



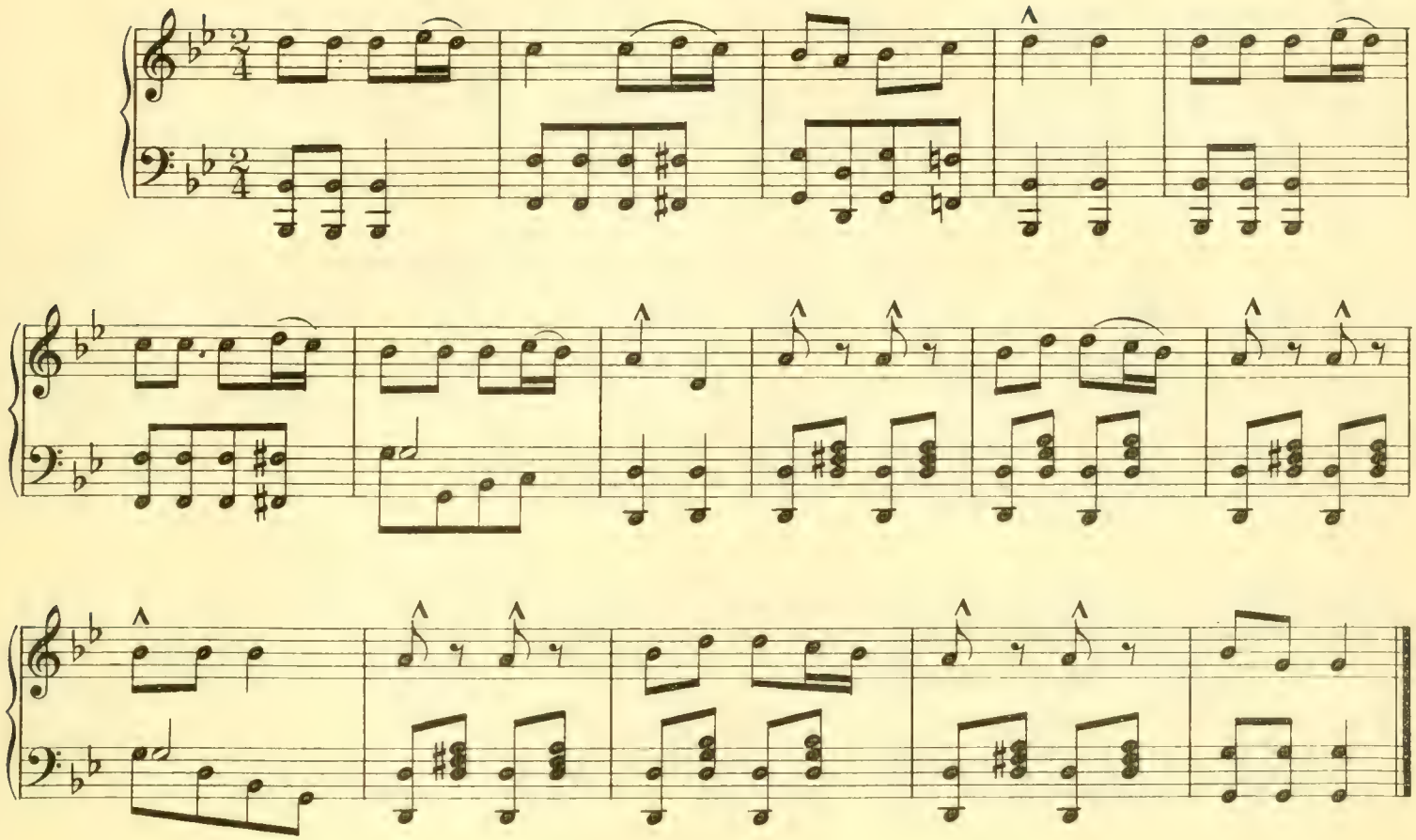
Russian

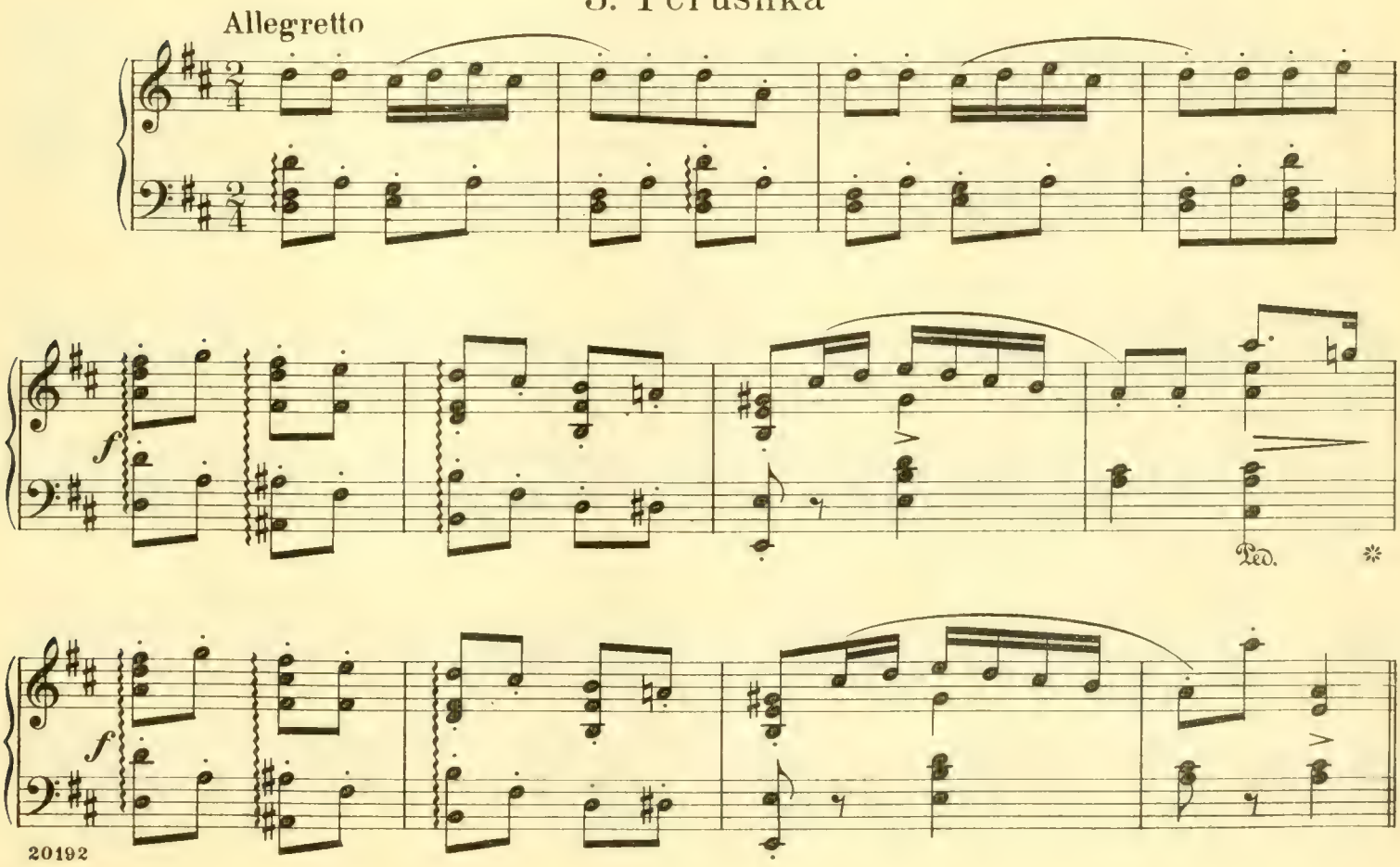
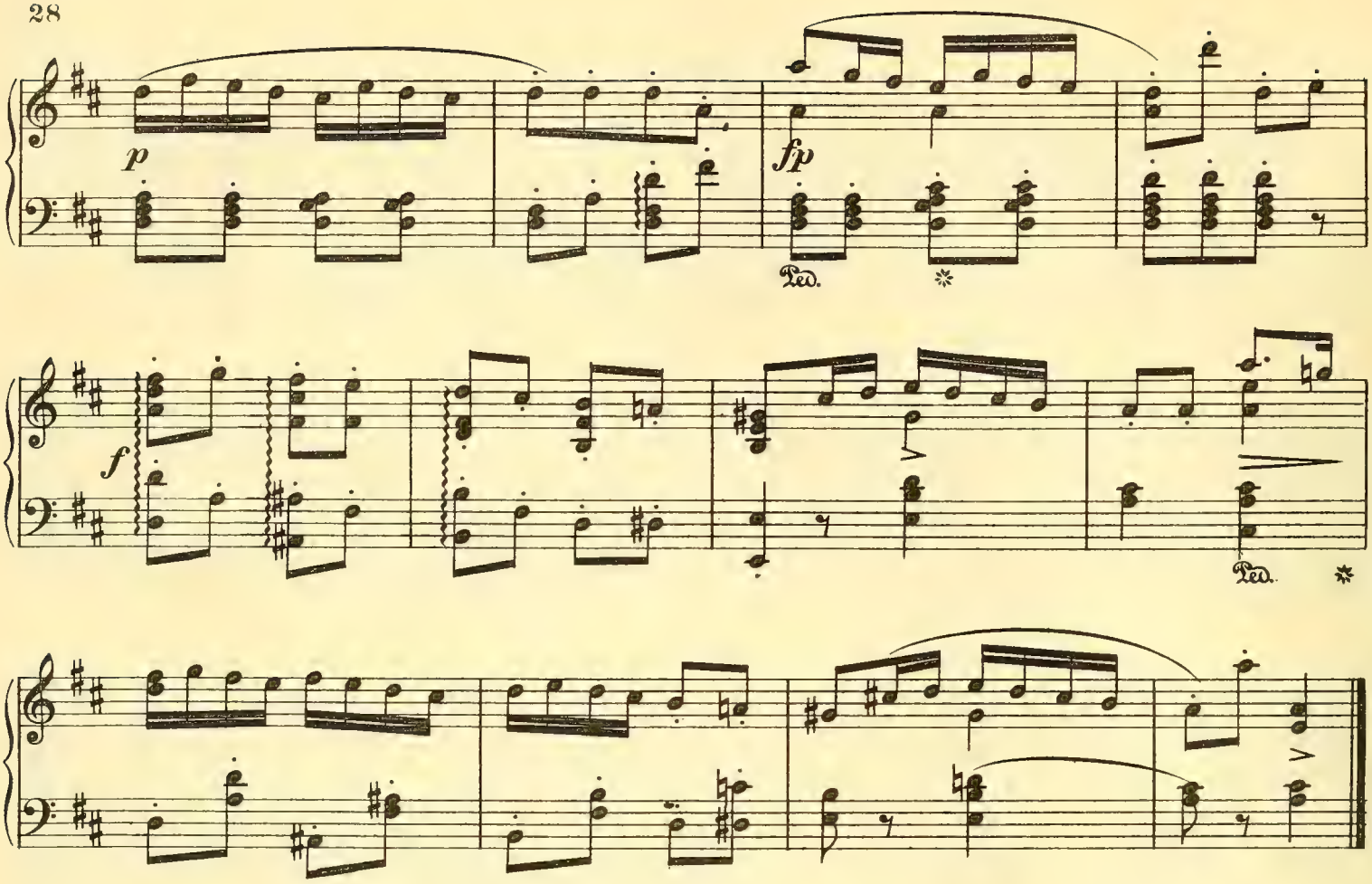
1. Comarinskaia

Arr. by E. H. Burchenal



2. Cossack



3. Perushka

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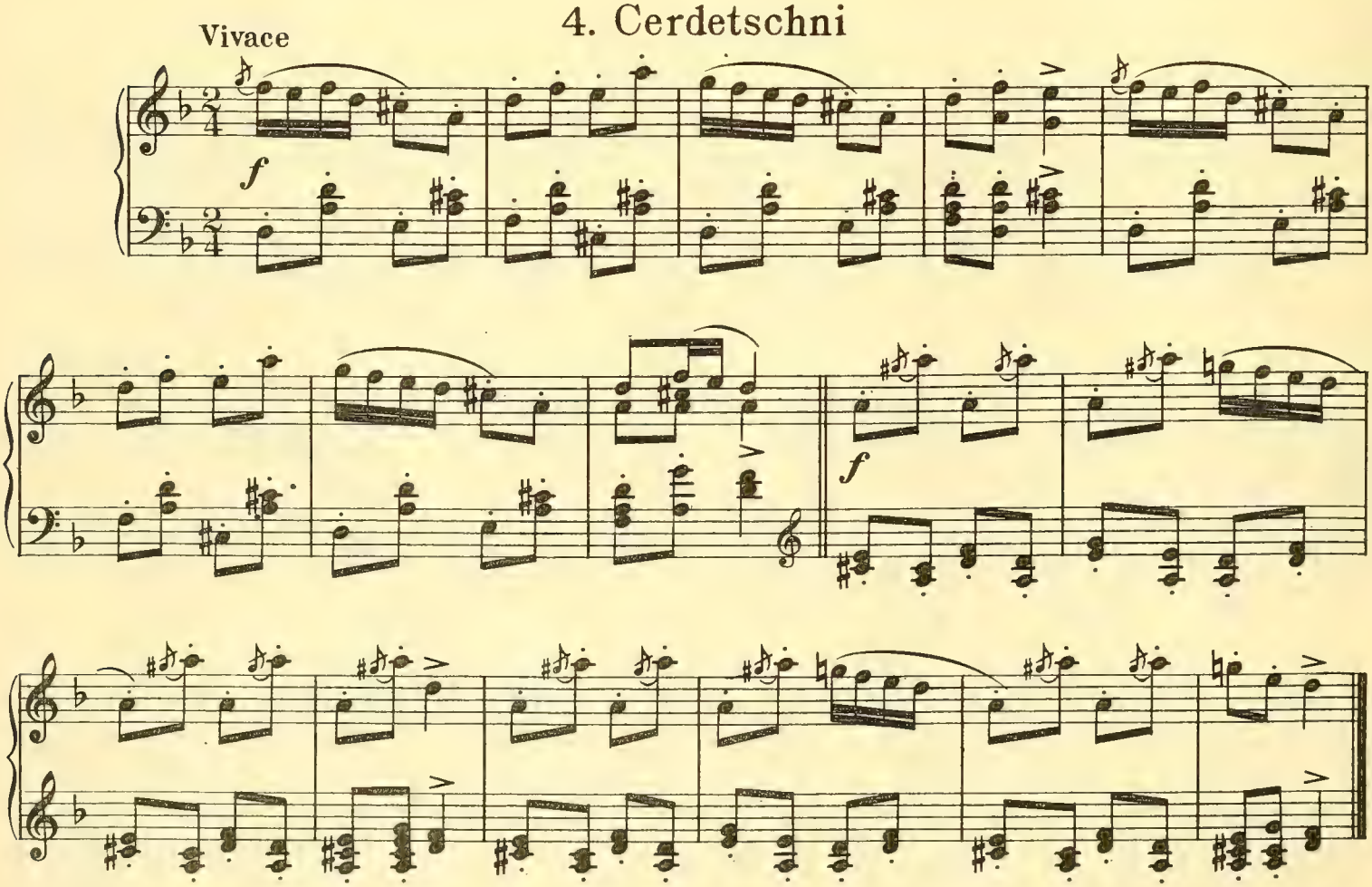
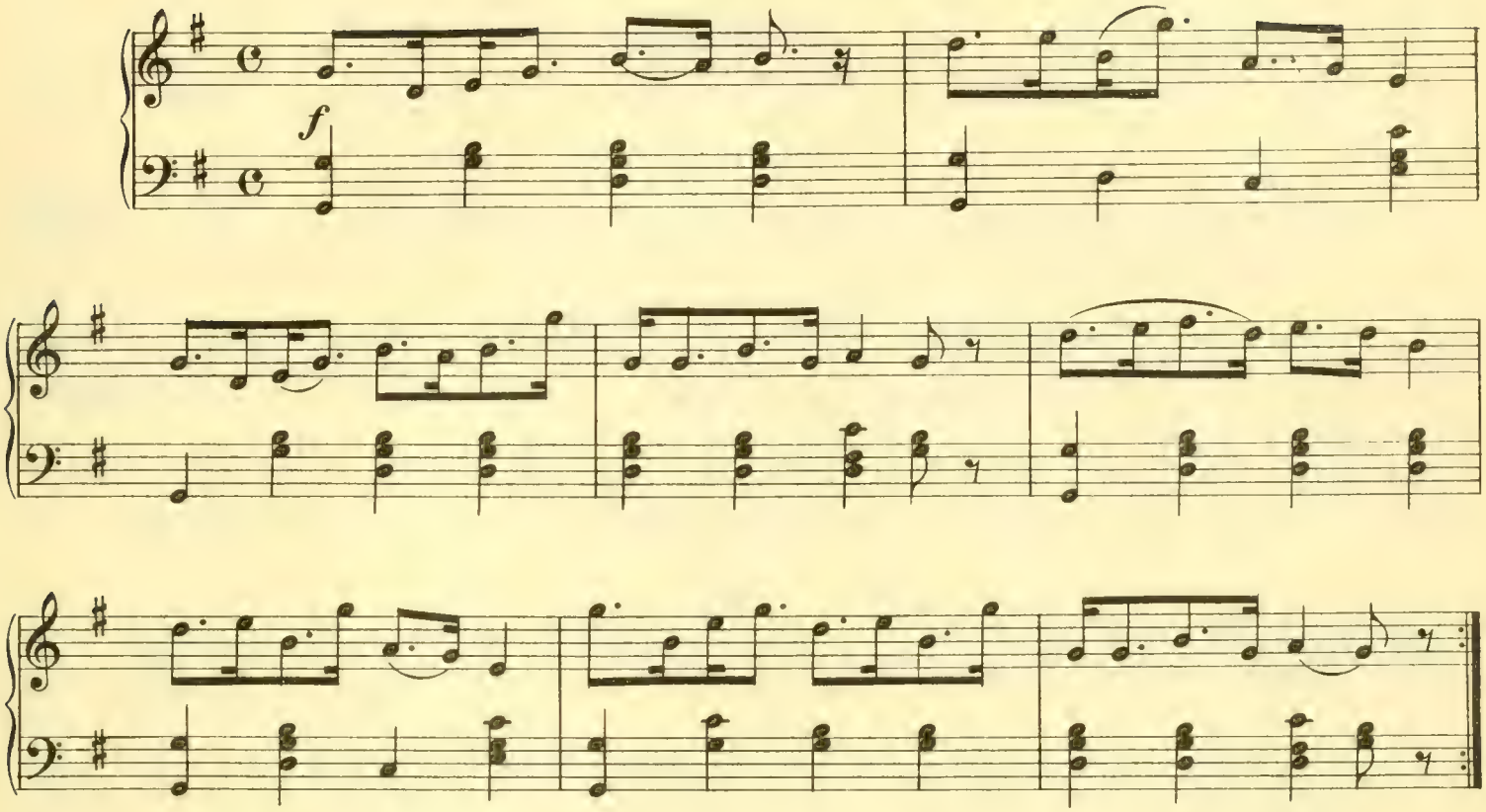

Scotch

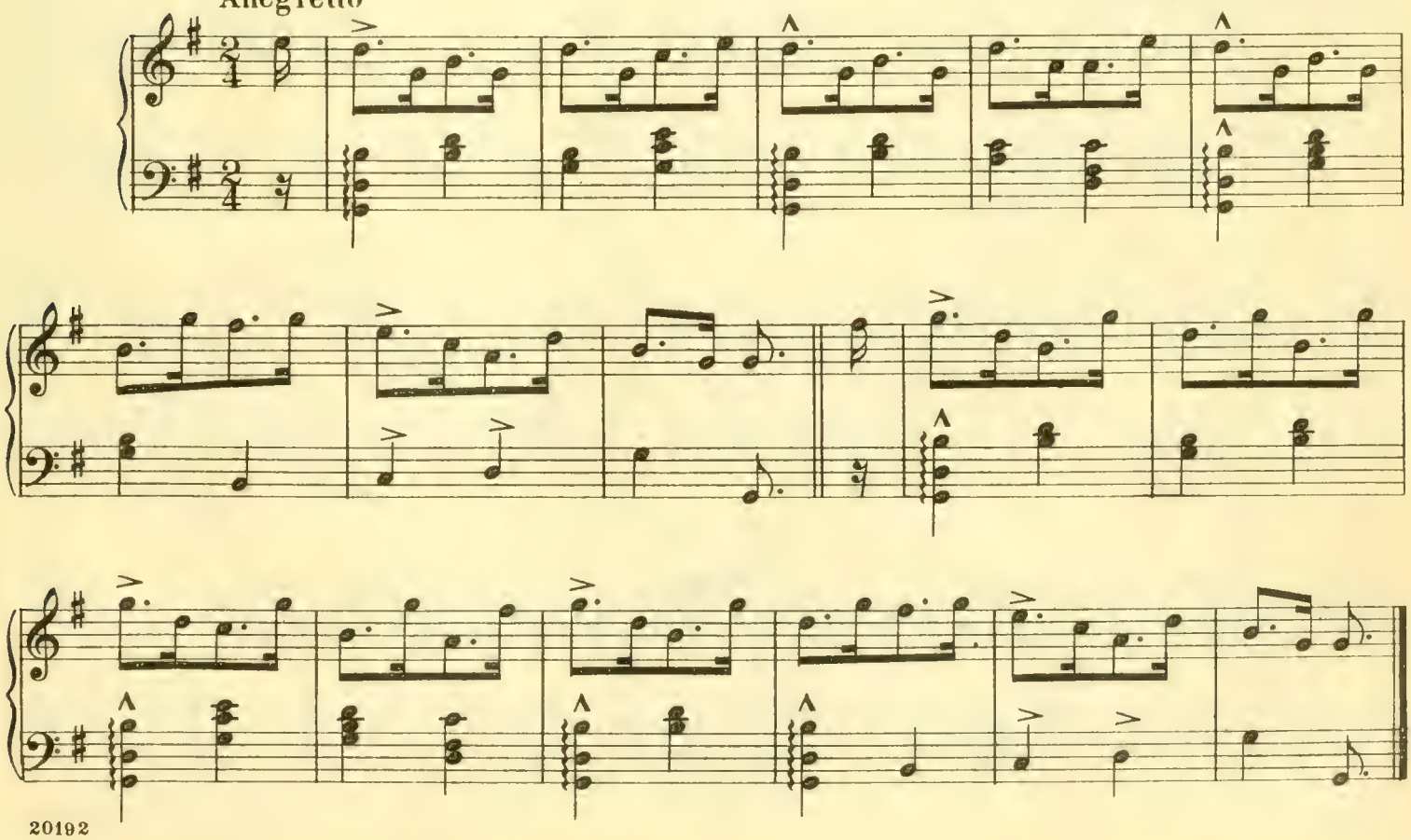
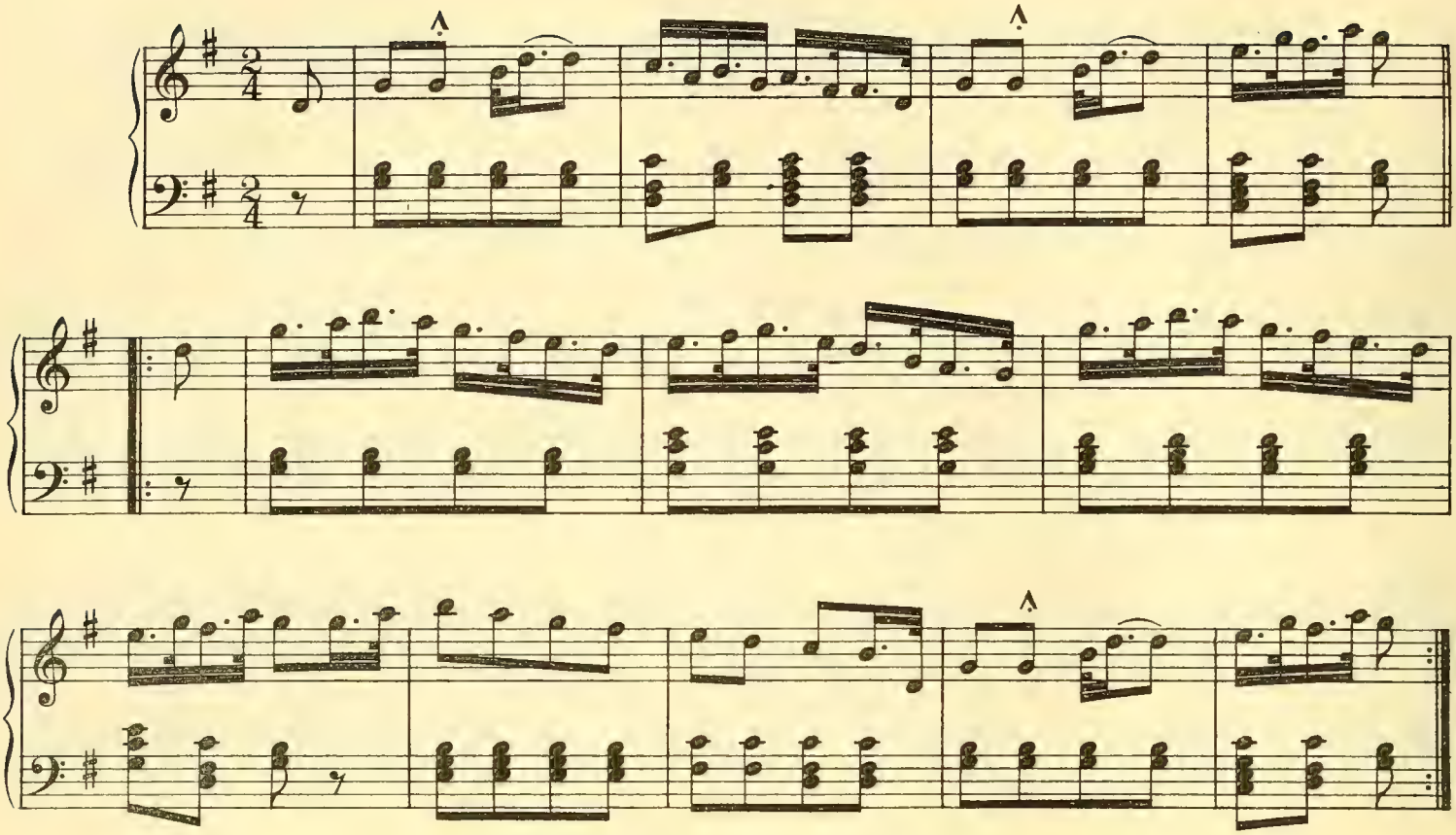
Shean Trews

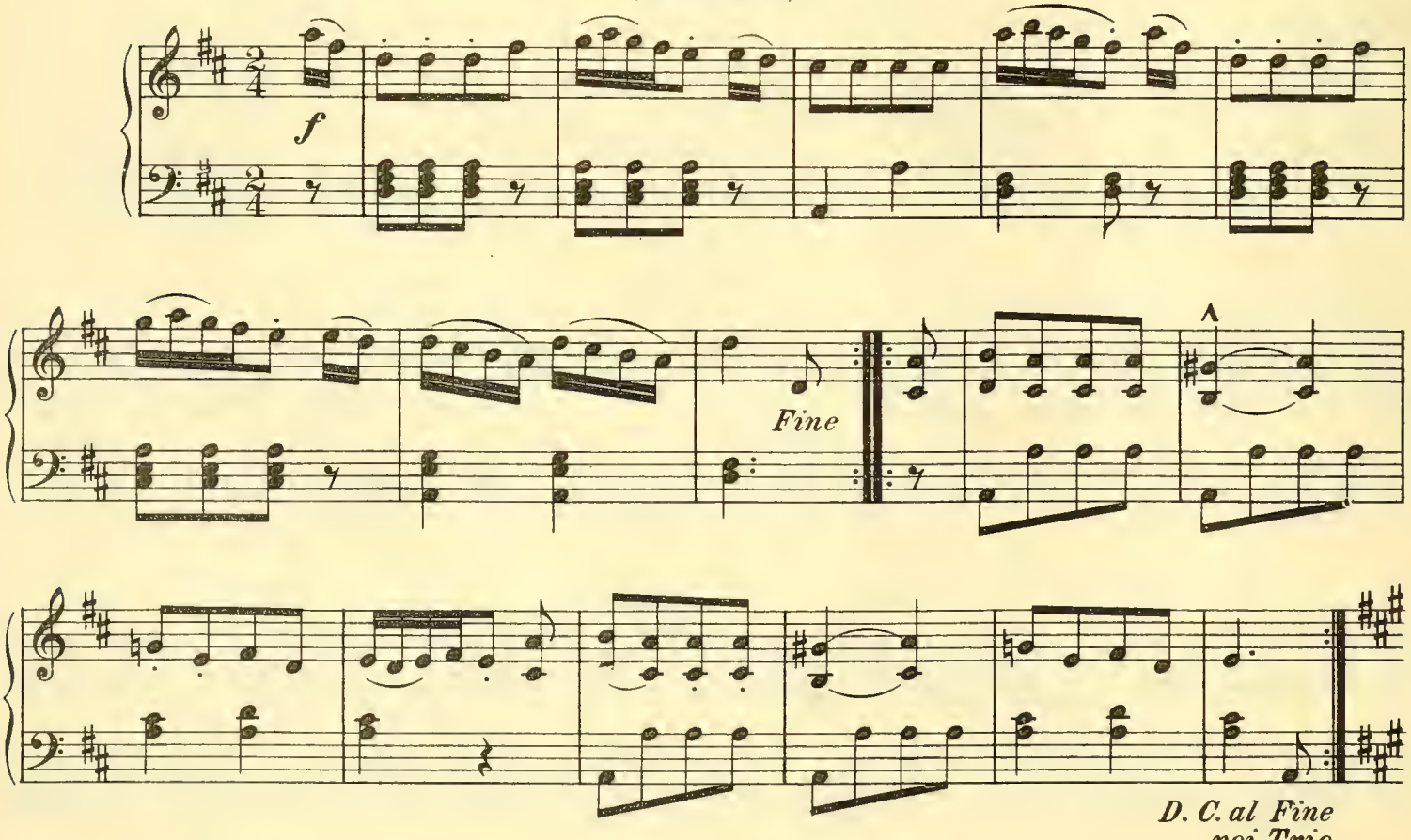
1. "Whistle o'er the lave o't"



2. Highland Fling I

Allegretto

Arr. by E. H. Burchenal

3. Highland Fling II

4. Danse de Strasbourg

(Écossaise)

Trio

p

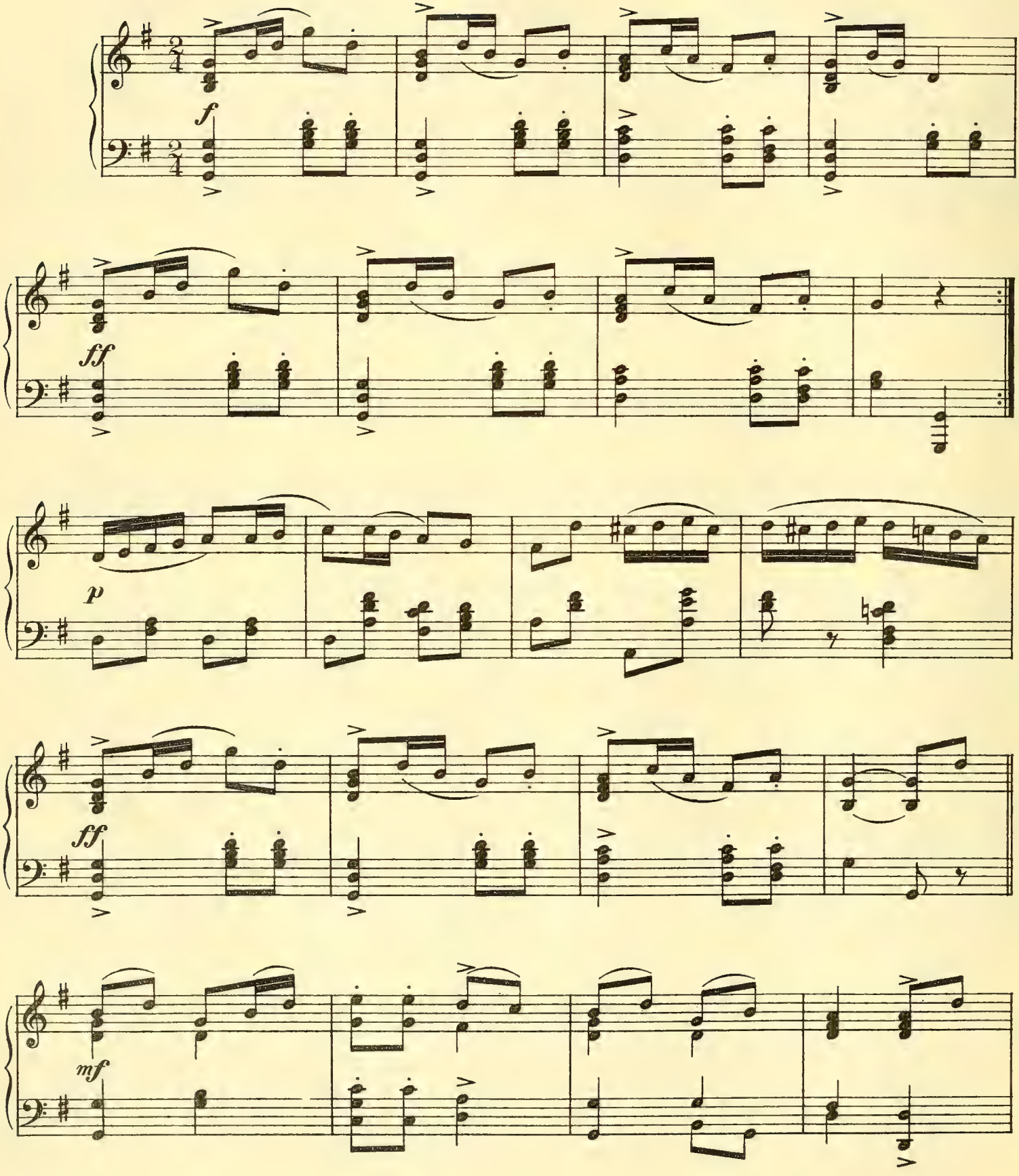
D. C.

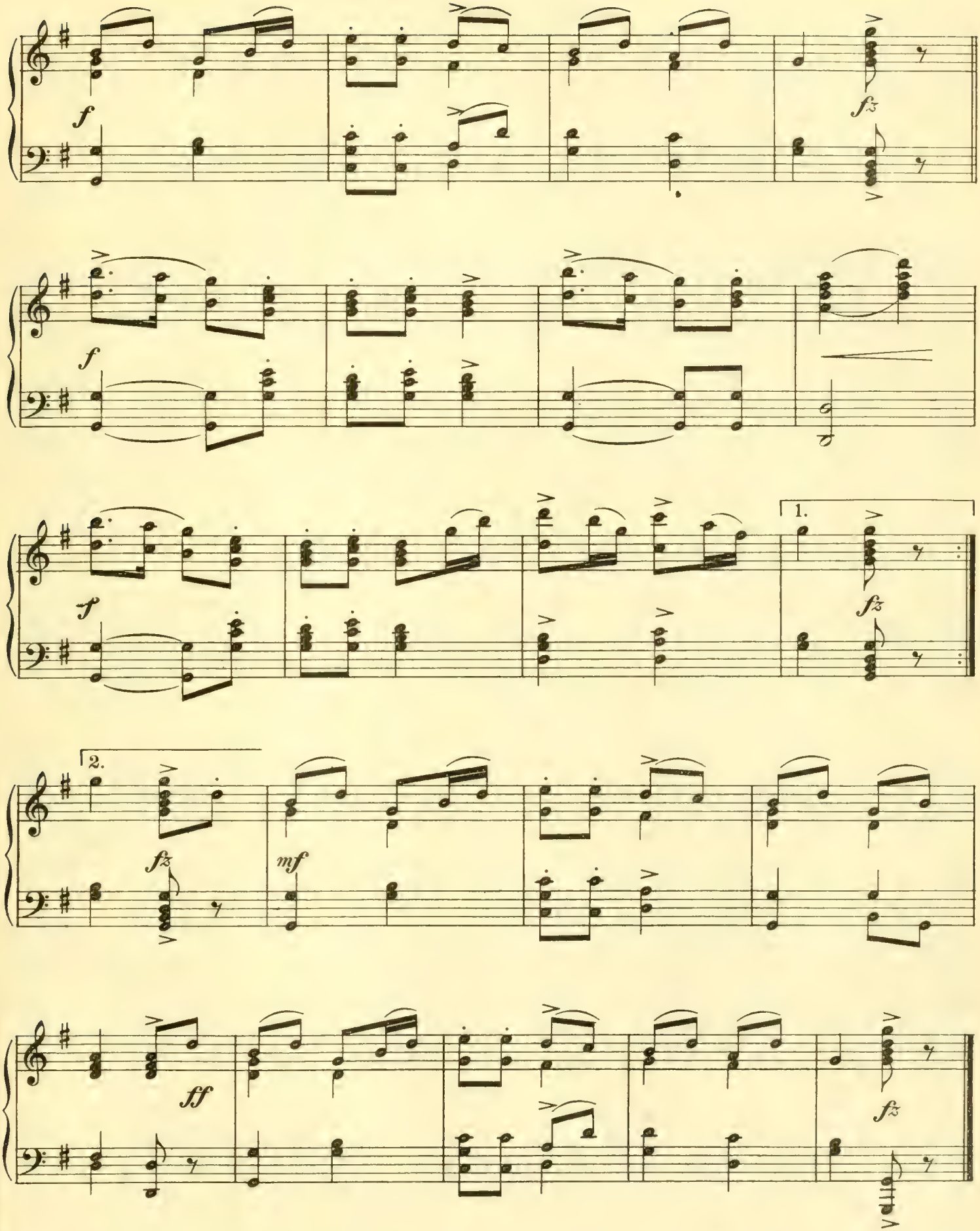
5. Highland Schottische

"Weel may the keel row"

6. The Chimes of Dunkirk

Swedish
1. Quadrille




f
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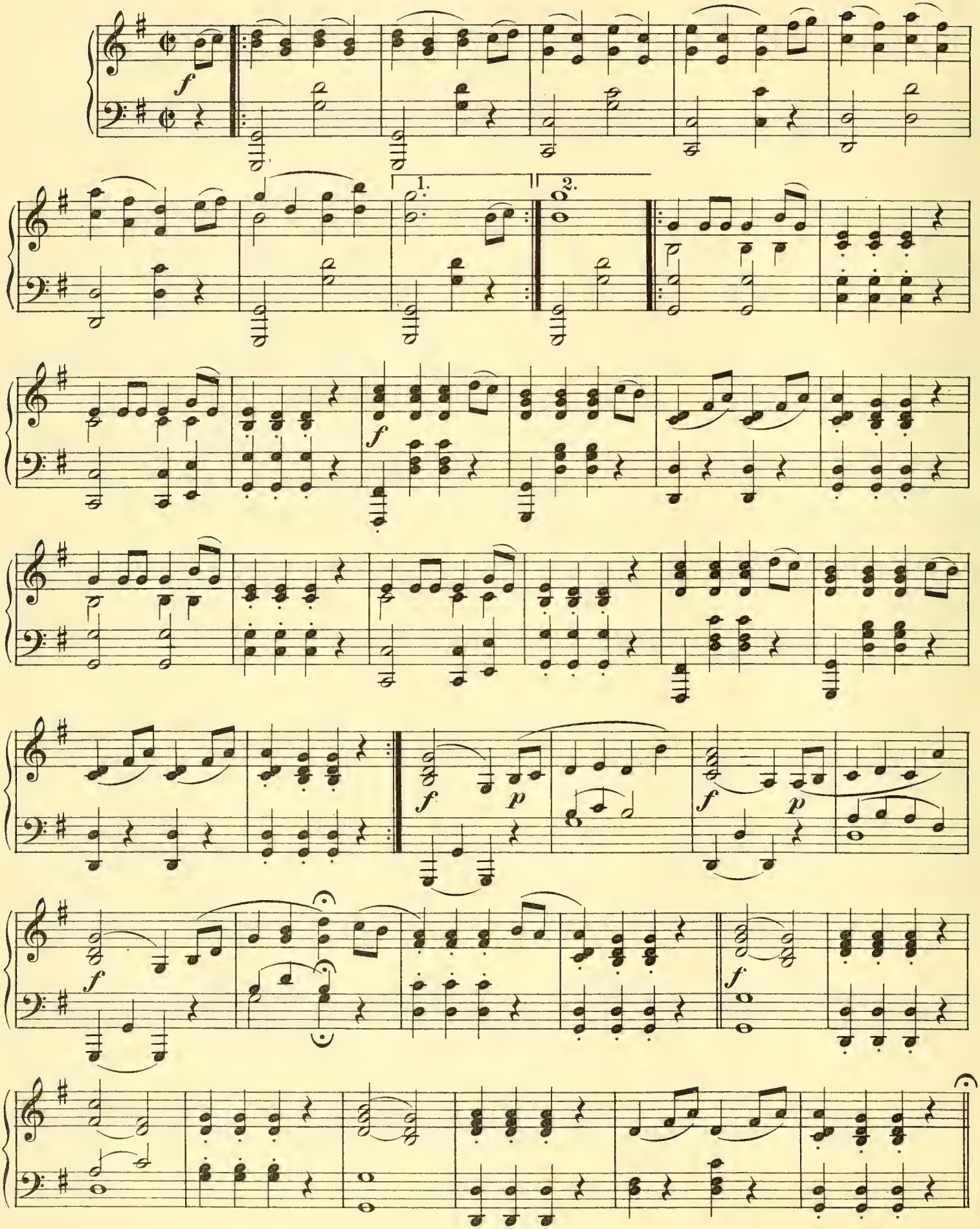
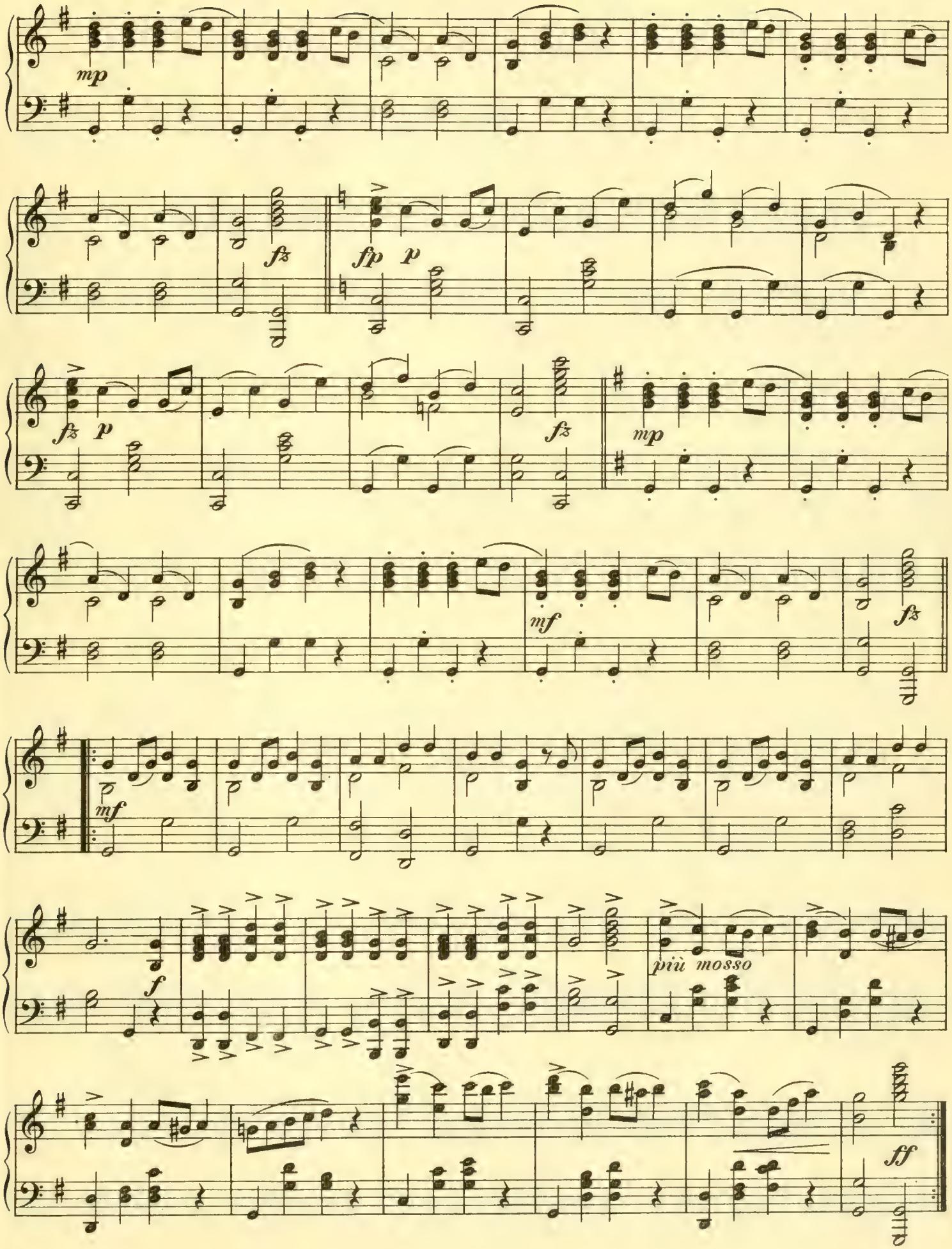
f
1.
fz
2.
fz
mf
ff
fz

2. Gotlands-Quadrille




mp
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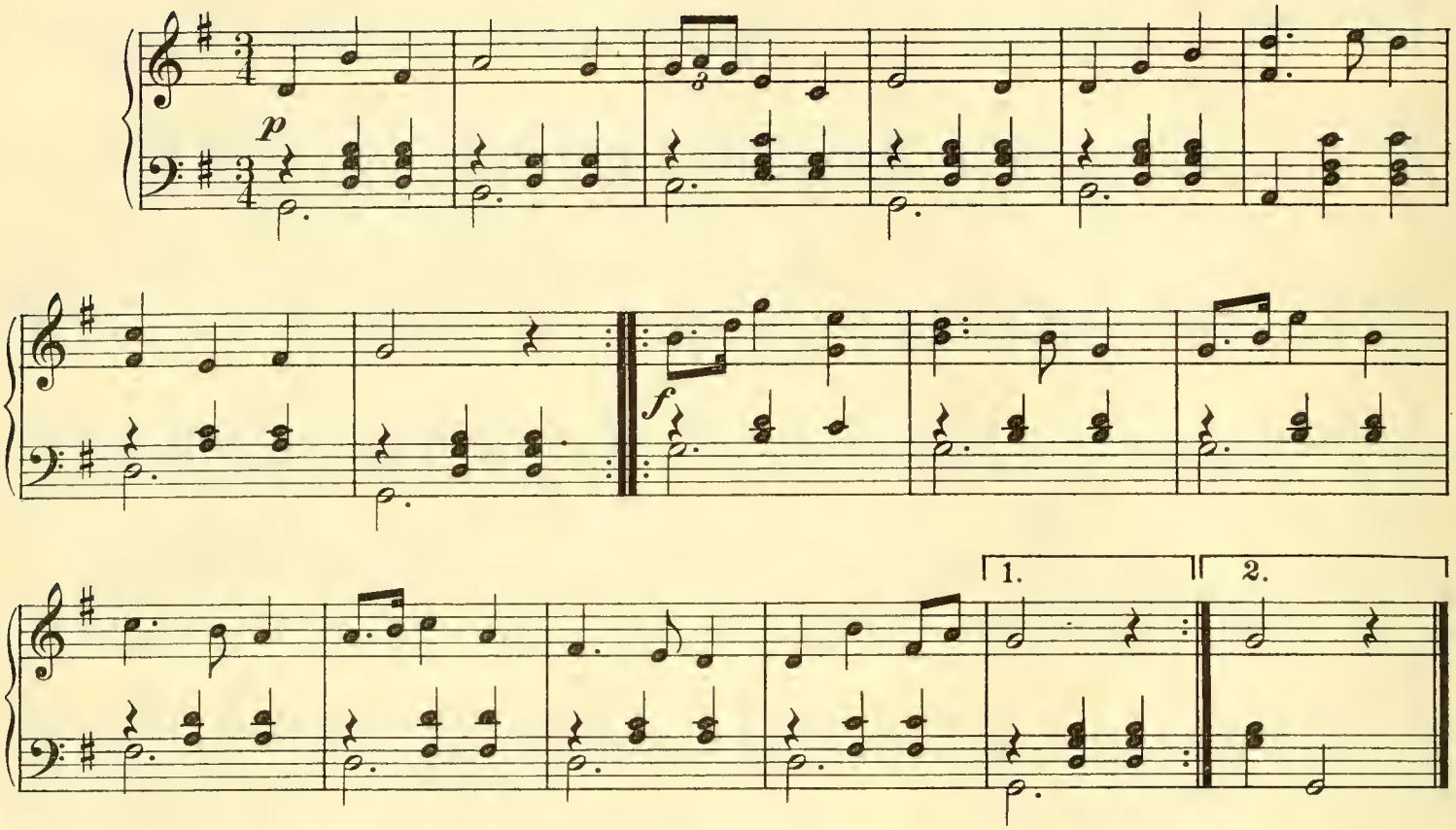
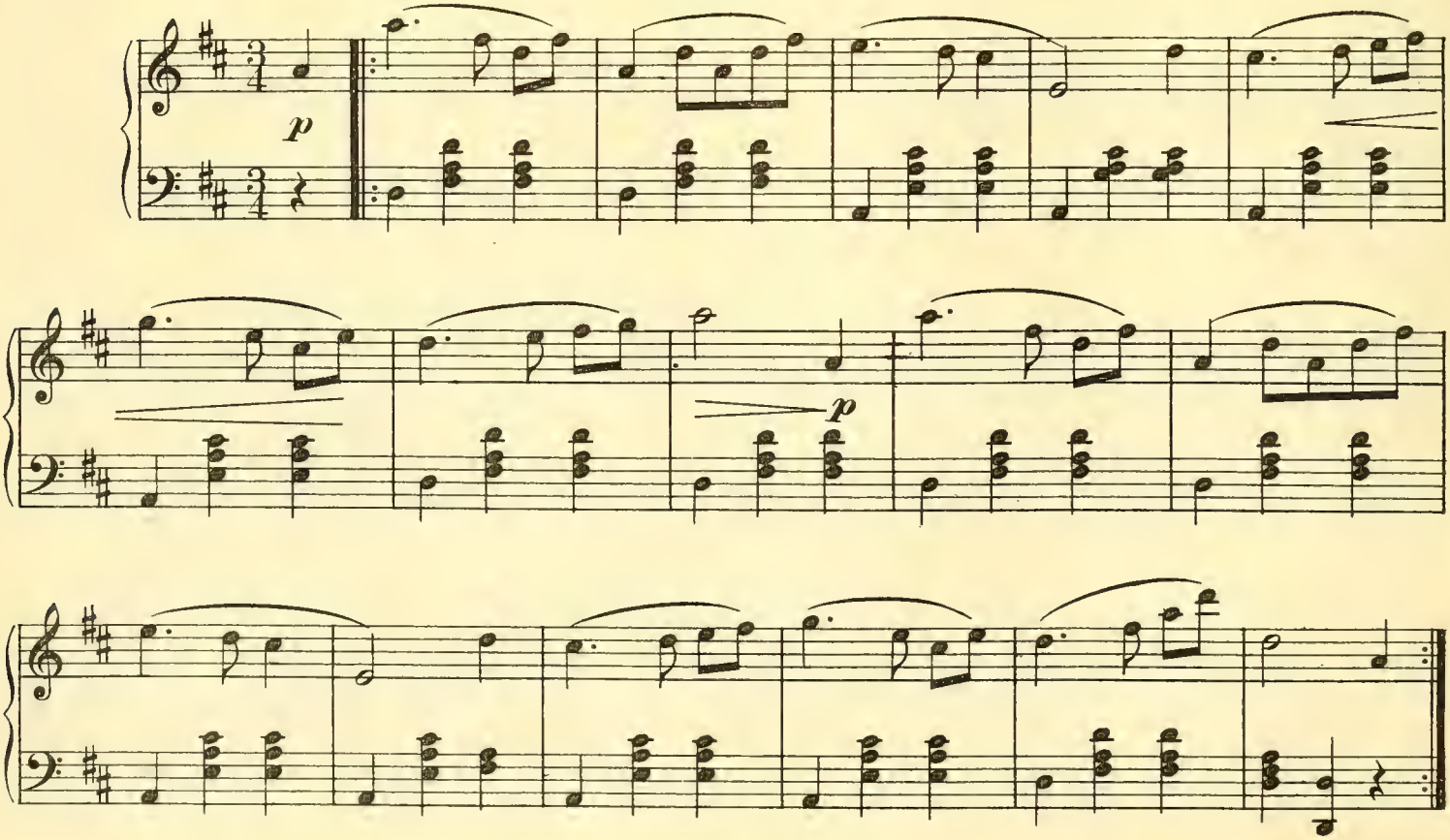
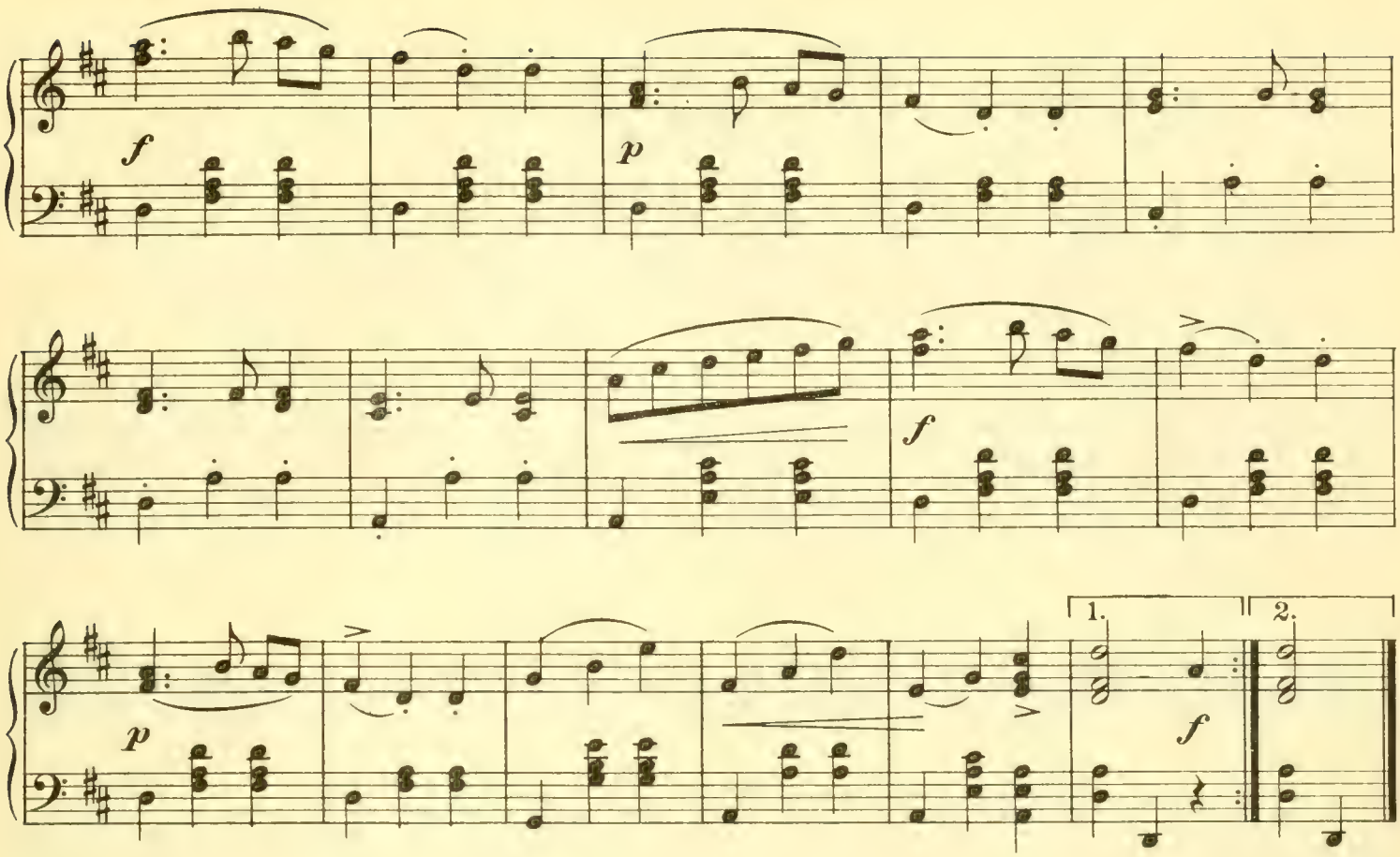
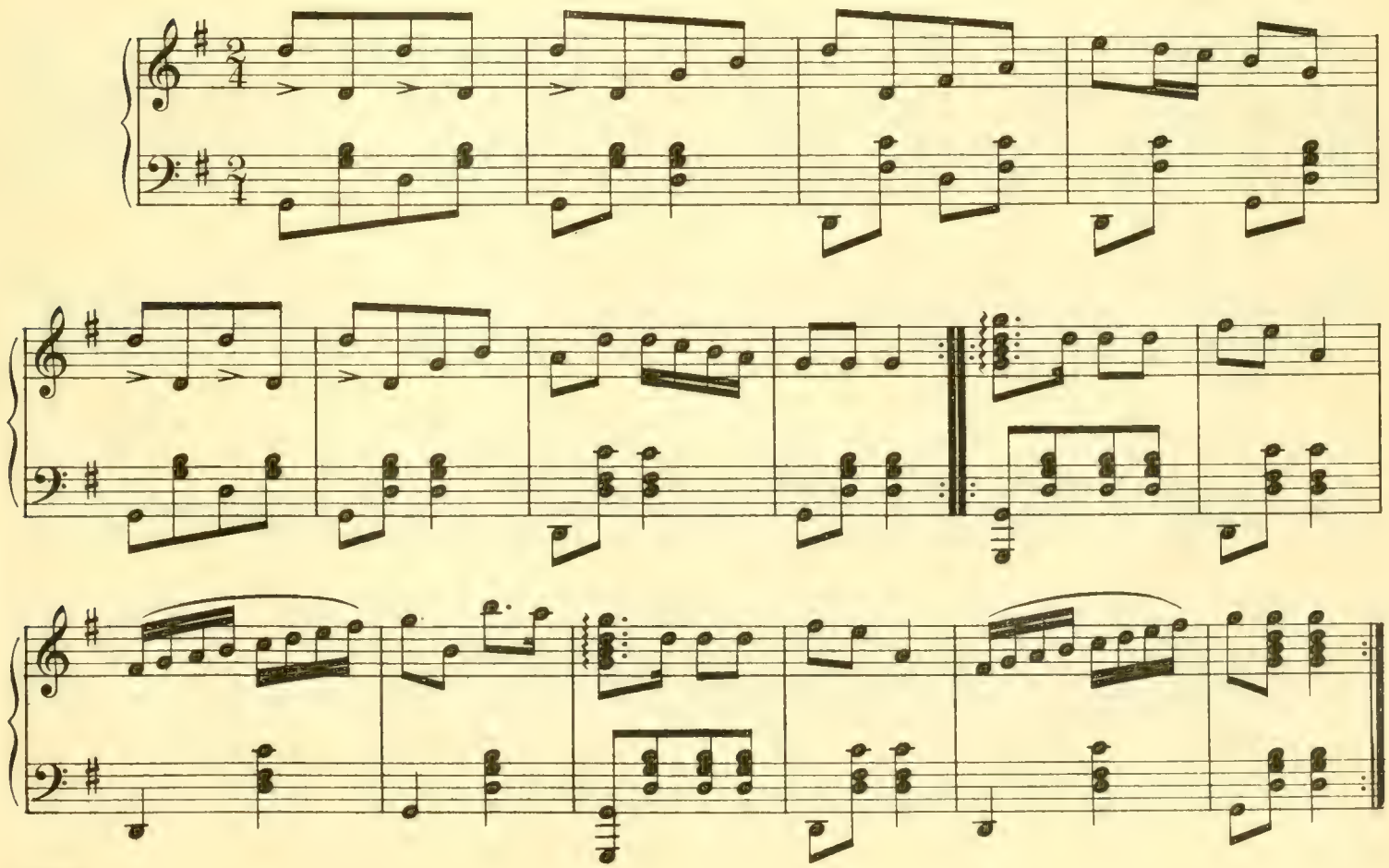
più mosso
ff

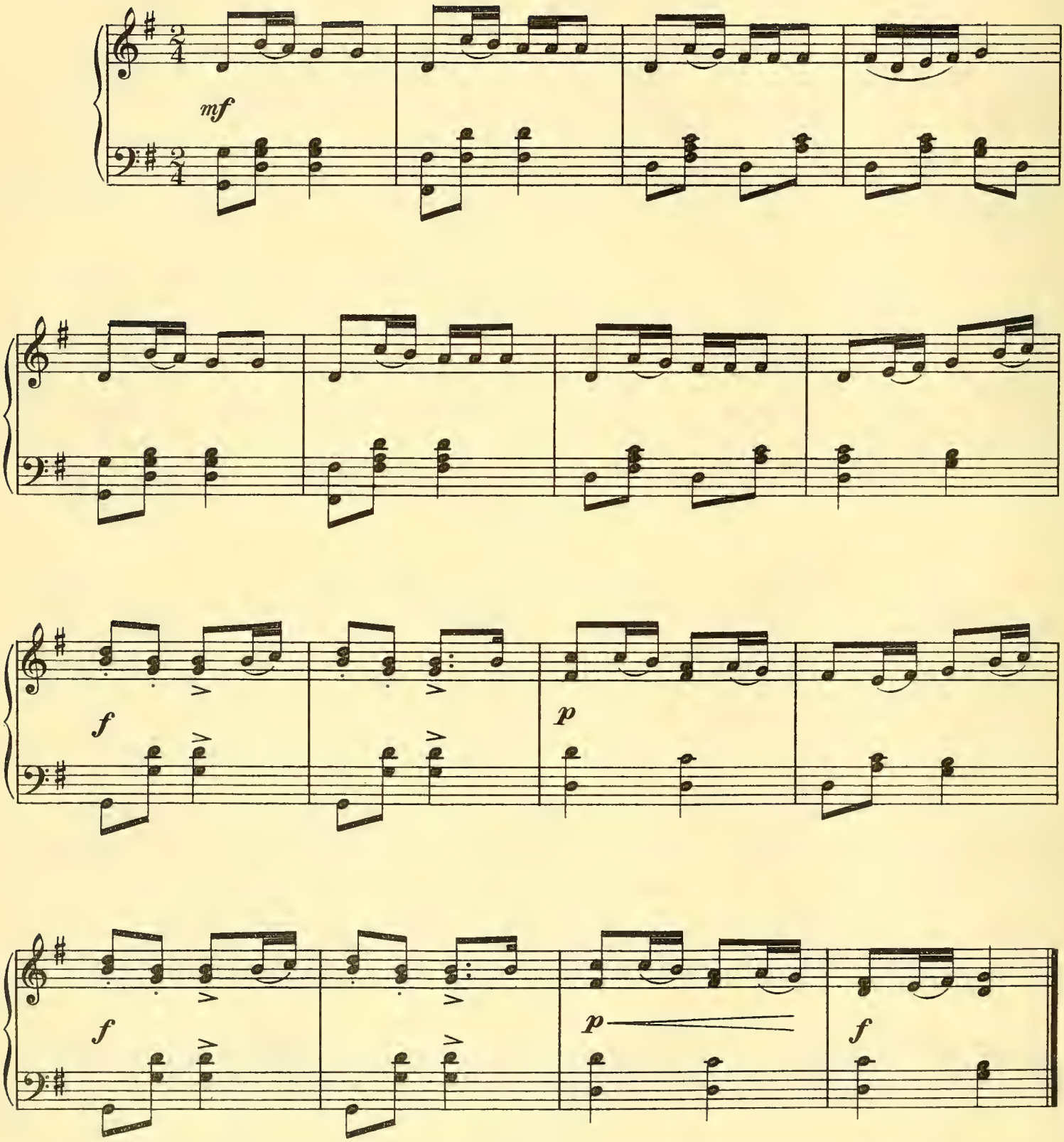
3. Vapperstavals



4. Vingåkersdans

5. Polkett I

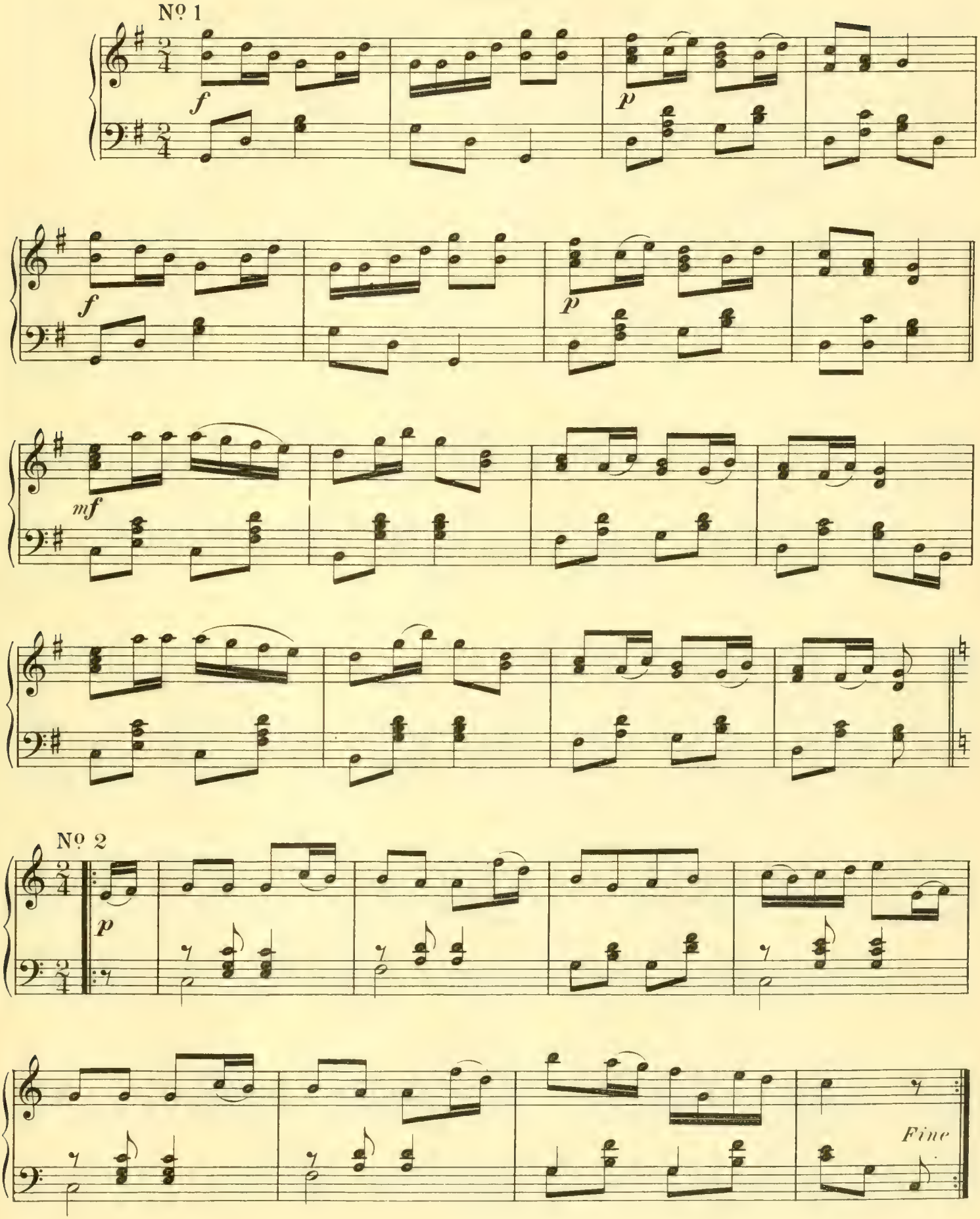
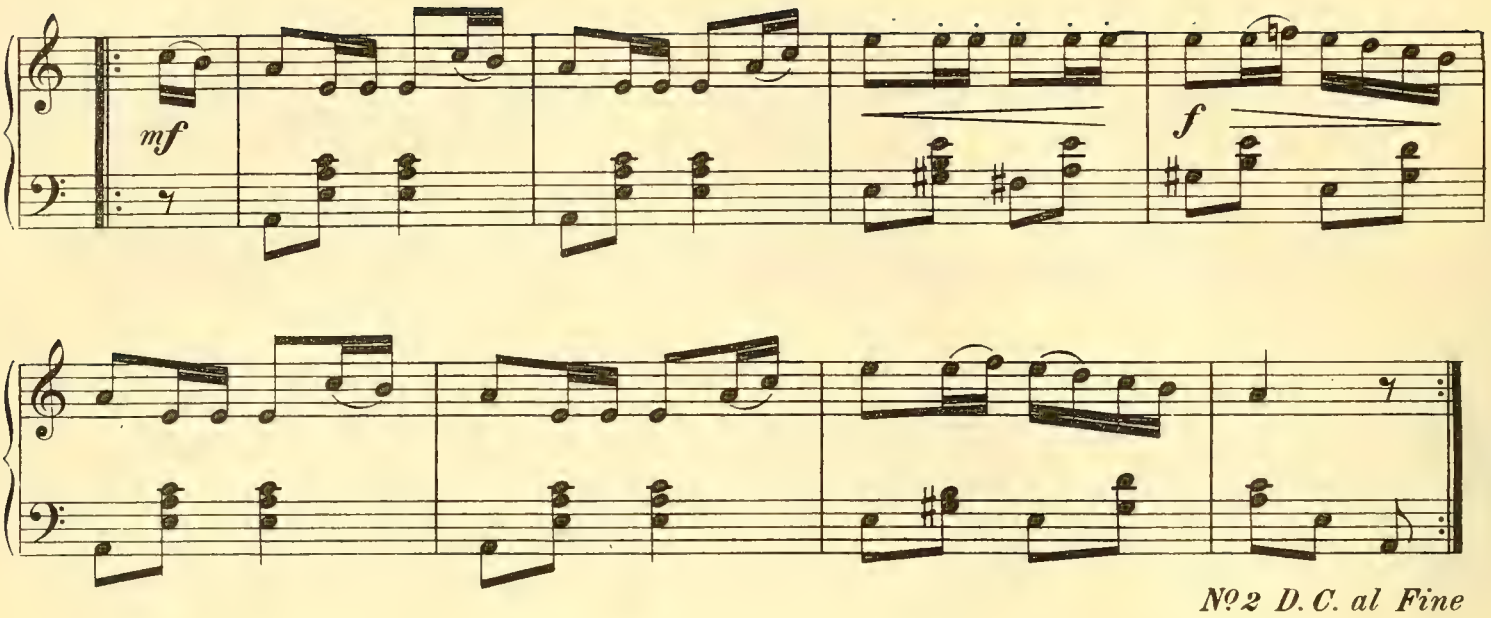


6. Polkett II

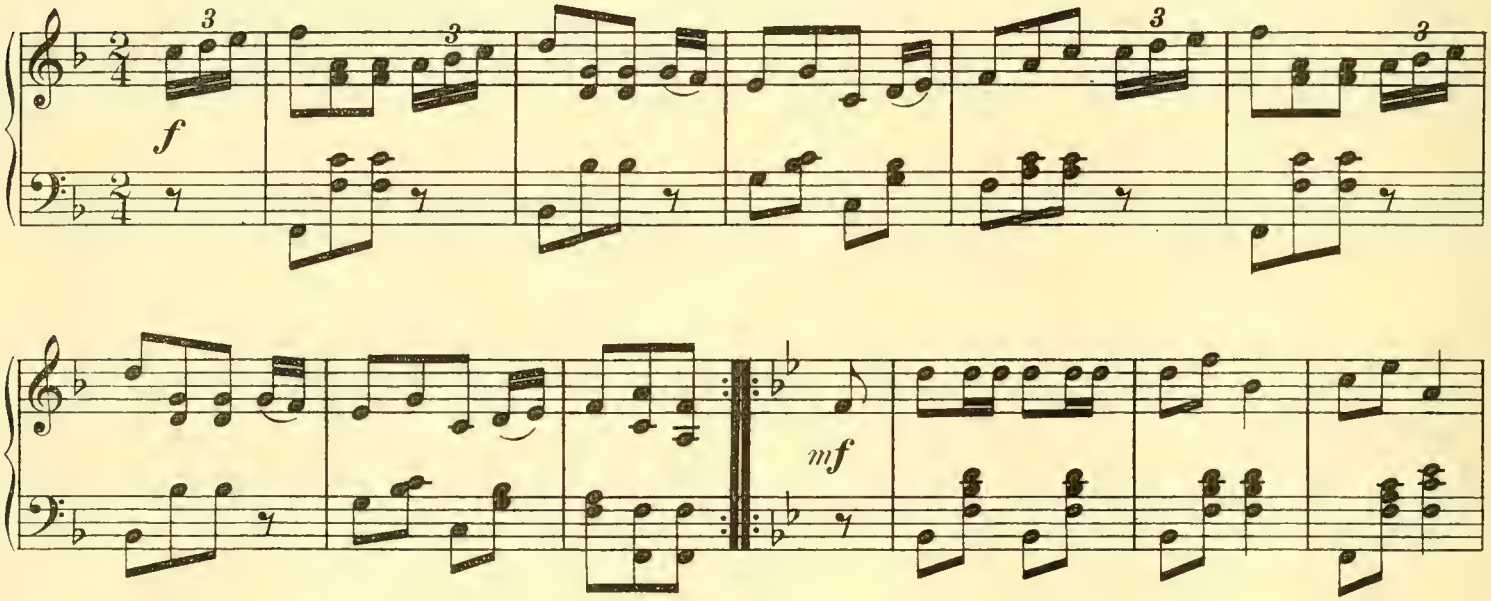
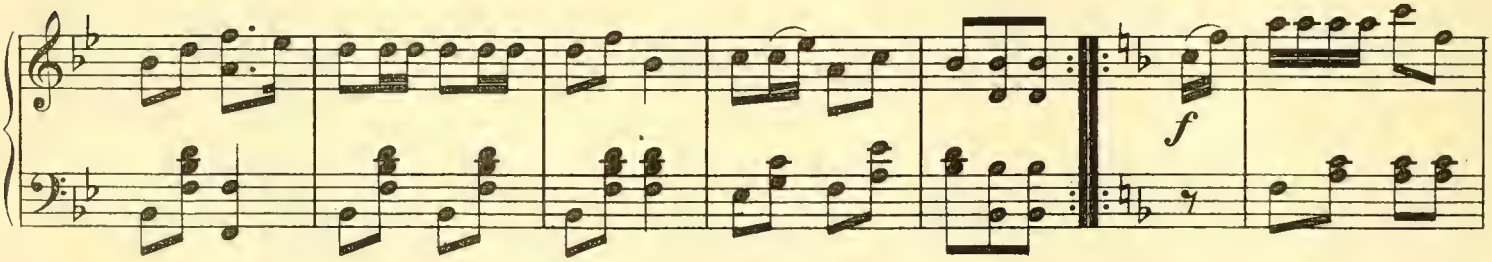
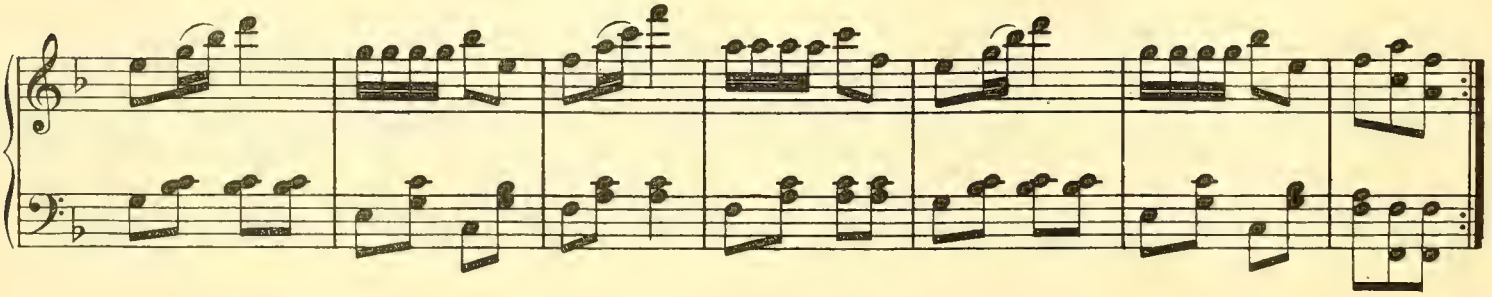


7. Rheinländer

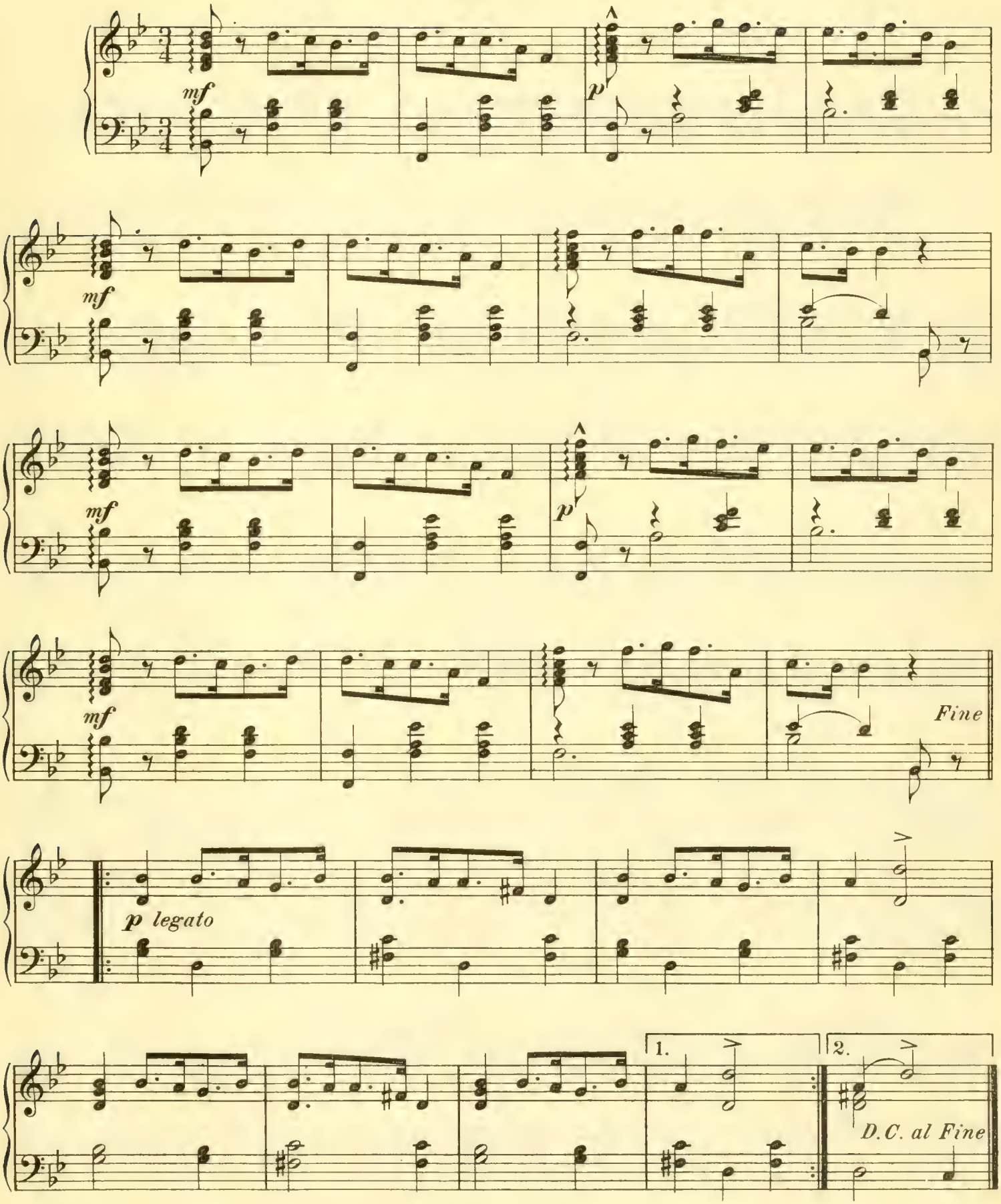
(Schottische)



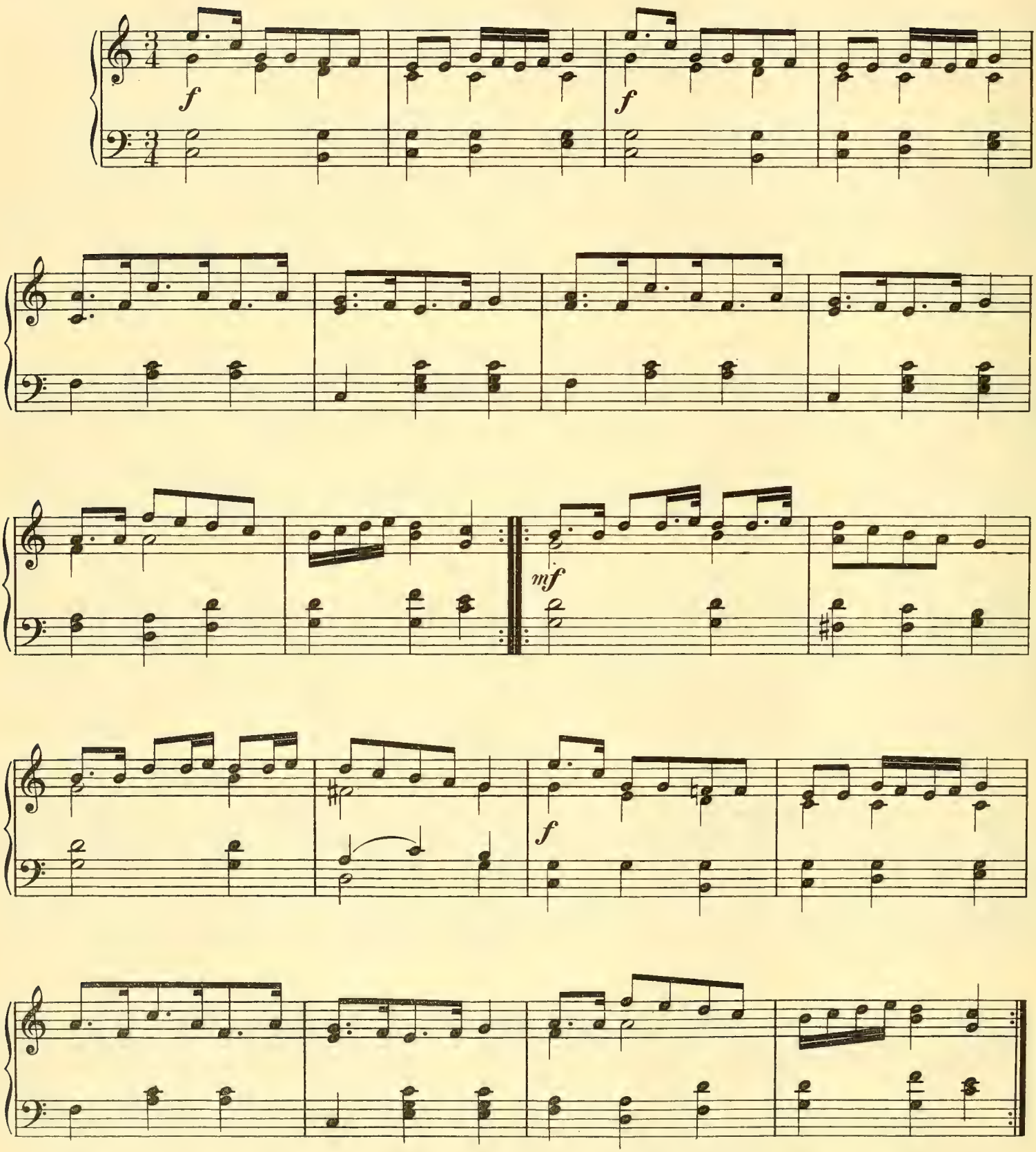
Nº 2 D.C. al Fine

Nº 3



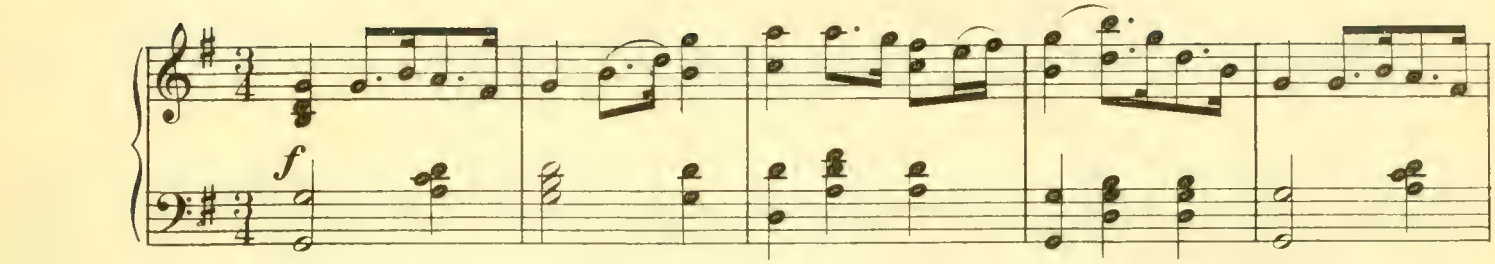
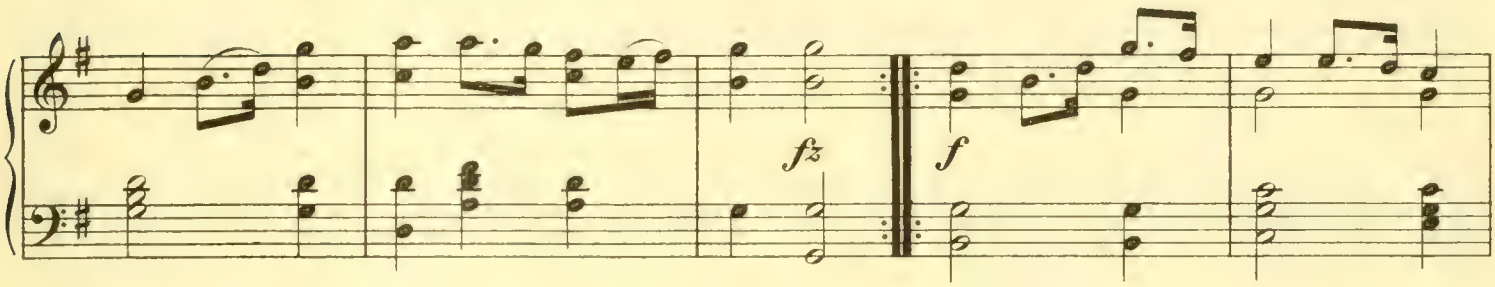
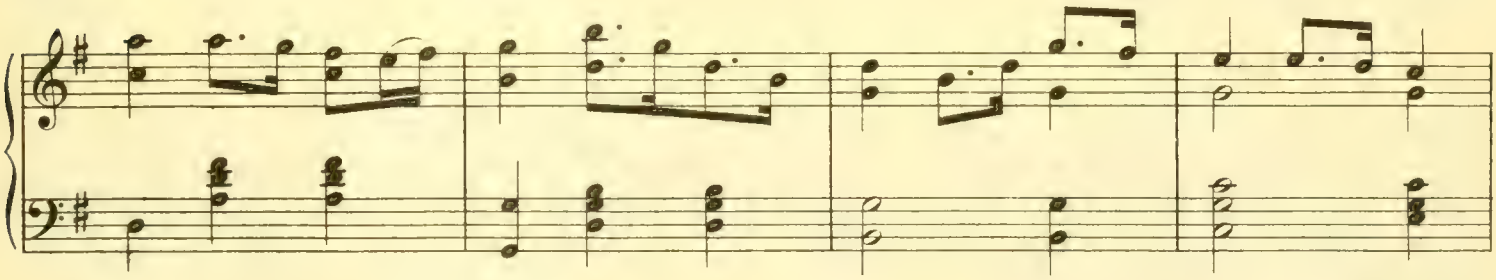
8. Trekarlspolska

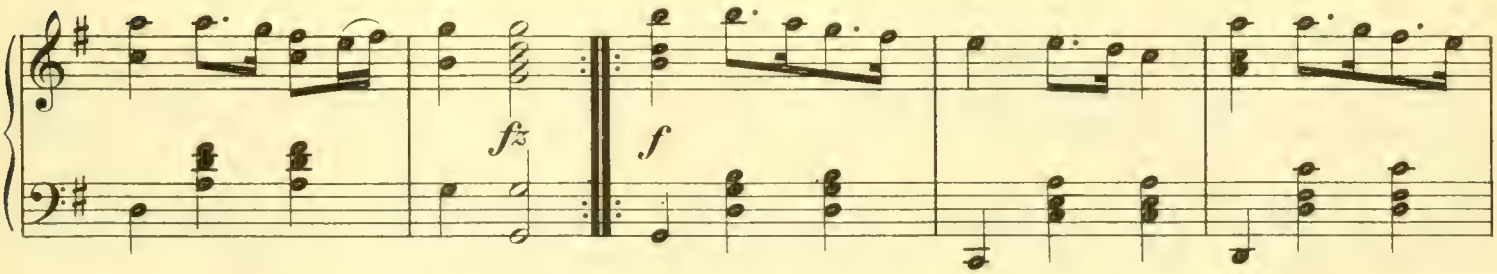
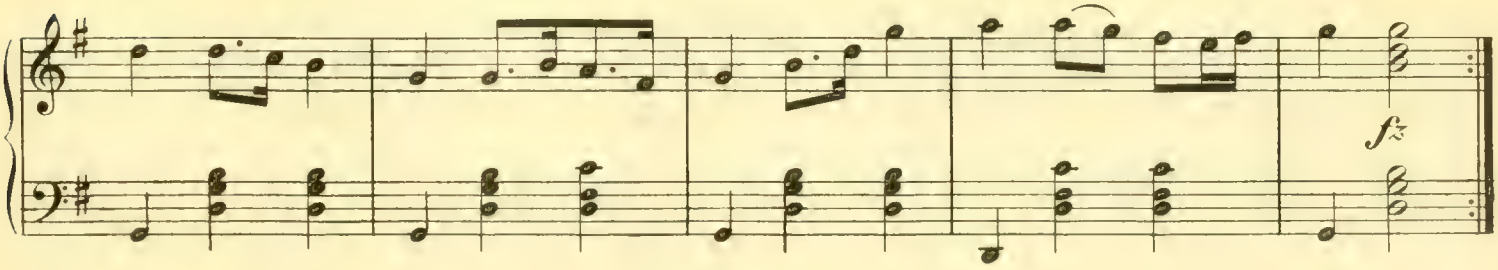


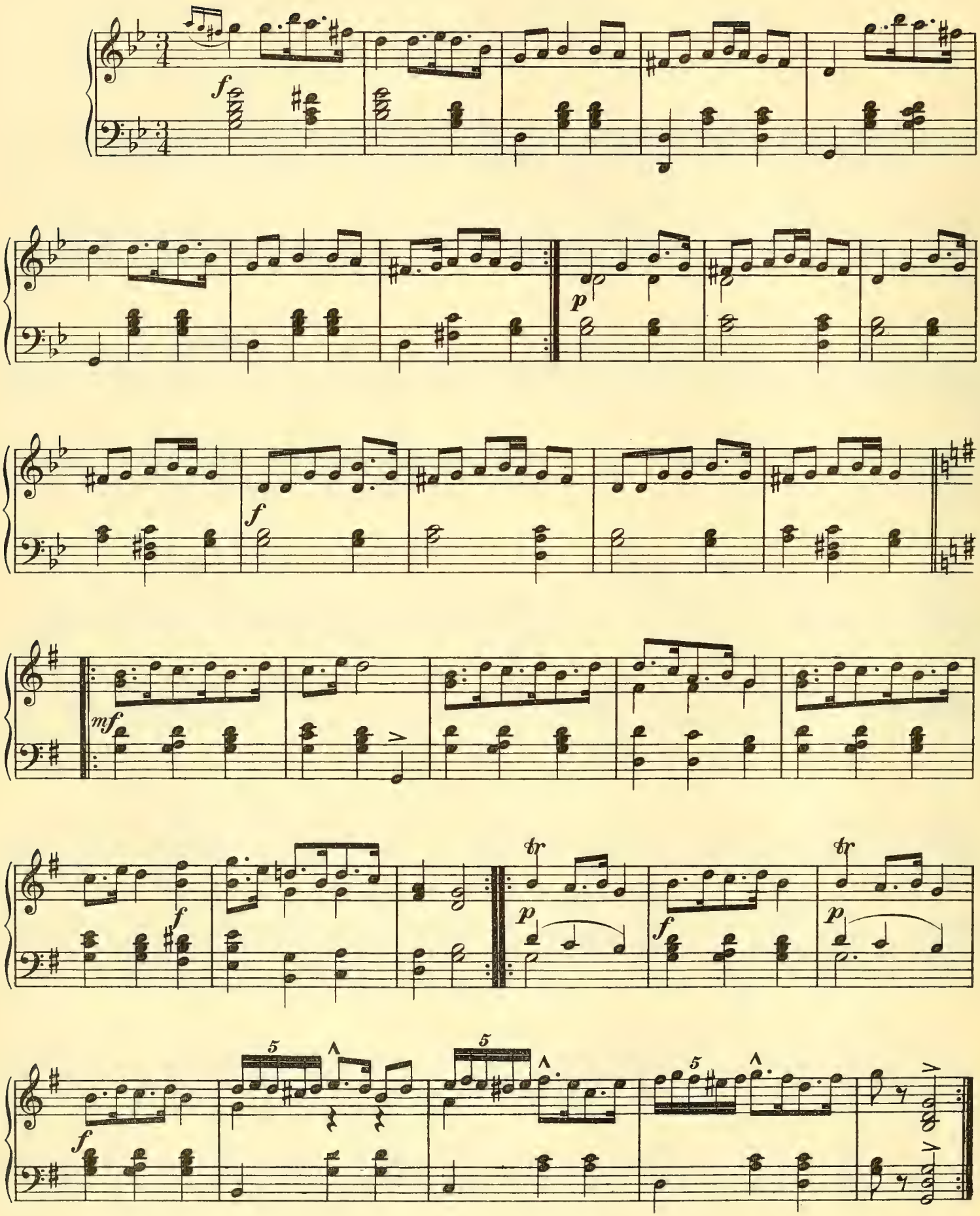
9. Östgötapolska

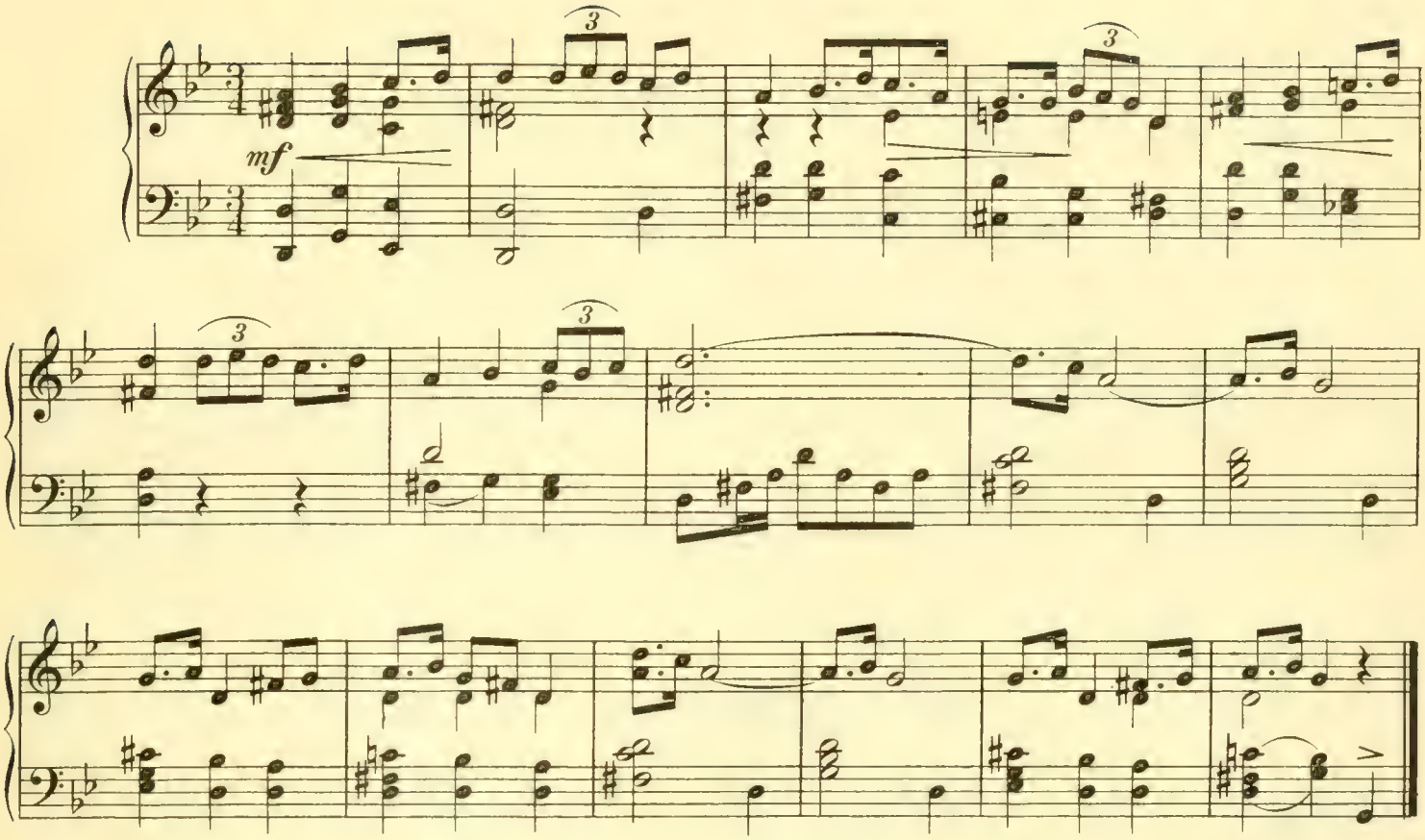
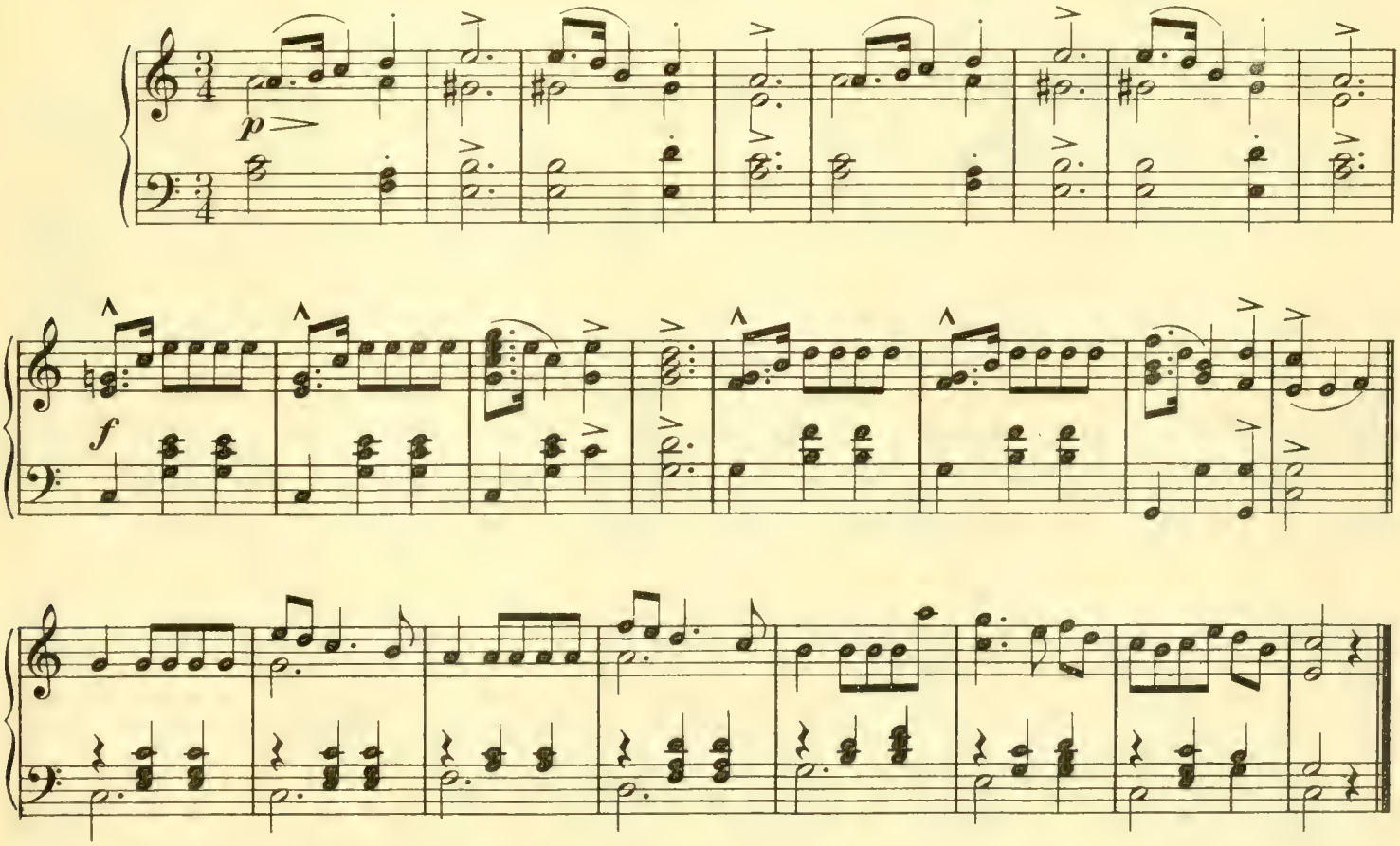


10. Fjällnäspolska

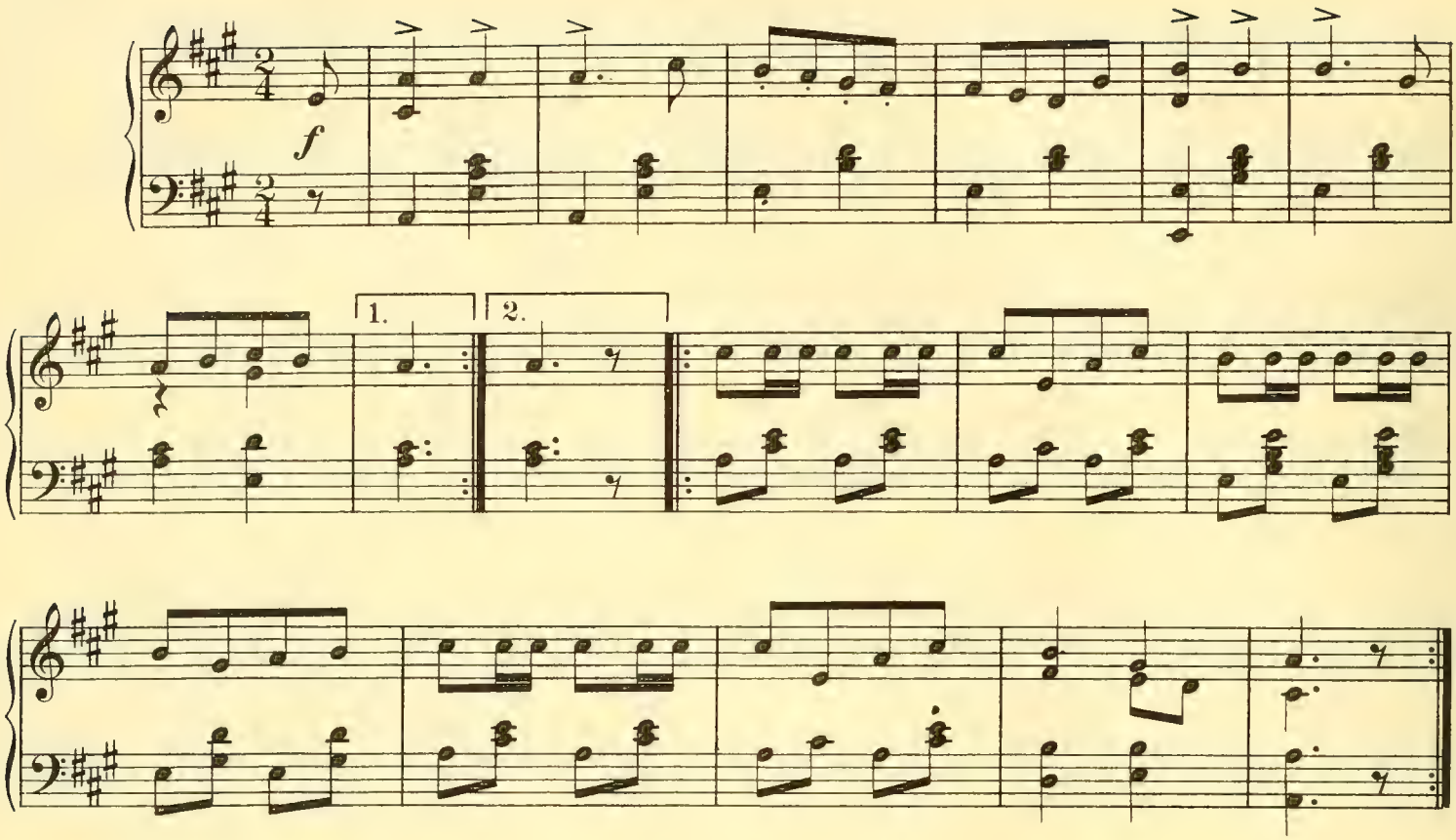
(Mountain Polka)



Variation (of the 2d repeat)

11. Daldans

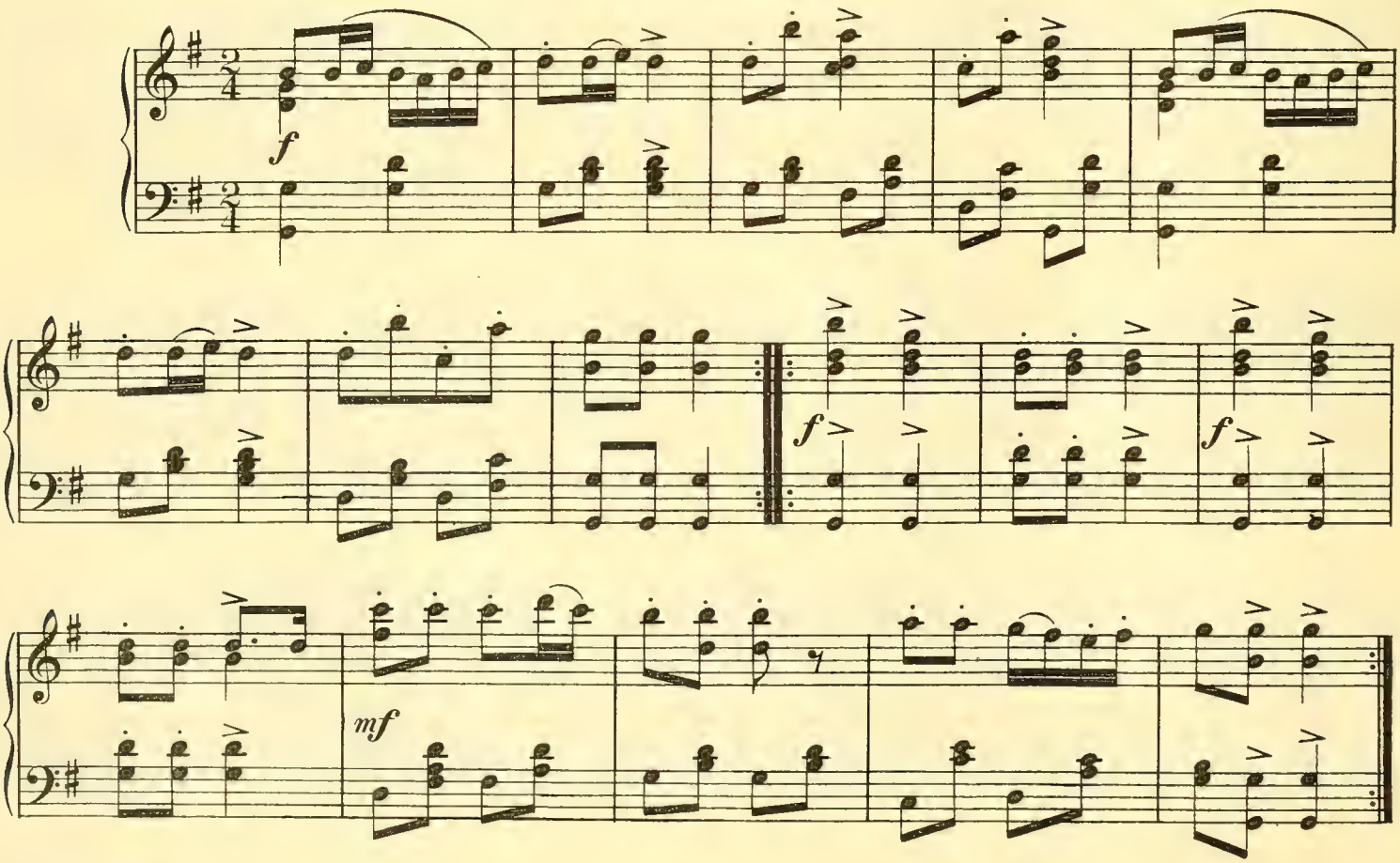


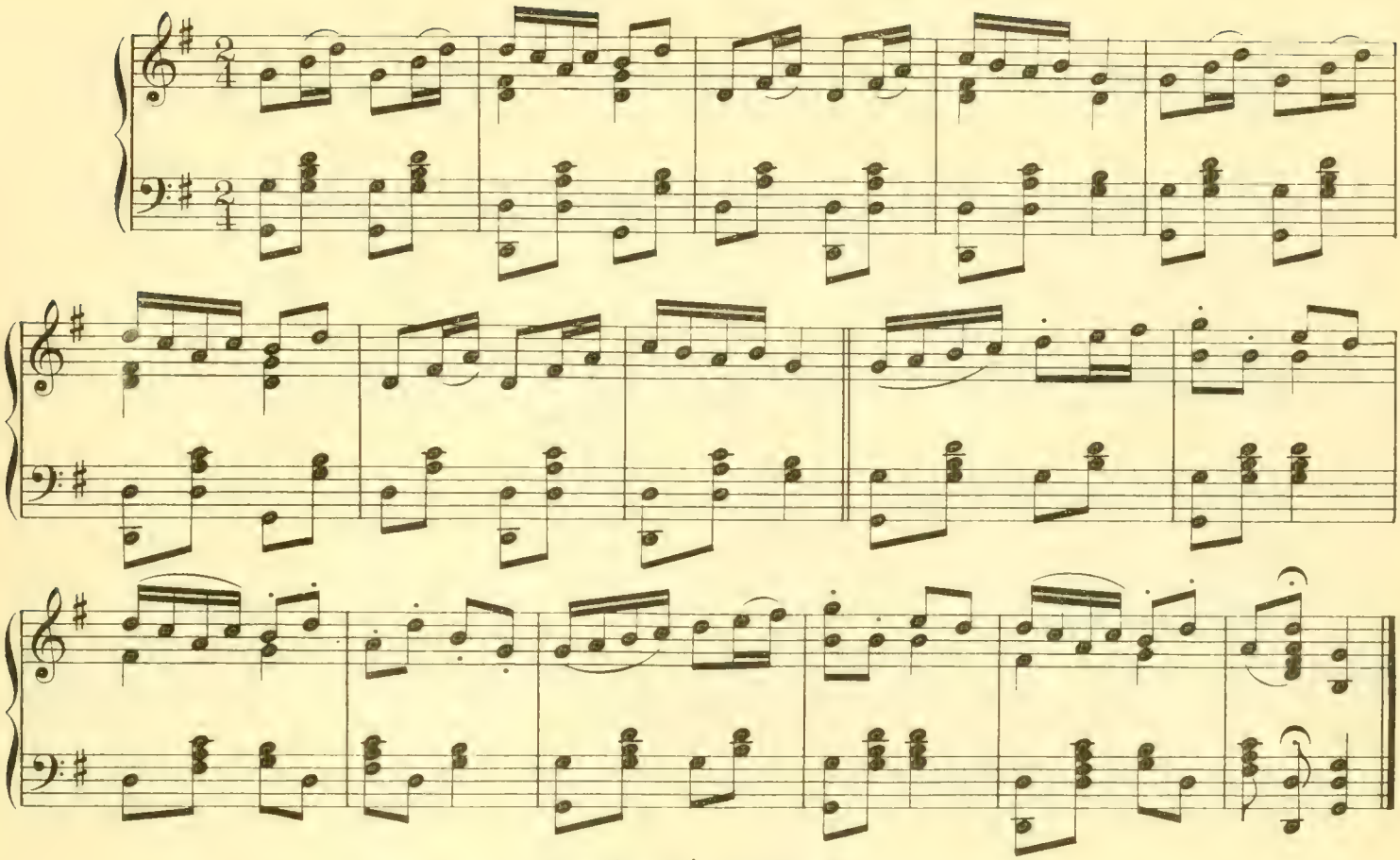
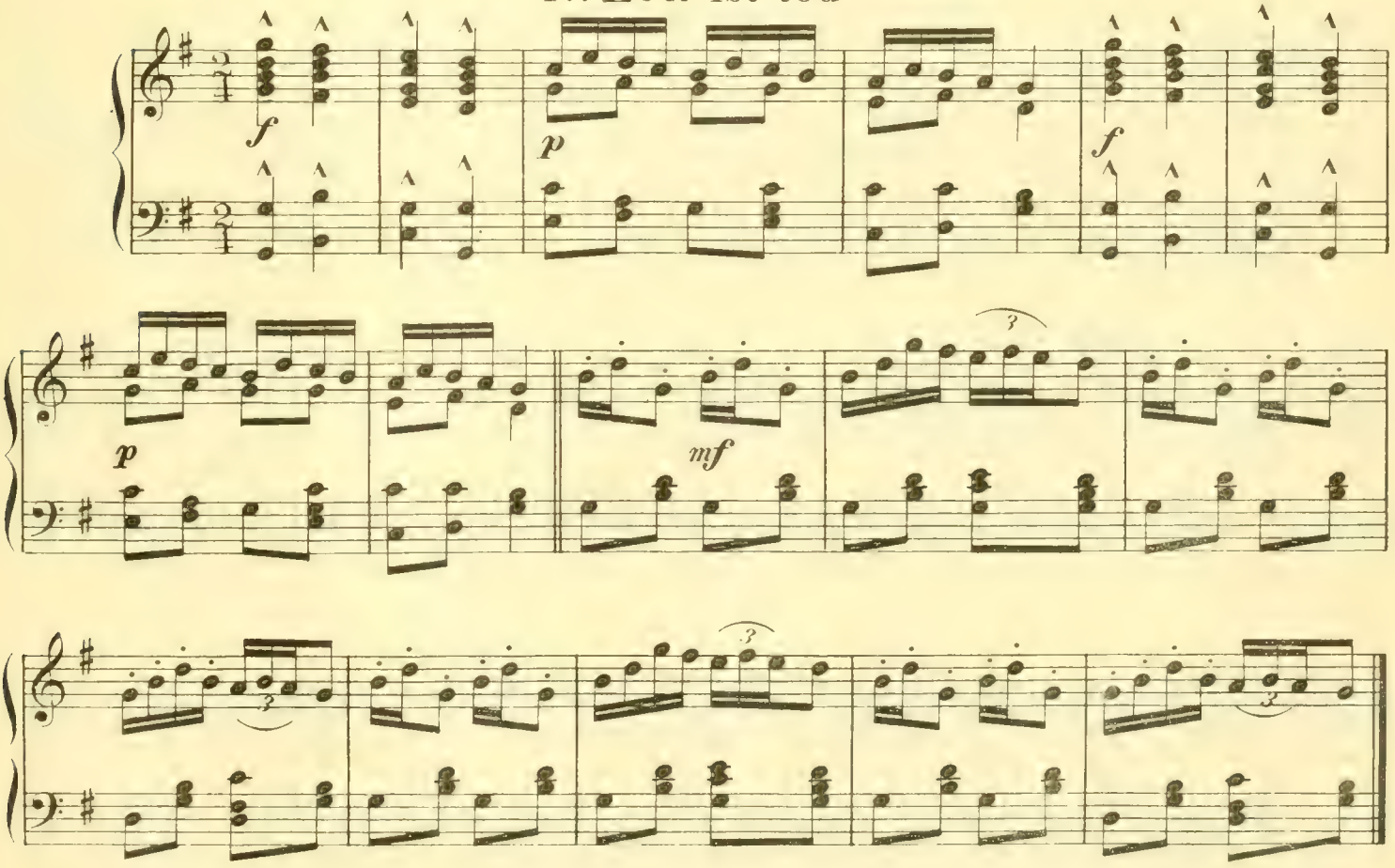
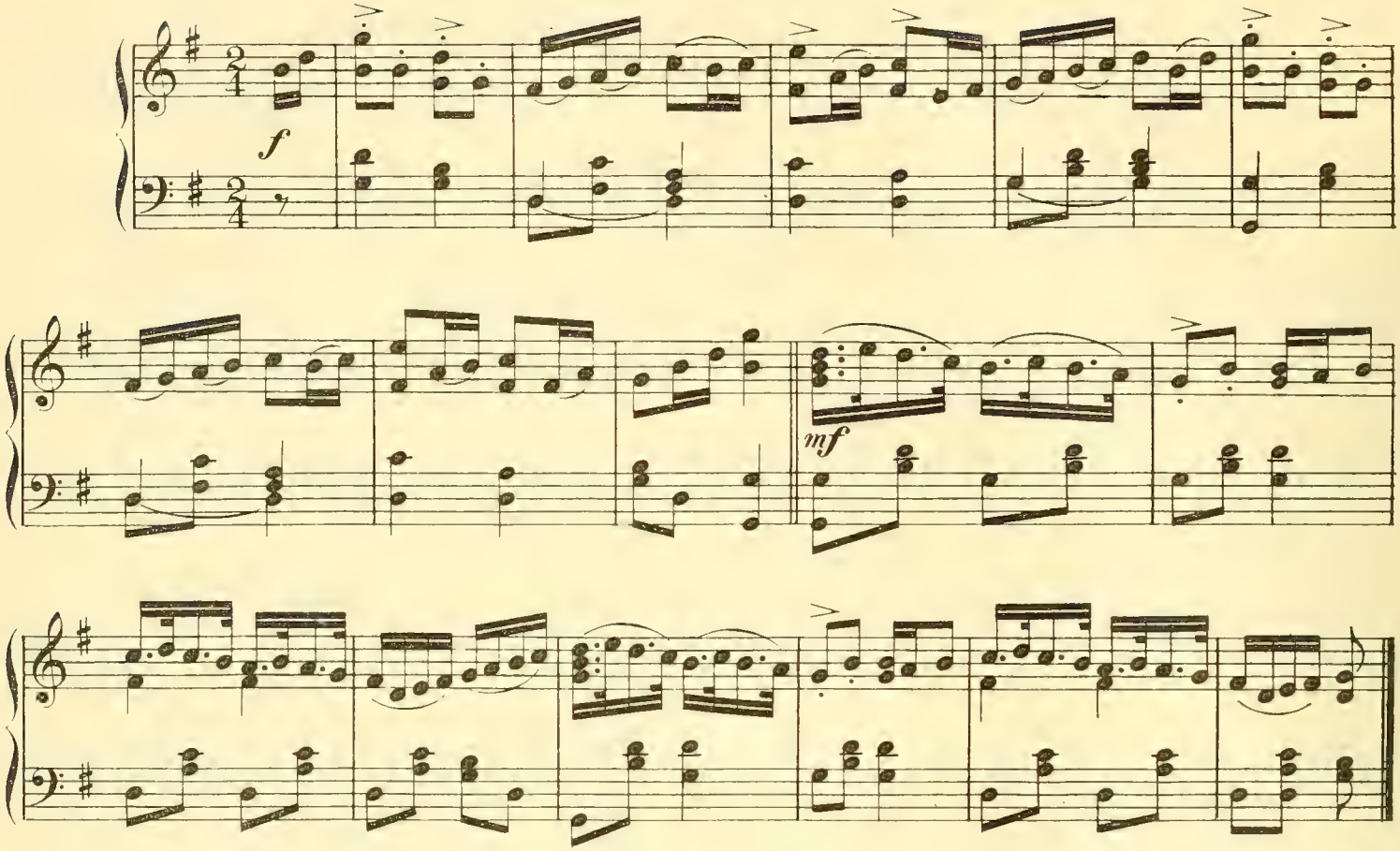
12. Skrålåt

13. Varsovienne

14. Gustafs Skål

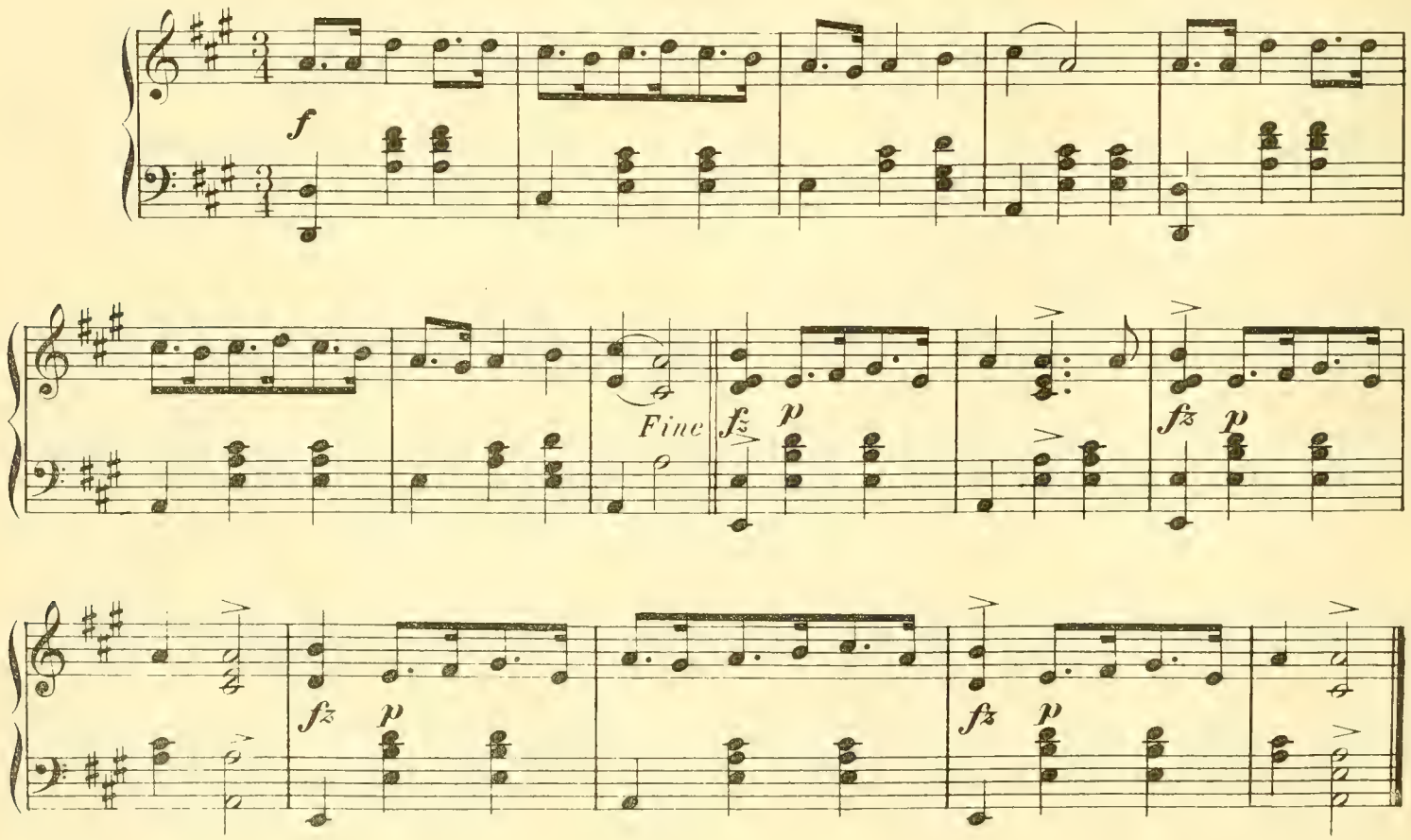
(Gustave's Toast)



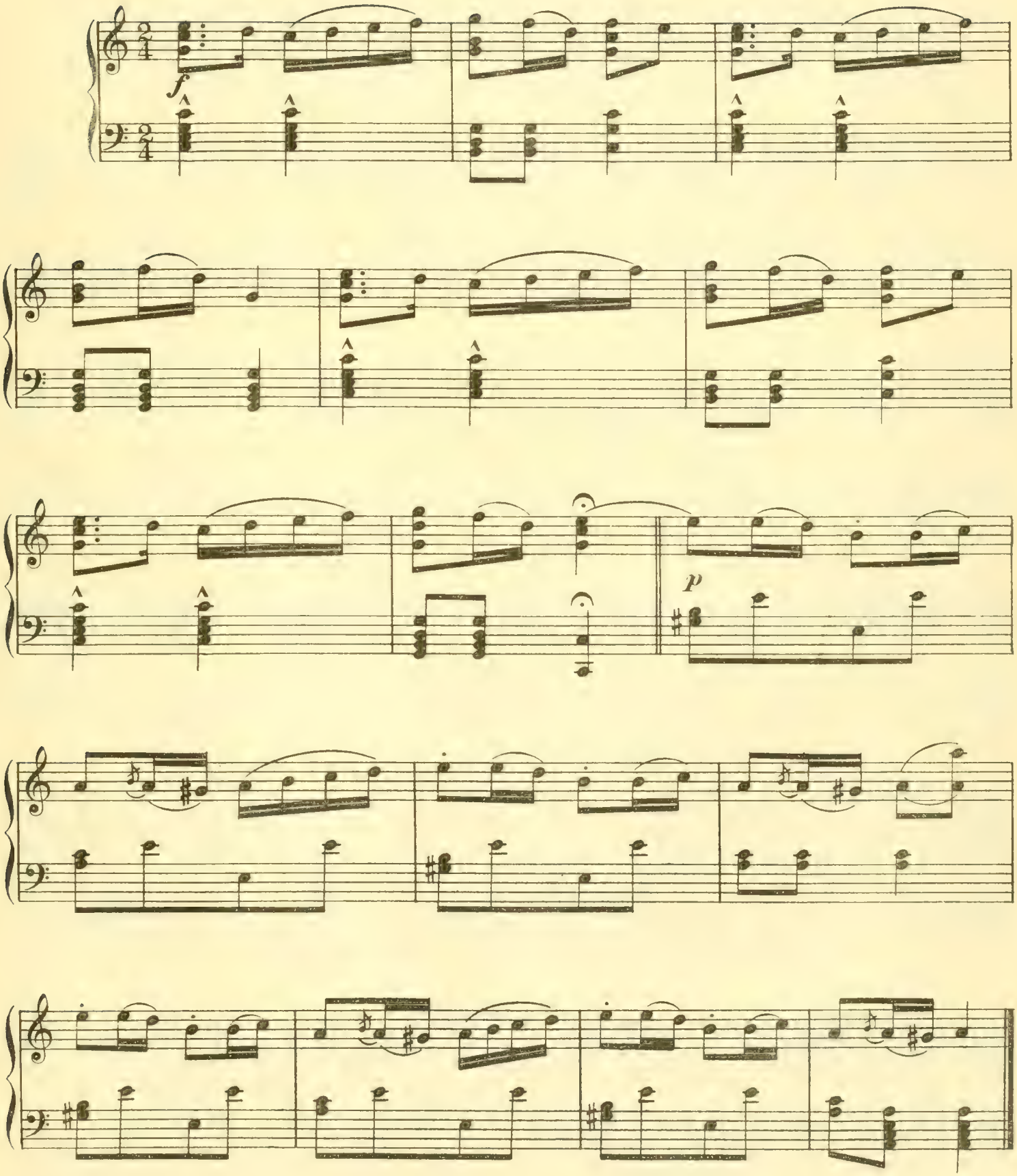
15. Klappdans



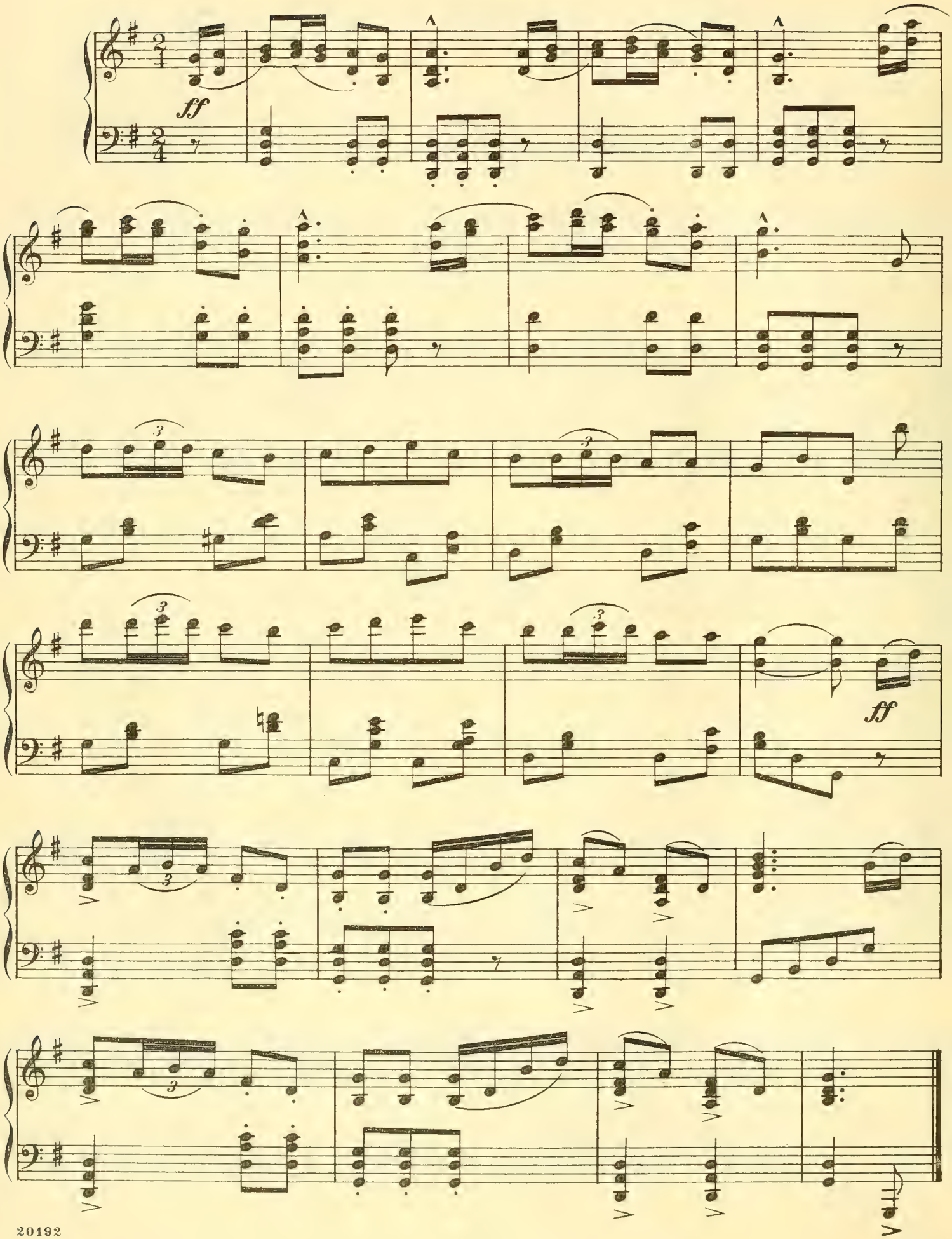
16. Tantoli

17. Lott' ist tod

18. Bleking

19. Väfva vadmal

Weaving Dance

D. C. al Fine.

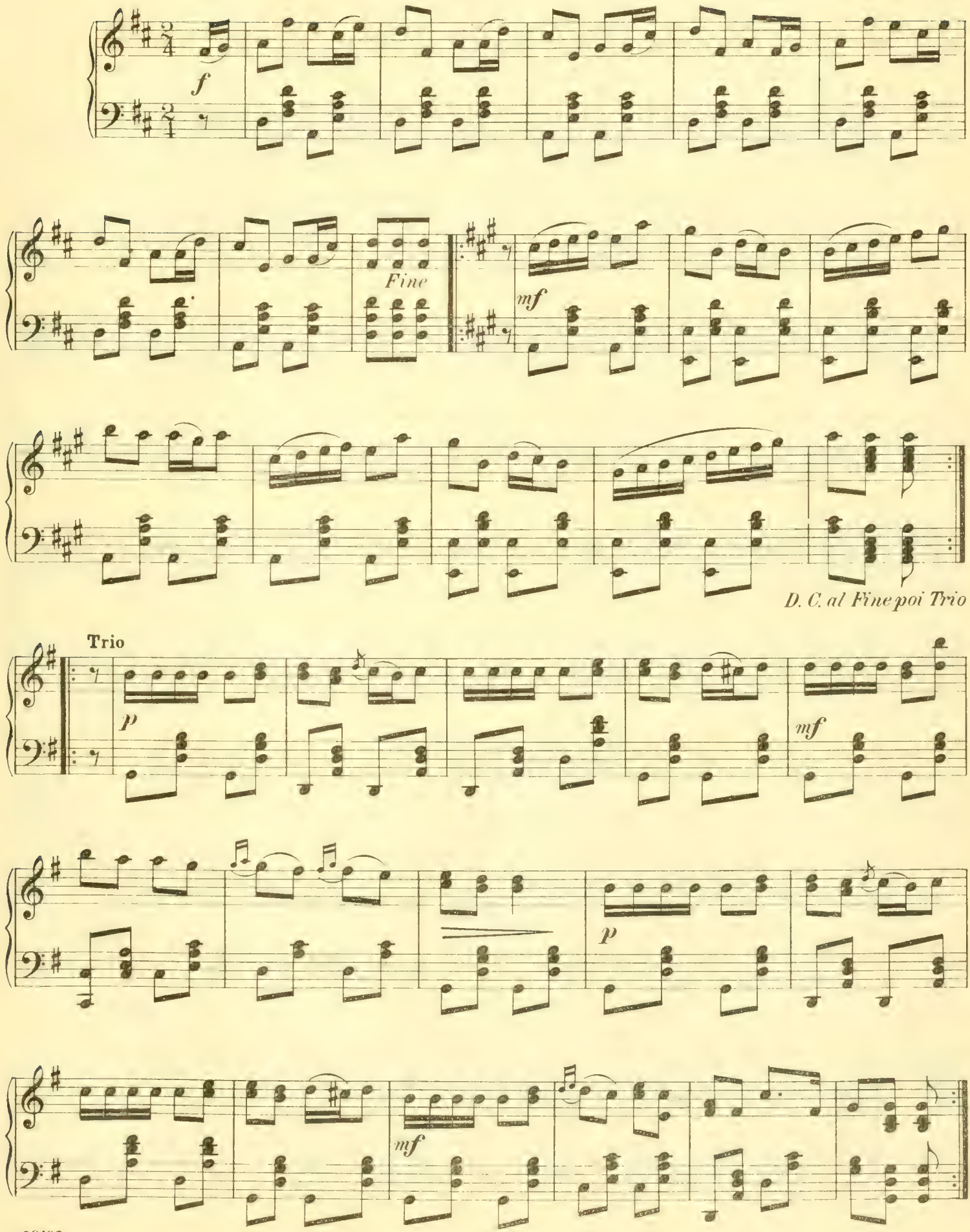
20. Hallingen



21. Oxdansen

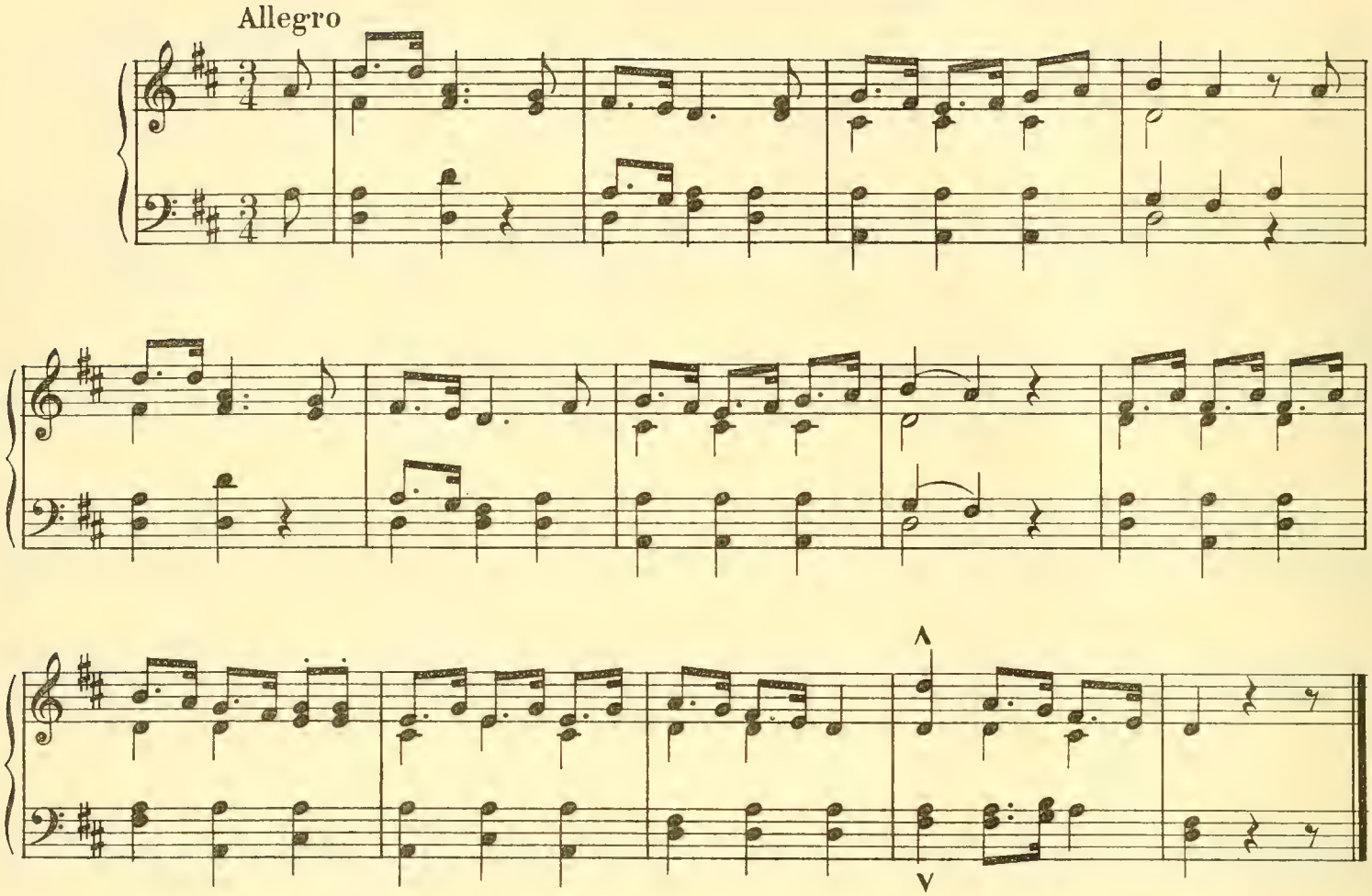


22. Swedish Schottische

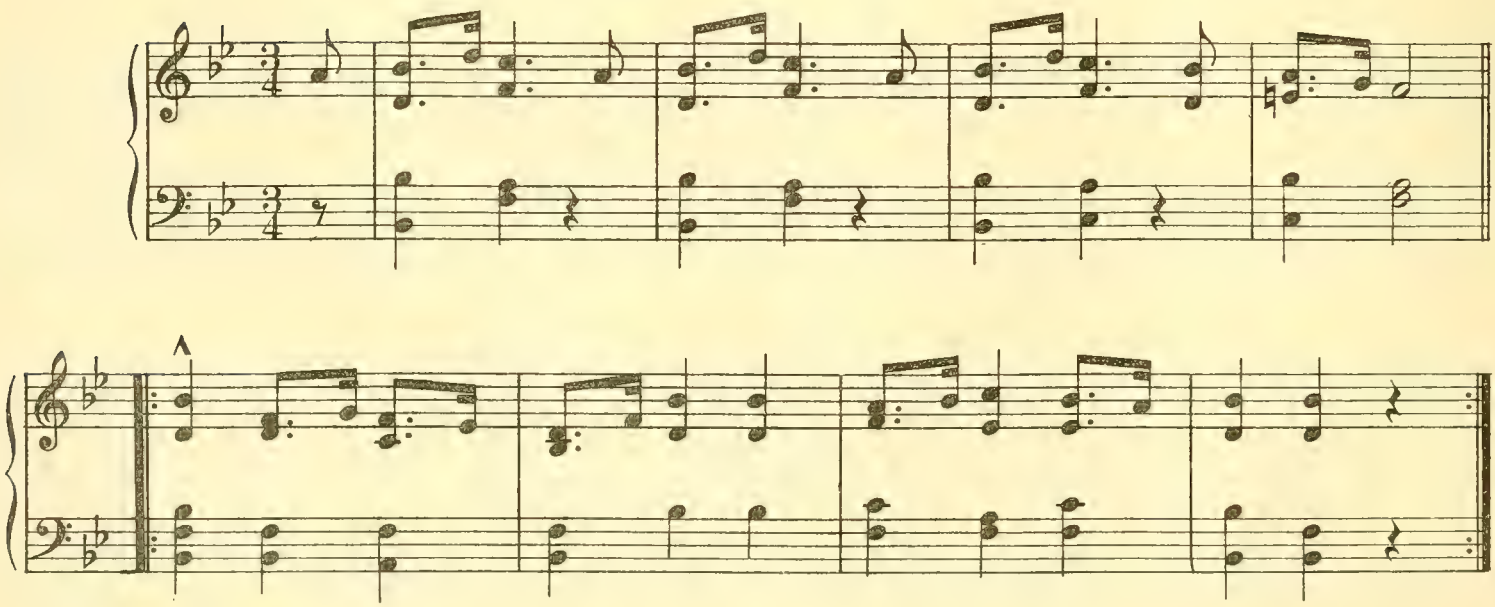


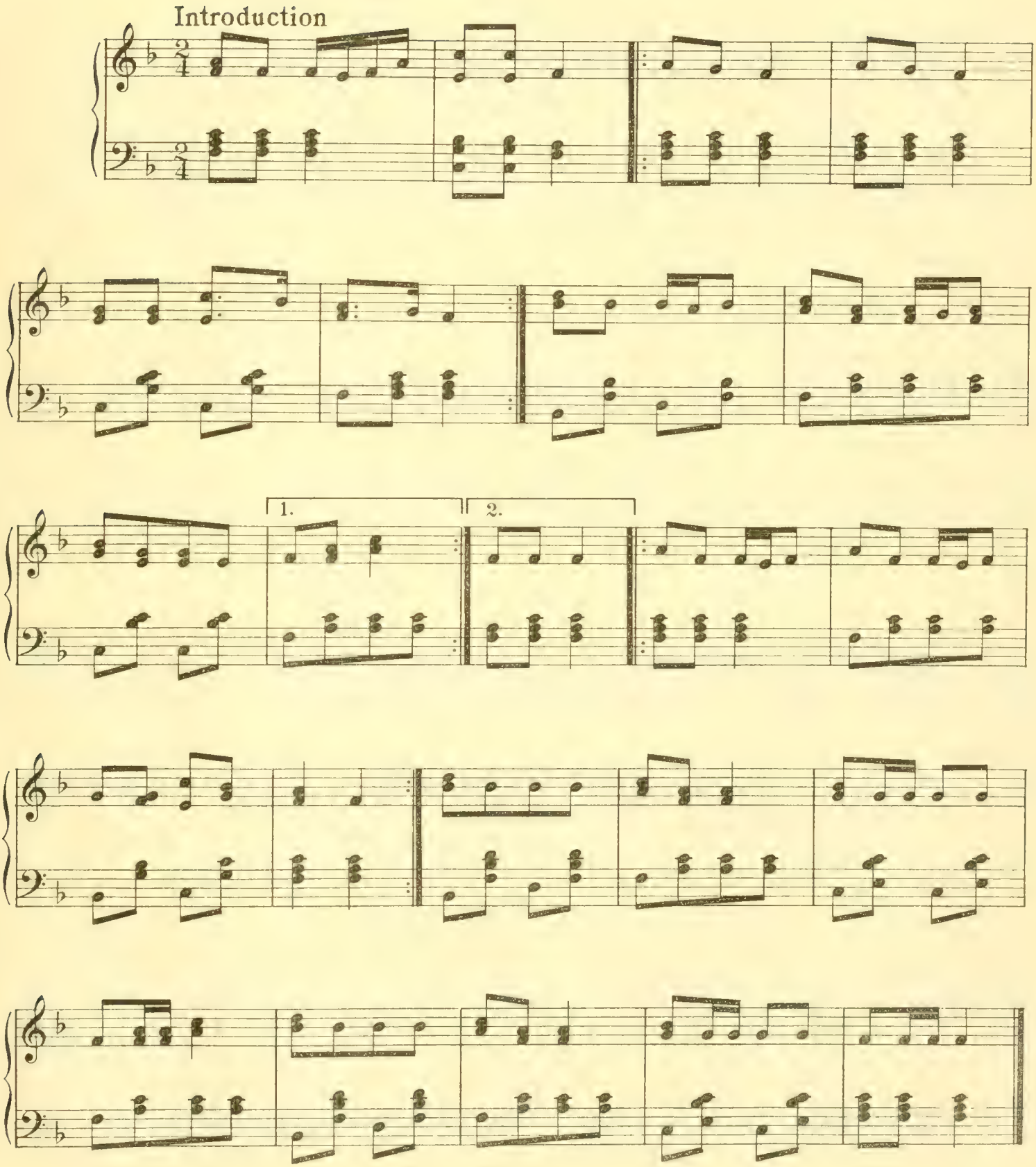
23. Kull-Dansen

"Lassie"

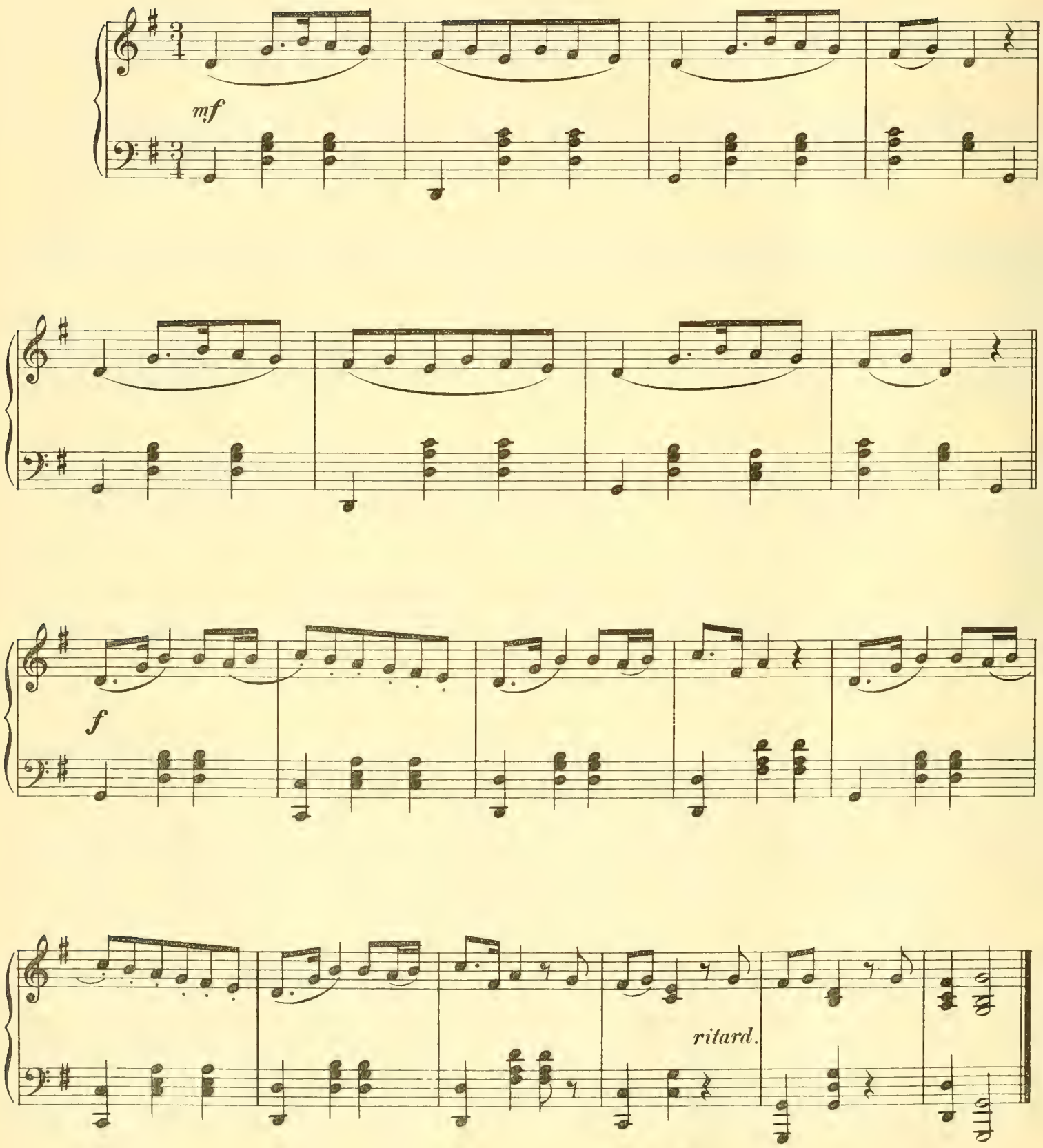


24. Nigarepolskan

(The Water-Sprite)

25. Hopp, Mor Annika



26. Snurrbocken



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